

THIS WOMAN KNOWS

She Proved that Lydia E. Pinkham's Vegetable Compound Does Help Suffering Women

Watertown, N. Y. — "Last fall when I was expecting to become a mother I was in very poor health. I suffered from a female weakness so I did not have strength enough to do my own work and could not stand on my feet for any length of time. Lydia E. Pinkham's Vegetable Compound corrected my troubles and I improved in health so that when my baby came the doctor said he never saw a woman get along any better than I did and I know it was Lydia E. Pinkham's Vegetable Compound that helped me." — Mrs. Elvira H. H. 124 Wyoming Ave., Watertown, N. Y.

Women who continually overtax their strength until they get into such a weakened condition should profit by Mrs. Beebe's experience and try this rest and herb remedy, Lydia E. Pinkham's Vegetable Compound.

For special suggestions write Lydia E. Pinkham Medicine Co. The result of its long experience is at your service.

PHELAN'S Vulcanizing Works

Rebber Tires for all vehicles. Tire repairing of all kinds. We sell tires of all makes

20 St. Paul-st W. Phone 734

Incubator FOR SALE

(Manson - Campbell) Chatham make; 160 egg capacity. Price \$12. Can be seen at 198 Lake Avenue

"Mazda"

The Best Tungsten Electric Lamps

The Kind You Read About We carry the largest stock in the peninsula, and can fill orders for any quantity immediately. By them by the box and save money.

Guaranteed against defects. J. H. SANDHAM COMPANY 235 St. Paul Street Telephone 1112

M. MALLOY Light and Heavy Trucking. Local and Long Distance Moving. Phone 1878 65 Lovell Ave

Skates Ground and Grained at 15c Pair By latest improved skate grinder. Call and see. Also furniture repaired at Novelty Woodturning Works 20 Centre Street

Farmers, Notice! If you want To Sell Hogs either alive or dressed, call or telephone for our prices, before selling elsewhere. Moyer Bros., Ltd. 8 Frank St. Phone 197 ST. CATHARINES

LUMBER James M. McBride & Sons, George-st, near Welland ave TELEPHONE 41 W

Great Service of Thanksgiving in St. Thomas' Church

To-morrow Morning and Evening When the Results of the Forward Movement Campaign Will Be Announced. Rojoice With Us in Prayer and Praise

CHURCHES

KNOX PRESBYTERIAN CHURCH

Rev. Geo. H. Smith, M.A., D.D. Minister.

Mr. Charles F. Allison, 182 Church St. Organist and Choir Director.

Sunday Service.

11 a.m.—Subject of Sermon: "One Challenge in the Forward Movement" Anthem—"Comes at time a stillness."

Solo (Soprano) — "One Sweetly Solemn thought." Ambrose.

Mrs. Gordon Johnston. 3 p.m.—Sunday School, Chinese Class, Men's Own. Subject: "The Book of Numbers."

7 p.m. Subject—"Whither Bound?" The second of a course on Ships and Havens—"What of Canada's Merchant Marine?"

Choral—"Jesus Stand Among Us" Filitz.

Anthem—"Lead Kindly Light." Pughe-Evans

Obligato Solo: Mrs. Johnston. Offertory (Organ)—"Supplication." Frysinger

Anthem—"Fierce was the wild billow." Hewlett

Vesper Hymn.

ST. ANDREW'S CHURCH, PELHAM STREET.

3 p.m.—Sunday School and Adult Bible Class.

7 p.m.—Evening Service, conducted by Mr. Merle Reid.

Cordial Welcome to all.

WELLAND AVENUE METHODIST CHURCH

Rev. R. D. Hamilton, Pastor.

Sunday, February 15th.

10 a.m.—Class and Junior League.

11 a.m.—Lessons from National Campaign.

2:45—The Church School.

7 p.m.—"Recalled to Life." Another message to young men—Hear it.

Special Song Service. A Song Sheet for you.

Will you enjoy this service with us.

Free Pews. Helpful Services. A hearty welcome. COME.

FIRST PRESBYTERIAN CHURCH

Rev. J. H. Ratcliffe, D.D., Minister. Mrs. E. V. Finnie, Organist.

Sunday, February 15th.

11 a.m.—Morning worship. Subject: "The life that knows no defeat."

Anthem—Magnificat. Sumner

3 p.m.—The Church School.

7 p.m.—Evening Worship. Subject "The Mission of Jesus."

Anthem—I heard the voice of Jesus say. Bontemps

Solo—Mrs. Morton.

Monday, 8 p.m.—The Grant Auxiliary.

Wednesday, 8 p.m.—Prayer and Praise Service.

Thursday, 3:30 p.m.—W.M.S.

10 P.C. Premium on U.S. Money Orders

OTTAWA, Feb. 14.—Recipients of United States money orders, payable in Canada, will on Monday, or as soon as notices get to postoffices, receive not only the face value of the orders, but an exchange premium as well.

An allowance of 10 per cent. will be paid on United States orders for \$5 or more. This is less than the exchange rate, but the Government is retaining what it considers "a reasonable margin" to protect it against exchange rate fluctuations.

