Guide-Advocate

Watford, Ont.

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T. HARRIS, Editor.

-thank you

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THANK YOU.

—THE GUIDE-ADVOCATE

Guide-Advocate

WATFORD, JULY 26, 1918

Those Wonderful Propellers

A modern aeroplane-propeller is one of the strongest and most perfect products of man's handicraft.

Some aeroplane engines run at 1700 revolutions a minute, and can be geared up to 2000. An engine of this power would use a 9-foot 6-inch propeller, and the speed of the blade ends would be in the neighborhood of 600 miles an hour.

Revolving at this terrific rate the slightest imperfection in the wood from which the propellers are made would tend to disrupt them, snd cause them to fly to pieces.

For this reason only the best and hardest wood from the heart of the tree is used for propeller-blades.

Black walnut is the very best kind of wood for propeller-blades, for besides being immensely tough, it does not splinter when hit by a projectile. Next, in the order named, come mahogany, white oak, ash, maple, birch and cherry.—Tit-Bits.

Catarrh Cannot be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surfaces of the system. Hall's Catarrh Medicine was prescribed by one of the best physicians in the country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Cure is what produces such wonderful results in catarrhal conditions. Sead for testimonials, free.
F. J. CHENNY & CO., Props., Toledo, O.
All Druggists, 75c.
Hall's Family Pills for constipation

Women war workers have proven successfully in every occupation except as street car conductors in Berlin, it being claimed that they are extremely insulting to passengers

The Young Women's Christian association will erect a model lodging house for girls in Washington and, if the experiment proves a success similar houses will be erected all over the country.

DUST CAUSES ASTHMA.—Even a little speck too small to see will lead to agonies which no words can describe. The walls of the breathing tubes coutract and it seems as if the very life must pass. From this condition Dr. J. D. Kellogg's Asthma Remedy brings the user to perfect rest and health. It relieves the passages and normal breathing is firmly established again. Hundreds of testimonials received annually prove its effectiveness. m

CLOTHES AND ART

Garments Were Never More Becoming and Graceful.

Fall Styles Have Been Receiving Some Attention, but No Change Has as Yet Been Sighted.

Women are now wearing the most becoming, the most graceful and generally the most artistic clothes that they have ever been given by style creators. Why under these circumstances they should even pine for a change of silhouette it is difficult to understand, declares a fashion authority. They apparently do, for every advance style bulletin heralding a possible change is eagerly read and the new styles promised awaited with breathless interest.

Tailored Frock of Navy or Black Satin With Colored Vest.

The experience of the past two years has been that every heralded change of silhouette has proved a false alarm, and from present prospects the rule will hold good during next fall and probably during the winter. This is looking a good way ahead; but fall styles are being discussed somewhat, and no change has as yet been sighted. Straight and narrow seems to be the rule.

The dress sketched, made of black satin for first preference, is cut on straight and narrow lines, and would be an excellent and very serviceable frock. It is very simple and depends for distinction on good tailoring, and on the selection of the material for vest, collar and undersleeves. Crepe de chine, faille silk, heavy silk crepe or plain satin, either in white or a light shade such as bluet, corn color, etc., may be used.

The wide sash is caught with a large flat buckle at the back, the sash ends falling nearly to the edge of the tunic or overskirt.

Navy blue satin might be used for a frock of this type with good effect, with vest, collar and sleeves of blue and white printed foulard. As the season advances silks continue to be more and more used for outer garments of all kinds, with serge and kindred wool materials as the trimming rather than the other way about, as was formerly the custom. The continued and increasing demand for wool for army use makes it seem safe to predict that heavy silks and satins will play an important part in the development of garments for next fall and winter.

From Triangle of Chiffon.

Take a triangle of chiffon about 46 to 48 inches on each side. Edge it with lace, a pretty silk lace edging about three inches wide, slightly gathered around two whole sides and to within twelve inches from each end on the third side. Attach half a yard of ribbon to each of the corners where the lace ends. Can you begin to guess what it is? Why the cutest little "matinee" you ever saw in your life. The side where the lace is attached for about twenty-four inches goes around the neck, the plain edges cross surplice style, the ribbons on the two corners tie in a sash bow at back, a little French bouquet of flowers ties the edges together under the arms to make sleeves. and the third point falls down the back and is held in place by the sash. It's so easy to make and it is the cutest little thing to wear that you could imagine.

Silk Will Still Be Popular.

As the season advances, and new garments suggesting what next fall will divulge in the way of clothes are shown, it is evident that silk fabrics will continue to play a very important part. Wool is now the luxury and silk quite the everyday fabric, rather than the other way about as was formerly the case. Silk dresses are trimmed with scant allowances of wool.

Troops Suffered From Thirst.

