GUIDE-ADVOCATE, WATFORD JUNE 16, 1911

of the name. MADE WELL AND blows

By Lydia E. Pinkham's Vegetable Compound

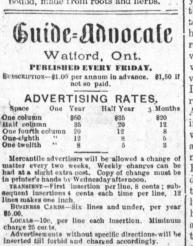
Toronto. --I gladly give you my testimonial in favor of your wonderful medicines. Last October I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of bowels. backache

bowels, backache, and pain in the side. I also suf-fered terribly from gas. After receiving your directions, I followed them closely and am now entirely free from pain in back and bowels, and am stronger in every

I also took Lydia E. Pinkham's Vegetable Compound before my baby was born, and I recommend it highly to all pregnant women. --MRS. E. WANDBY 92 Logan Ave., Toronto, Ont.

Another Woman Cured Maple Creek, Sask. — I have used Lydia E. Pinkham's Vegetable Com-pound and Blood Purifier, and I am now in perfect health. I was troubled with pains every month. I know other women who suffer as I did and I will dedly recommend your medicine to gladly recommend your medicine to them. You may publish this if you think it will help others.—MRS. F. E. Cook, Mapie Greek, Sask. If you belong to that countless army

of women who suffer from some form of female ills, don't hesitate to try Lydia E. Pinkham Vegetable Com-bound, made from roots and herbs.



HARRIS & CO. PROPRIETORS

is the outdoors of the wide, wind-Time after time he has endeavored swept places, of the places that are to give away portions of this vast high and sun-kissed, of the places horde of wealth, and time after time where many trees grow or where his gifts have been spurned. spreading waters are. And here many instances where his money flows the tonic, sweeping the earth has been accepted, the very recipmiles deep with every wind that ients have received it with curled lip,

what end?

he scatters so carelessly over the its effectiveness.

The real out-doors

tonic is a good summer tonic, and fall tonic, and though it is exceedingly difficult to convince folks of this -- it is a good winter tonic, too.

The Closing Days.

A Toronto Daily last week contained a despatch from a neighboring city that aged 101 years had gone to the County Industrial Home, there to end his days, and he is said to have gone at his own request. But how the report startles us, that a man after fighting the battle of life for over 100 years has to end his days in a poorhouse! The despatch further stated that the old gentleman had a son of seventy-five and two grandsons of over fifty living in the same County. Naturalty, the reader would think it strange

that so sad a course could have been necessary. But if the inner history were known it would probably be revealed that the son and grandsons are in almost as bad a plight as the old man, and that he preferred to go to the poorhouse rather than to add to their burdens. The case is a pathetic one, but it is not uniqueyou hear of such every day-and the whole story emphasizes how terrible is an old age of penury, and how important it is that we should regard youth "as the springtime which soon departeth, and wherein we ought to plant and sow all provision for a long' and happy life." would have been a boon rather than a burden, and the cozy-corner would. He may have been a sober and intem of investment which was abso-

If the old gentleman had been in receipt of a Canadian Government, Annuity of only \$200 his presence in home of the son or grandson no doubt, have been kept for him. dustrious youth, but he had no syslutely safe, and which would yield him a bountiful return for the amounts which he might from time to time save; and so his money was spent or lost as fast as it was earned. But there is no such excuse for the boys or girls, men or vomen, of Canada to-day, for by the Canadian Government Annuities Act they are provided with a system by which their savings will be taken care of and invested by the Government, and under which they will receive a return larger than it would be possible to secure from any other safe investment because when the Annuity begins each payment absorbs a portion of the purchase money as well as of the interest thereon, and "bitters," made of if the Annuitant lives the average You period, the Annuity will not cease You but will be continued to him every three months so long as he may live. master will give you a booklet which will explain the system, and if you wish for information as to the cost, That is, you can get the tonic first mail what this will be. Re

In and disdainful snort. We are re-It's a simple remedy, this natural minded of this by reason of the fact spring tonic—merely air that is pure that some time since Rockefeller aimed to present the sum of \$150,--air that man has not polluted aimed to present the sum of \$150, 000 to Wellesley College to be utilized for the installation of a steamface of this mother planet—but it's heating plant. It now develops, astonishing how few people realize however, that the young ladies of the Massachusetts college strongly

Incidentally, this natural spring | object to the trustees accepting such a gift from this man, and they have petitioned to have the donation re-So it seems that even turned. schools have conpunctions of conscience about receiving Rockefeller money

John D. has gained wealth, but he has lost that which is vastly more valuable, the confidence and esteem of his fellow citizens. When a man reaches a point where his gifts are thrown back in his face, he is indeed poor in spite of his millions.

Glass for Shelves.

