

Thought Seeds that are Being Cultivated by Parents and Teachers

(Continued from page 25.)

Get together and work together in the interests of childhood! Of the children Longfellow has said:

"Come to me, O ye children!
For I hear you at your play,
And the questions that perplex me
Have vanished quite away.

"Ah! what would the world be to us
If the children were no more?
We should dread the desert behind us
Worse than the dark before.

"Ye are better than all the ballads
That ever were sung or said;
For ye are living poems
And all the rest are dead."

Too much emphasis cannot be placed on the importance of early impressions both in the home and in the school; but there is another equally important period. Between the ages of twelve and sixteen, nature is working her tremendous revolution. Words cannot ex-

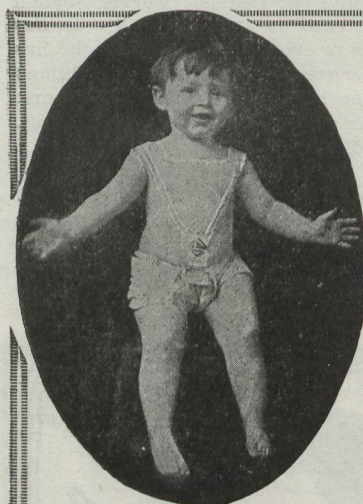
press what it means to the girl or boy who, during this development, is absolutely sure to be guided wisely, and who in years to come will look back with keen appreciation of the treatment he received both at home and at school.

As well as appreciating a teacher's true worth, parents who take an active interest in their Home and School Club understand the necessity of helping a teacher by seeing that the children are at school on time, having first made sure that these children were properly washed, clothed and fed.

Side by side with the important movement for greater food production is the fact that we do not live by bread alone.

Over and over again our nurses and our soldiers have surmounted physical hunger and weariness because of the fact that high ideals fed and nourished the immortal part of their being. When these large souls return to Canada what do you think they will prize? Material things do not seem as important to them as they do to us, and they have learned the power of high ideals.

The Toronto Home and School Council hopes to renew its activities in the autumn with increased vigor, to cultivate towards greater maturity the thought-seeds planted this year. They are confident that ideas and ideals are life giving and that the leaves of the tree of life are for the healing of the nations.



TURNBULL'S "M" BANDS FOR BABIES

are a necessity for every infant from the date of its birth.

They are made only of the softest and purest Australian Merino Wool, finely knitted, thus keeping the baby warm and comfortable.

The tapes which are attached to the tabs, front and back of the "M" bands, and go over the shoulder, carry all the strain of the diaper, absolutely preventing any stretching of the garment.

The garment is pinned to the tabs, which not only provide a firm hold for the pin, but, due to the support given by the tapes, keep the diaper snugly in proper place, no matter how active the infant may be.

Put up in sanitary boxes in sets of three. Price, \$1.50 per box.

Sold by the best dry goods shops or direct by mail. Send for a box to-day, give age of baby.

THE C. TURNBULL CO. OF GALT LIMITED
GALT, ONTARIO

CAREFULLY SEALED
IN GERM PROOF TUBES

**PURITY
OATS**

BRINGS TO YOUR TABLE
THE DELICIOUS NUT LIKE
FLAVOUR OF THE FAMOUS
ALBERTA OATS

MANUFACTURED BY
Western Canada Flour Mills Co. Limited

Contributions to the Silver Thimble and Trinket Fund Begin

(Continued from page 31.)

with great ceremony. Elizabeth, then in the thirty-ninth year of her age, was attended by thirty-nine ladies and gentlemen, to correspond with the number of poor folks. These attendants proceeded to array themselves in aprons, and, bearing towels and basins of water and sweet flowers, waited on the Queen whilst Her Majesty, kneeling on the cushions provided, washed, crossed and kissed, as had been done before. After this, the Queen distributed broadcloth to make gowns, a pair of sleeves, a wooden platter, whereon was half a side of salmon, as much ling, six red herrings and six loaves of "cheat" bread, together with a white wooden dish of claret wine. Finally the towels used and the aprons worn by the attendants were bestowed on the recipients of the charity. At the close of this somewhat lengthy ceremonial, Her Majesty departed. The old chronicler who recorded these proceedings pithily remarks that "by this time the sun was setting."