Regulations regarding post office orders going to the United States will not change, the purchasers paying the current exchange rate and the cost of the order as well as its face value.

When Appetite Fails and Health Declines Follow This Suggestion

REQUIRES ONLY A COUPLE OF SMALL TABLETS AFTER MEALS TO FIX YOU UP AGAIN

A NEW BLOOD FOOD CALLED FERROZONE SURE TO RESTORE YOU QUICKLY.

Every day comes the good news of wonderful cures from Ferrozone. In Peterboro' it worked marvels for Louis Meehan—put him right on his feet—made him entirely well.

"About three years ago," says Mr. Meehan, "I had the Grippe which left me in a very run-down condition that finally developed into Dyspepsia. I was unable to eat but a few things and had a craving for acid. I gave up treating with the doctors because they did not help me and on the advice of a friend used Ferrozone. It not only cured me of dyspepsia and Biliousness, but has built up my strength to what it was before I had the Grippe. I can recommend Ferrozone as an ideal restorative."

Ferrozone gives you force, energy, vim.

It strengthens the stomach, cures indigestion, prevents headaches — guarantees good health.

Thousands use Ferrozone—they all feel better; try it yourself—sold in 50c. boxes, six for \$2.50, at all dealers or direct from the Cataract Co., Kingston, Ont.

College Folk Try Bughouse Life, De Luxe

CHICAGO, Feb. 14.—Wierd doings were enacted out in the sacred vicinity of Northwestern university yesterday. Perfectly proper young ladies paraded the campus, attired in hoop skirts, enormous bustles, black laced gloves carrying silly landau parasols ablest this is hardly parasol weather.

In addition, they toted cerise handbags, said bags being filled with cigarettes and tip sticks.

The girls, who appeared always but a few jumps ahead of the bughouse keeper, offered a pill to every co-ed they met, but the proffer had to be refused because of the rule forbidding smoking on the campus.

As far the male students, few of them were required to carry lanterns all day and others walked backward down all steps. Their raiment was also something awe inspiring.

An excited visitor asked a fat policeman what he proposed to do about all this stuff.

"Tis nawthin," he assured the tremulous one. "They do be puttin' a bunch of freshies through the eat-bits-pi or somethin' like that. 'Tis bughouse stuff all right, but they're ha'mless."

HEALTHY CHILDREN ARE HAPPY CHILDREN

The well child is always a happy child—it is a baby's nature to be happy and contented. Mothers, if your little ones are cross and peevish and cry a great deal they are not well—they are in need of medicine—some thing that will set their bowels and stomach in order, for nine-tenths of all childhood ailments arise from a disordered state of the bowels and stomach. Such a medicine is Baby's Own Tablets. They are a mild but thorough laxative which regulate the bowels, sweeten the stomach, and thus drive out constipation, colic, indigestion; break up colds and simple fevers and make the baby healthy and happy.

Concerning them, Mrs. Albert Hamel, Pierreville, Que., writes:—"Baby's Own Tablets are the best medicine I know of for little ones. They relieved my little girl from constipation when nothing else would and I can strongly recommend them to other mothers."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Chamber of Commerce Activities

Charts and other devices for explaining the plans of organization and operation of a modern Chamber of Commerce adorn the walls of the campaign headquarters at Union Bank Building. Evidently the director, Mr. Hugh M. Bell, believes in the graphic method of illustration.

He said to-day that he had been asked by many citizens of St. Catharines just what is contemplated by the efforts to replace the Board of Trade with a Chamber of Commerce. In order to make clear the various steps that will be followed, he had prepared a little schedule, he said, which had taken upon the several questions as they had been asked.

1. Securing the necessary membership and income for three years.

(a) A carefully compiled list of the citizens of St. Catharines who should support such movement, made in card index form.

(b) The number of memberships that each should carry, based upon the benefit to be expected, and what corporation and men of similar standing in other cities are being, indicated on each card.

(c) This list to be examined carefully by two separate committees and passed upon by the executive committee before it is used.

2. Creating a working membership.

(a) During the campaign for membership and afterwards, a systematic method of acquainting the public with the proper functions of a Chamber of Commerce to be put into operation.

(b) A series of luncheons which ultimately become schools of organization, to be held; these luncheons open to non-members. At these luncheons specialists will present the steps necessary in successful organization management.

(c) The speakers to be aided by charts and other methods of graphic presentation. Everything reduced to a common sense basis and hip-horror methods avoided.

(d) This definite and methodical way of presenting a sometimes misunderstood field of activity fortifies the optimist with a mass of intelligent arguments and smother the pessimist under a mass of carefully collated facts that leave no ground for just criticism of a real Chamber of Commerce.

3. The development of a program of work.

(a) With the completion of the membership and educational campaign, the development of a program of work will be the next step.

(b) Each member will be asked to express himself on what he thinks the organization should undertake for the welfare of the city as a whole and for the promotion of his line of work.

(c) The expressions thus received will be collated and written into concrete paragraphs, these forming the planks of the program of work.

(d) This method brings unity of action in the shortest possible time and enables the officers to reach out intelligently to the individual members for support and help.