Some of the hardships experienced by the British forces in Palestine are described in a letter received by a friend in Montreal from a priest. The letter, written shortly before the fall of Jerusalem, tells of a day early in November when a camel convoy from Beersheba was unable to reach the men then fighting for the deliverance of the Holy City from the Turk.

"There was a hot wind blowing," wrote the priest. "A tumbler full of water was left in my bottle, which I divided between four officers whose lips were split and covered with a green slime. That afternoon I had a burial service, and literally I could not articulate without keeping my hand to my mouth and pulling my lower lip off my teeth, while bullets from a concealed sniper whizzed past us. In the evening water came in enough to give each one bottle—quite inadequate."

Communal Kitchens.

The latest proposal for the elimination of waste in food and the supply of meals at minimum cost in England, includes, what for a better term is called, communal feeding. The communal kitchen has been proposed on several occasions but, save for a few spasmodic experiments, it has not been given a thorough trial. Lord Rhondda is interested in the new proposal and acting with a committee of social workers he is devising plans to give the scheme a real test. With so many women doing war work and with consequent neglect of household duties, some such plan as is proposed fill have to be carried out if the rising generation is not to suffer seriously in health.

War Helps Chinese Industry.

The European war and consequent cessation of imports of German aniline dyes is bringing about a revival of China's ancient industry of indigo making. China's fondness for this color has earned for her the name of the Land of the Blue Gown. Indigo growing is especially adapted to the Yangtze valley and southern China. The color is extracted by soaking the leaves in hot water and beating the pulp.

Hog Killing in Britain.

According to official figures secured by the United States food administration, hogs have decreased much more than any other class of live stock in the British isles. The total decline for 1916 and 1917 was over 600,000, of which more than 50,000 were brood sows.

Tired Nervous Mothers

Should Profit by the Experience of These Two Women

Buffalo, N. Y.—"I am the mother of four children, and for nearly three years I suffered from a female trouble with pains in my back and side, and a general weakness. I had professional attendance most of that time but did not seem to get well. As a last resort I decided to try Lydia E. Pinkham's Vegetable Compound which I had seen advertised in the newspapers, and in two weeks noticed a marked improvement. I continued its use and am now free from pain and able to do all my housework."—Mrs. B. B. ZIELINSKA, 202 Weiss Street, Buffalo, N. Y.

Portland, Ind.—"I had a displacement and suffered so badly from it at times I could not be on my feet at all. I was all run down and so weak I could not do my housework, was nervous and could not lie down at night. I took treatments from a physician but they did not help me. My Aunt recommended Lydia E. Pinkham's Vegetable Compound. I tried it and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Compound the credit."—Mrs. JOSEPHINE KIMBLE, 935 West Race Street, Portland, Ind.

Every Sick Woman Should Try

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

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Great Pure Food Show in Process Building
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Lt.-Col. W. M. Gartshore, *President* A. M. Hunt, *Secretary*

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For Infants and Children
In Use For Over 30 Years
Always bears the Signature of Chas. H. Fletcher

Mr. W. T. Gregory of Leamington, some time ago introduced a box for shipping eggs to the boys at the front and distributed 500 of the boxes free to parties throughout the country who made application for them. He has since been deluged with acknowledgments as to the satisfactory manner in which the boxes conveyed the eggs to their destination and to the delight of the boys who received them. The boxes have been thought so well of by a Toronto firm that they are now handling them.

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The Tortures of Dys
Corrected by "Fruit-

ST. MARTIN

"For two years, I suffere from *Severe Dyspepsia*. constant pains after eati down the sides and b horrible bitter stuff often in my mouth.

I tried doctors, but the help me. But as soon as taking '*Fruit-a-tives*', I improve and this medici of fruit juices, relieved everything else failed."

MRS. HUDSON MARS

50c. a box, 6 for $2.50, tria At all dealers or sent po Fruit-a-tives Limited, Ottav

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An Oil for All Men.—The s soldier, fisherman, the lumber out-door labourer and all who are to injury and the elements wil Dr. Thomas' Eclectric Oil a faithful friend. To ease pain, colds, dress wounds, subdue lum overcome rheumatism, it has n Therefore, it should have a pla home medicines and those tak journey. m

John Drake of Carodoc is dea 64.

Women of the War is the t book in which the wonderful re England's womanhood is told. written by Barbara McLaren.

In many parts of the east co instructions in saving vegetabl fruits by canning are being given public schools for classes of wome

In making plain cream s should always be remembered th and flour should be cooked tho before adding the milk.

THEY CLEANSE WHILE THEY —The vegetable compounds of Parmelee's Vegetable Pills are co mainly dandelion and mandrake the stomach and intestines of del matter and restore the deranged to health action. Hence they best remedy for indigestion avail day. A trail of them will establi truth of this assertion and do convince the ailing than anythin They grow more popular daily.