As no provision was made to ensure the suitability of the Maundy gifts to the various requirements of the poor persons, somewhat rough bartering among the recipients frequently took place, and with a view to check these practices, money payments were from time to time substituted for the various doles, the last of the gifts in kind being that of the clothing for the men, which was distributed so recently as the year 1881. It having been found, however, that in most instances the men parted with the goods for less than their original cost, the sum of £2/5 per head is now given instead of clothing. Thus

the Maundy alms are at the present time composed entirely of cash payments, amounting in all to about £5.

The total sum is made up as follows: (1) The gift of pence at the rate of one penny for each year of the Sovereign's age, which is handed to the selected persons in a white leather purse; (2) sums of £1/10 in lieu of provisions and £1 in lieu of the gown formerly given by the Sovereign, enclosed in a red leather purse; (3) a further gift of 35s. to the women and 45s. to the men in lieu of clothing, this last gift being enclosed in a paper packet.

The ceremony of the distribution of the Maundy alms, which is of much interest, took place in the Chapel Royal, Whitehall, from 1714 to 1890. But since the latter date, the chapel having been closed, the gifts have been distributed in Westminster Abbey.

In February, 1901, after the death of her late Majesty, Queen Victoria, the Lord High Almoner petitioned His Majesty, King Edward VII. to follow the precedent adopted on the demise of William IV. to which proposal His Majesty was graciously pleased to give his consent. This procedure was to the effect that the numbers on the list of Maundy recipients should be reduced to numbers corresponding with the years of the reigning monarch, and that the surviving recipients of the last Maundy of the previous reign should be placed on a supplementary list, this said list to be absorbed as vacancies occurred. It was further ordered that, meanwhile, no fresh appointments were to be made.

The Girls' "Carry-On" Column

(Continued from page 21.)

of something I could do to help, besides sewing or knitting, for I just hate it?

X. Y. Z.

I must tell you of the plan a lady near Saskatoon is working out, and it has been a tremendous success. She arranged with a military hospital to supply chickens at the cost of production. She is a very busy woman, but insists that she must give some time to the soldiers, and now she has started a chicken farm for her heroes, as she calls them.

DEAR BETTY:

We are a club of girls who have been

meeting at each other's houses to knit, but we want to do something a little more strenuous. Could you suggest anything for girls who live in a small town?

QUINTET.

When in New York about a month ago I saw, on the corner of Fifth avenue and Forty-second street a number of women who had formed an organization to collect books to supply the soldiers overseas. Novels, bright, cheery ones, that had been read and were of no more use, historical books and books of poetry were taken, if they were in good condition. If you had no books you could give money which went for a subscription to a magazine for some Y. M. C. A. hut or military hospital, and the success of the venture was shown by the pile of books that mounted up every day.

BETTY O'HARA:

Do you think it possible to do any work for a military hospital at home?

A CLUB OF TEN.

If you only knew how some of the nurses are rushed to death, I am sure you would be glad to make up some surgical supplies, pads, wipes, etc. Apply to the matron of the hospital. I am sure she will be pleased to have you do it.

DEAR BETTY:

I would so much like to do something for returned soldiers. We have a large house and a motor car and I am sure I could give them a nice time, but I don't know how to go about it. A. R.

Well, my dear, you certainly have the right idea, and if a few more girls in Canada would get busy, there would not be quite so many lonesome soldier boys. The best way for you to overcome your difficulty is to telephone to

(Continued on page 52.)

SAVE SUGAR By Using
CROWN BRAND
CORN SYRUP
for all Sweetening

In 2, 5, 10 and 20
pound tins
and
3 lb. "Perfect Seal"
Glass Jars.

for making homemade candy—for all
baking—as a sauce for desserts—on
griddle cakes and hot biscuits—use this
delicious table syrup, made from corn
—and thus save sugar. Ask your grocer.

THE CANADA STARCH CO.,
LIMITED,
MONTREAL,
CARDINAL,
FORT WILLIAM.