Glass is an ideal shelving for a kitchen closet, as it can be kept clean so easily. If this is too costly paint the shelves white and give a coat of enamel. This is easily scrubbed and does away with the

necessity of papers. The kitchen cupboard should never be permitted to get untidy, and should be scrubbed out at least every fortnight; the lower shelves oftener. The range and gas stoves quickly show lack of attention. Polish once" or twice a week, and in the intervals wipe off

frequently with newspapers to absorb A gas stove should have the parts re-moved and boiled every tew days and the

burners should be kept clean with a fine wire or brush.

Worms cause feverishness, moaning and restlessness during sleep. Mother Graves' Worm Exterminator is pleasant, sure and effectual. If your druggist has none in stock, get him to procure it for m

Main St., Watford.

It costs London more than \$3,500,000 a year to keep its streets clean.

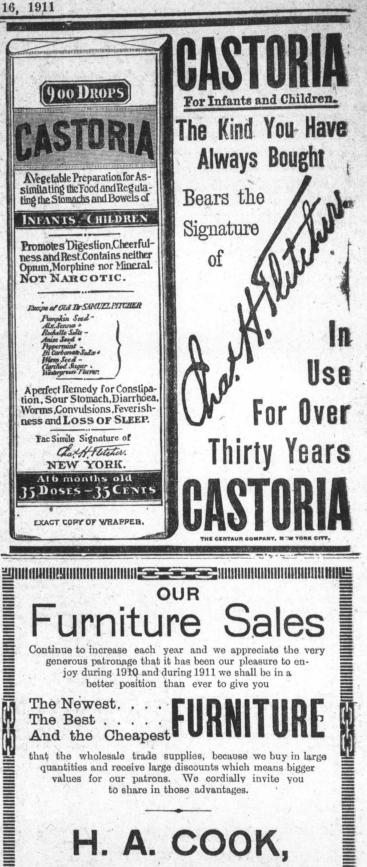
Radium gives a violet tinge to glass and porcelain and turns white paper yel-

A man's laziness has reached the limit when he retuses to stand up and let a rich widow marry him.

An optimist is a man who can be thankful, when he has a sore throat, because he wasn't born a giraffe.

It is said that by anointing your eyes with the milk of human kindness you will be able to see good in your neighbors.

There is more Catarrh in this section There is more Catarri in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local reme-dies, and by constantly failing to cure with local treatment, pronounced it in-curable. Science has proven catarth to curable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and nuccous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY, Toledo, O. Sold by Druggists, 75c. curable. Science has proven catarrh to Sold by Druggists, 75c. Take Hall's Family Pills for constipation



Suide-Udvocate HARRIS & CO. PROPRIETORS

WATFORD, JUNE 16, 1911.

The Real Spring Tonic.

Now is the time to take a spring tonic

Not a tonic that somebody has concocted and patented-not one of these so-called bao whiskey and bitters herbs-but number of years he may be expected THE spring tonic, the tonic that "tones" and that doesn't make you a drunkard or a drug fiend. to live he will get back all that he has paid in with accumulated inter-est at 4%. If he lives beyond this

This tonic isn't patented. can't buy it at a drug store. can't order it from any wholesale house. But if you open your win-dows wide enough at night it will Order Office in Canada. The Postcome in its wholesale quantities. And if you will only throw your shoulders back and breathe like a human being rather than like a all you need do is to write to the sheep, you will be able to take to Superintendent of Annuities, Ottawa, yourself a cubic yard of it every post free, giving him your age last bour of the day.

thus if you live and work where the tonic is to be had. If you don't— and there are literally millions of may be made free from anxiety, and for the tonic is to be had. If you don't people in this country who don't- happy and comfortable, and that it it only remains for you to do the is the only sure plan by which best you can- to grasp every avail- wage-earner or person on small salable opportunity to get to where the ary can provide for the rainy day. tonic is to be found.

The tonic is to be found in all out doors-that is, all outdoors worthy



Money Not All.

One cannot help but feel sorry for John D. Rockefeller, for, after chas ing the dollar through a long life-time, he must finally come to a realizing sense that there are other things in this world much more while. By a mixture of genius and single-minded purpose, Rockefeller has been able to accumulate what is probably the largest fortune ever held by a single individual. But to

There are many tests of character. Emerson, you remember, had four : "Set a dog on him ; set a highwayman on him; set a woman on him; try him with money." Traveling is another test-when a man is free of the home restraints. But one of the most searching tests is But one of the most searching tests is that of leisure; give a man a week's leisure and mark how he uses it and you will have a clue to the man.

> Constipation is the root of many forms of sickness and of an endless amount of human misery.

Dr. Morse's Indian **Root Pills**,

thoroughly tested by over fifty years of use, have been proved a safe and certain cure for constipation and all kindred troubles. Try them. 25c. a box.



This Spring or Summer? If you are we can furnish you with BUILDERS' SUPPLIES right and give you some practical hints which will be of benefit. Call and see us and let's talk the matter over.

Furniture and Undertaking

WE carry everything required in this line and you will find our prices satisfactory.

LET us figure on your requirements.



STEWART & CO.