

and malignant diseases, where pain is a marked factor, the anti-kamnia & codeine tablets relieve pain and make the sufferer more comfortable. Cancer is a condition attended by excruciating pain, but I was agreeably surprised and my patient gratified at the results obtained from these tablets. I have also had pleasing results from these tablets in both acute and chronic rheumatism. All physicians know how intractable is sciatic rheumatism, but the last few cases I had, I prescribed these tablets, and I am sure they lessened the duration of the disease. To relieve pain in its incipiency will often abort an inflammatory disease. This preparation certainly has quite a large field of usefulness, and the doctor who once uses it will seldom resort to any other anodyne.—W. T. Marrs, M.D., College of Physicians and Surgeons, St. Louis, Mo., Jewett, Ills., May 5th, 1906.

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THE SCHOOL-ROOM AS A FACTOR IN DISEASES OF YOUNG GIRLS.—There is no disguising the fact that our system of imparting knowledge by imposing excessive intellectual labor and stimulating competitive zeal in the school-room is very largely responsible for most of the nervous disorders of the young women of to-day. That sustained mental exertion is a menace to the health of girls at the age of puberty, there can be no denying. Yet that is precisely the system in vogue at our institutions of learning at the present time. While it is true that modern architecture has greatly improved the hygienic condition of the study-rooms, it is highly probable that the present rush and hurry methods of instruction are even more injurious to the physical state of our young women than was the faulty system of ventilation, until recently endured. The worry and excitement attendant upon present-day school life is, undoubtedly, the prime cause of a governing percentage of the neurotic disturbances which are so prevalent among the women of America. In fact, it is quite within the bounds of truth to assert that many of the diseases which present themselves to the gynecologist have for their origin a nervous system rendered bankrupt by strife in our temples of education. Mental overstrain, when enforced day after day, soon renders the nerve structure incapable of absorbing adequate nourishment from the blood stream. Ultimately, nervous vitality is almost completely exhausted and depression, gloom, languor and mental impotence ensue. As the taxation is extended, the condition