

SPORTS

Henning outstanding male swimmer

Pool teams impress

The University Swimming & Diving team returned from University of Sherbrooke, Quebec, triumphant after its most successful CIAU National Championships in the history of the teams.

Bears finished 3rd in the men's division only 12 points behind the University of Toronto and the University of Calgary, who captured the men's combined swimming and diving title. Pandas finished second in their competition behind the University of Toronto. Bear star swimmer Cameron Henning recorded three individual wins in the 400m freestyle (3:51.99), the 100m backstroke (57.14) and the 200m backstroke (2:00.80) - the latter swim shattering the existing Canadian record and good enough to win the 'Outstanding Male Swimmer' award.

Bears started the first day of competition with a first and second place in the 400m freestyle when Peter Szmidi (3:54.02) finished behind Cameron Henning. In a very exciting 400m medley relay, Bears were just out touched by Calgary for second place in a controversial race since it was felt that Calgary's swimmer 'jumped' the take-over.

Bear's relay team of Henning, Carleton, Riddle and DesBrisay lowered their existing school record to 3:48.50. Lisa Hiruki placed 4th in the 400m freestyle and the Pandas picked up a bronze medal finishing 3rd in the 400m medley relay.

Panda's time of 4:33.08 was a new school record created by Beth May, Megan Watson, Liz Stirrett and Barb Hemphill. While the Bears had to fight for the combined swimming and diving

title without any male divers, the Panda's were well supported by three strong divers. In the women's 1 metre diving there were outstanding performances from Charlene Bromley (5th), Tara Marvin (6th) and Allison Godkey (8th).

On the second day of competition, Jeff Riddle put up fast times to place 3rd in both the 400m medley (4:25.67) and the 100m (55.90). Howie Ewashko grabbed a bronze medal in the 100m breaststroke with an excellent time of 1:06.09 while being hotly pursued by Brian Carleton who finished 4th. The men's 800 free relay took the silver medal behind Calgary with a new school record of 7:31.98, both teams shattering the existing CIAU record for the event.

For the Panda's Megan Watson placed 2nd in the 100m breaststroke (1:14.77) and teammate Jan Meunier (1:15.86) in 4th place. Lisa Hiruki (400 IM), Liz Stirrett (100 fly) and Beth May (100 BK) all finished in the top 8 while Charlene Bromley performed magnificently on the 3 metre board to place 2nd (573.05 pts.) with Tara Marvin in 3rd and Allison Codkey in 7th places respectively. The diving trio did a great job to finish 1st overall in the women's program.

However, the best efforts appeared to show on the 3rd day of competition. Megan Watson was 2nd in the 200m breaststroke (2:40.63), Jan Meunier followed closely to capture the bronze (2:41.47), Beth May showed great stamina to place 3rd in the 200m fly (2:23.60) and 5th in the 200 backstroke (2:23.60) and the Panda team excelled themselves in their final relay with a great team effort from Stirrett, Hiruki, Meunier and Hemphill to move up to a fourth place finish.

Going into the competition the Pandas were ranked 6th. With great determination and team effort they finished in second place.

The Bears attacked the final day with an incredible performance from Cameron Henning in the 200m backstroke, a surprise win by rookie Howie Ewashko in the 200m breaststroke, and some solid performances from Brent DesBrisay (3rd in 100m freestyle), Peter Szmidi (2nd in the 1500m freestyle), and Jeff Riddle (2nd in the 200m butterfly). The Bears 400 free relay team made a gallant effort to beat the Calgary team and finished a close 2nd in an excellent time of 3:27.26.

The season closed very successfully for the Bears and Pandas. John Hogg and diving coach Don McGavern have built up an impressive team that could take it all next season.

B-Ball Bears in

by Jim Gerwing

The last weekend of inter- varsity basketball is upon us in the name of the 1983 CIAU Western Regional Tournament (March 11-12). Four games over two days will decide who is going to advance to the final four National Championship Tournament hosted by Waterloo (March 18-19).

Four teams are featured in the Western Regionals: the Winnipeg Wesmen, the St. Francis Xavier X-

men, the Victoria Vikings and of course the Golden Bears.

The Bears have had a good season and will probably win one of their games. It is quite unlikely that they'll get past the U of Vic Vikings should they be fortunate enough to knock off the X-men.