4. Installation of committee organization and control.

(a) Special instead of standing committees.

(b) Careful analysis of work to be done.

(c) Definite schedule of action, preparation of needed data, limited committee appropriations, conferences between committees and directors at frequent intervals.

5. Outline of office system.

(a) Disbursement sheet and authorization of expenditures.

(b) Budget for proper distribution of expenditures.

(c) Card index for membership record and for proceedings of the directors and committees.

(d) Filing records for industrial, commercial and other information, photographs and data for publicity requirements.

WIFE SECURES DIVORCE BUT MUST PAY ALIMONY TO HER FORMER HUSBAND

W. Cleveland, O., Feb. 13.—Forrest A. Bidwell, 59 years old, of London, O., was granted \$75 a month alimony, and Mrs. Mary B. Bidwell, 50 years old of Cleveland was granted a divorce by Judge Stevens today in a suit for separation filed by the wife. Alimony payments cease if idwell mBarries again.

The couple were married in 1909 and parted in 1916, the court at London at that time ordering Mrs. Bidwell to pay her husband \$50 a month.

Bidwell testified that before their marriage Mrs. Bidwell promised to provide for him always and let him lead the life of a country gentleman.

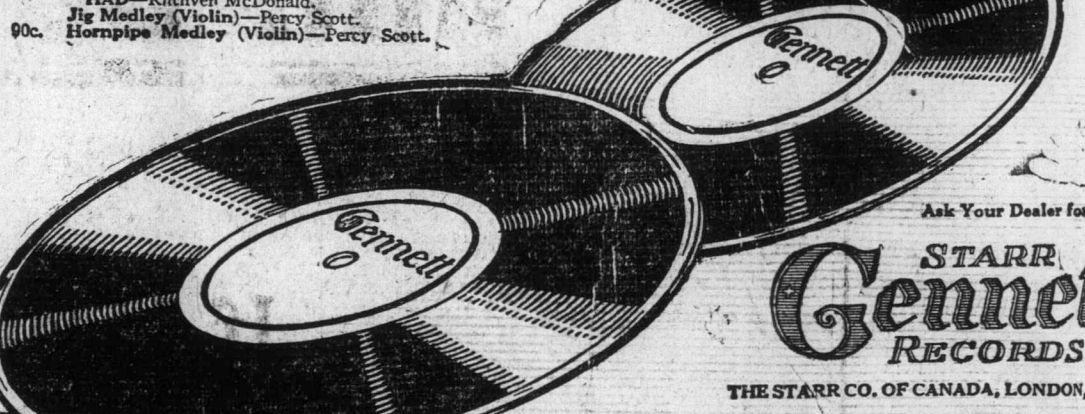


STARR Gennett RECORDS

Here They Are Now for All Lovers of Good Music

New Starr Gennett Records for February

- 1503 Let the Rest of the World Go By—Hart & Shaw, Tenor and Baritone, with Orchestra.
- 1512 We Must Have a Song to Remember—Kaufman & Hall, Tenors, with Orchestra.
- 1504 Just Like the Rose—Scotling Trio, with Orchestra.
- 1505 I'm Like a Ship Without a Sail—Hart & Shaw, Tenor and Baritone, with Orchestra.
- 1517 My Rose of Romney—McChesney & Myers, Tenor and Baritone, with Orchestra.
- 1506 I Love You Just the Same Sweet Adeline—Shannon Four with Orchestra.
- 4533 That Wonderful Kid from Madrid—Kaufman & Hall, Tenors, with Orchestra.
- 1516 Let My Door Open and My Daddy Walked Out—Jack Kaufman, Tenor with Orchestra.
- 4534 Good Night Dearly (Waltz)—Dierloff Orchestra.
- 1507 Let Me Dream—Conklin's Society Orchestra.
- 1508 I Might Be Your Once-in-a-While—Harvey Hindemeyer, Baritone, with Orchestra.
- 1509 Now I Know—Arthur Hall, Tenor, with Orchestra.
- 1518 They're All Sweeties—Kaufman-Hall Tenors, with Orchestra.
- 1519 You Ain't Heard Nothing Yet—Ernest Hart, Baritone with Orchestra.
- 1500 THE BELLS OF ST. MARY'S—Ruthven McDonald.
- 1501 THE GREATEST LAD WE'VE EVER HAD—Ruthven McDonald.
- 1502 Jie Medley (Violin)—Percy Scott.
- 1503 Hornpipe Medley (Violin)—Percy Scott.



WEAVER'S MUSIC STORE 163 1/2 St. Paul Street



WE were among the first to put up tea in sealed packages.

We were the first to use automatic electric weighing machines so as to insure accurate weights.

We were the first to make known the qualities of the now world-famous ASSAM teas.

And we are now the first to adopt a new package for the better protection of these fine quality teas.

The lead package has served its purpose well for generations, but it was easily broken or torn, allowing not only a loss of tea from the package but exposing the tea to the air, odors and dust that it was so necessary to protect the tea against.

Our new package—the waxed board carton—is stronger, more secure and more completely air tight; altogether the best container for tea that has yet been devised.

RED ROSE TEA "is good tea"