The X-men are ranked number 5 in Canada, they placed first in the Atlantic Universities

Francis (No. 5)," says Bears stalwart forward Jim Pratt.

John Hatch, whose parents attended the U of A, will be one of the stars for St. Francis.

"The coach (Brian Heaney) doesn't like us to key on players except for Karl (Tilleman) too much because he's head and tails above everyone else," says Pratt, suggesting that Hatch won't be double-teamed.

What's the Golden Bears' strategy?

"We're going to be running a lot...a lot of fast breaks. Our assignment will be to play good defense and force them to take bad shots," says smooth guard Willie Delas.

The Bears and their fans hope for the best since a full house is expected. The first 2000 fans on Friday get a free spaghetti dinner from the Old Spaghetti Factory.

This is a crash course in the CIAU basketball format.

There are three regionals: Western-Winnipeg Wesmen (GPAC), Victoria Vikings (CWUAA), St. Francis Xavier X-Men, and the host Alberta Golden Bears.

Mid-West-Calgary Dinosaurs (CWUAA), Concordia Stingers (QUAA), Dalhousie Tigers (AUAA), and Brandon Bobcats (GPAC).

Atlantic-St. Mary's Huskies (AUAA), Brock Badgers (OUAA West), York Yeomen (OUAA East), and New Brunswick Red Devils (AUAA).

The three winners from these three regionals advance to the Nationals in Waterloo, thus comprising the Final Four when you include the host Warriors.

"Our's is the strongest regional because of Victoria (No. 1) and St.

men, the Victoria Vikings and of course the Golden Bears.

On Friday there will be two semifinal games; Winnipeg vs. Vic at 7:00 p.m. and the Bears vs. the X-men at 9:00 p.m. The two winners will advance to the championship game (Sat. at 9:00). The two losers will meet in the consolation final (Sat. at 7:00).

Friday morning will be designated as Fan Appreciation night. The first 2000 fans through

Athletic Association and are coached by outspoken Steve Konchalski.

The best bet for a Golden Bear victory would be against the Winnipeg Wesmen, ranked number 9. The Bears played them earlier in the season and won by 10 points.

No matter which way you cut the cake, the team to beat will be Victoria, who have been national champs three years running.

Panda gymnasts off to nats

by Brent Jang

The Pandas gymnastics team left for Toronto yesterday for the CIAU National Championships at York University.

"McMaster is supposed to be the strongest team in the country and we've beat them twice. UBC will be a tough opponent," says coach Sue Rouse.

Heidi Ross, Carrie Nawata, Elise Dworkin, Margie Drysdale, Shelley Spaner, and Audrey Gee are representing the University of Alberta.

The six U of A gymnasts will have to look out for such standouts as McMaster's Debbie Kirby and UBC's Ann Muscat and Patti Sakaki.

"We didn't have a good Meet at Canada West. We've got a good chance at the Nationals since we've got some rest. There are six team members going to Toronto and from those, the best three

scores are used," says Rouse, a former gymnast from San Diego.

Team captain Heidi Ross will be defending her 1982 CIAU placings in uneven parallel bars and floor exercise. Ross was an All-Canadian last season.

Elise Dworkin is back from an ankle injury and will be ready to defend her title as 1982 CIAU floor exercise champion.

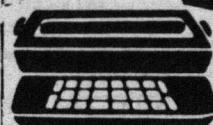
"Gymnastics has really gained a lot of momentum. The calibre has really jumped up. The judging system is more objective than before, although it's also more complex. There are so many things to look for that some judges miss the difficulties (skill elements)," says Coach Rouse.

At the York University Classic in January, the Pandas won the Meet with a team score of 91.29. McMaster was second with 85.84 followed by the University of Western Ontario with 85.50.

The minimum CIAU qualifying score for a gymnast is 28.00 points over four events. Each event is marked out of 10.00: vault, uneven bars, balance beam, and floor exercise.



All-Canadian status is awarded to the top six individual winners (combined score). The Nationals will largely determine the gymnastics team for the World University Games.



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**FAN APPRECIATION
NIGHT**

On Friday night, March 11th, the first 2000 fans through the door will receive a FREE SPAGHETTI DINNER compliments of the Old Spaghetti Factory and the Golden Bears.