

## YOU CAN'T RUB RHEUMATISM OUT

IT IS ROOTED IN THE BLOOD AND MUST BE TREATED THROUGH THE BLOOD.

The pain of rheumatism is something that you cannot rub out. Every sufferer from rheumatism has been advised to rub this liniment or that on the affected part, but after all the rubbing the pain remained. Rubbing did not cure it and can't cure it.

Thin blood and rheumatism come together, and if they are properly treated they will go together. Rheumatism is rooted in the blood, in poor, watery blood. Sometimes cold, damp weather starts the aches and pains, but it is the condition of the blood that is at fault, and only by correcting this, and making the blood rich and red can the rheumatic poison be driven out. This is exactly what is done in the treatment of rheumatism with Dr. Williams' Pink Pills. Acute and muscular rheumatism show improvement as the thin blood is built up, and when the blood has been restored to its normal condition the rheumatism is driven out and does not return as long as the blood is kept rich and red. There is no part of Canada in which some rheumatic sufferer has not been cured by Dr. Williams' Pink Pills, and they do not hesitate to express their thanks for what this medicine has done for them. As an example Miss Annie S. Dredrick, R. R. No. 2, St. Thomas, Ont., says: "Dr. Williams' Pink Pills cured me of rheumatism after a great many other remedies had failed. The pain in my arms and shoulders was so great that I could scarcely sleep. I could not raise my arms to comb my hair, and could not dress myself without help. In this condition I read of a cure of rheumatism through the use of Dr. Williams' Pink Pills, and decided to try them. I took a dozen boxes and I am thankful to say they not only cured my rheumatism, but that my general health was greatly improved. My appetite was increased, and I gained in weight. Since then a number of cases have come under my observation in which cures have been made by this splendid medicine. As for myself I shall always speak a good word for Dr. Williams' Pink Pills.

These Pills are sold by all medicine dealers or will be sent by mail, post paid, at 50c a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

## SUNDAY SCHOOL LESSON

Lesson IX. June 1, 1919.

Commentary.—I. What faith is (11: 1). 1. Now—The subject of faith is introduced in the discussion in the preceding chapter, and the writer stops here to consider the nature and operations of faith. Faith—Trust, unwavering confidence, a conviction that brings certainty. Substance—The original word means basis of foundation. Things hoped for—One cannot truly hope for something unless there is a basis upon which the hope rests, otherwise he is indulging a false hope. What God has said in his word or the conviction that he gives by his Spirit furnishes something definite and positive for the faith to grasp. The submitting, trusting heart believes it. The evidence—The demonstration or proof. A demonstration is equivalent to a certainty. When a proposition in mathematics is demonstrated, it is clearly shown that the conclusion cannot be otherwise. Things not seen—"Things not seen" are the realities of God and his universe outside the visible world, which are revealed to our higher intuitions by nature, by divine manifestation, or by the written word.

2. The animal man, the sensualist, never thinks of, or truly embraces these truths. The atheist denies them. And these are all incapable of that spiritual heroism recorded of the ancient worthies.—Whedon.

II. What faith does (11: 2-40). 2. Elders—This term includes noteworthy members of the Hebrew race who were illustrious for their piety and faith in the ages of the past. Many of these are mentioned by name in the following verses. Obtained a good report—"Had witness born to them."

3. V. It was by faith that these persons attained to the character they possessed and were able to accomplish their remarkable things. They did 3. Through faith we understand that the world was framed by the word of God—Faith grasps the truth that God exists. We cannot see him with the material eye, but faith assures us that he is. Faith makes us certain not only of his existence, but by faith we know also that he made the worlds. We gave the command and the worlds, he universe with all that is connected with it, came into being. Through faith we know that God is the Creator of all things, although we did not see him in the work of creation; and through faith we know there is a life beyond this earthly life, although we cannot see into the future. We were not made of things which do appear.—We are this as denying the eternity of matter. God made the worlds out of that which previously had no existence. 4. By faith Abel offered..... more excellent sacrifice—Two antediluvian characters are included in the apostle's list of Old Testament wor-

thies, Abel and Enoch. Abel's sacrifice was more excellent than Cain's because it was more cheerfully chosen, a living sacrifice, chosen and offered in a spirit of faith and love. Abel's heart entered into the transaction. Obtained witness that he was righteous—This witness was born in the Lord's acceptance of the sacrifice, God thus testifying that Abel's "gifts" pleased him.

5. By faith Enoch was translated—Enoch had faith in God and was enabled to walk with him. His faith enabled him to triumph over sin. Before his translation..... this testimony—Witness.

PRACTICAL SURVEY.

Topic—The place of faith in the Christian life.

I. What faith is.

II. What faith does.

1.—What faith is. In the lesson we have the long roll-call of the heroes of faith. It is a theological expression, and we may forget that it has other than a religious significance. It is not some strange and peculiar power supernaturally infused by Christianity. The faculty is inherent in the nature of men and one most commonly used in daily life. It is the ground-work of all our knowledge and is essential to the existence of society. It underlies all forms of human activity, and every great enterprise begins in the under side of a leaf. They often call it the "things hoped for." There is danger of stumbling over its simplicity. Christian faith rests on a conscious personal compliance with every known condition. Apart from the former it has no footing. Apart from the latter it can not act, and the effort is presumption. True faith begets appropriate works and expresses itself through them.

II.—What faith does. It places supreme honor on the word of God. The soul's stupendous interests must be staked on God's word. Jesus sought to awaken or discover faith in all the suppliants of his beneficent miracles. His power was hindered in its exercise by unbelief. "If thou canst believe, all things are possible unto thee." Faith is the personal ground of justification. Sanctification and peace (Rom. 5:1). In its deepest significance faith is a confession of moral need and impotency. The sacrifice of Abel was not only an expression of his faith, but a confession of his sin. The thank-offering of Cain expressed neither, and was rejected. Faith is the link which unites the soul with the value and virtue of the atonement. It presents the empty vessel to the flowing stream. Faith is the source and animating principle of the Christian graces. Faith imparts stability (Read Rom. 11:20; Psa. 125:1). The soul can not be overthrown until it is separated from its source of strength. The weakest soul is strong from Christ; the strongest weak apart from him. The Christian armor is the lesson were all "through faith", and it is the "victory that overcometh the world." The triumphs and endurance, equally excellent, recorded in the lesson were all "through faith", and the world-old heroes await the final triumph of its latest victor for their crowning. "God having provided some better thing for us, that they without us should not be made perfect." W. H. C.

**NO CURE, NO PAY.**

FREE I want every Man, Woman and Child who is suffering with BRONCHITIS, COUGHS, COLDS, BRONCHIAL ASTHMA, HOARSENESS, and the marvelous HEALING POWER OF BUCKLEY'S WHITE BRONCHITIS MIXTURE, by getting one bottle from your Druggist, and use it five days. If you do not find it the best you have ever used, take it back and get your money. If your Druggist does not sell it, phone Main 5411 and we will send it. Take no substitute, nothing in the world like it, ten times more powerful than any known Cough cure. Backed up by hundreds of testimonials from people right at your door who have been cured, and will only be too pleased to furnish same on application. 6c is the trifling price that stands between your health and happiness. You have everything to gain and nothing to lose. Made only by W. K. Buckley, Chemist, 97 Dundas St. East, Toronto, 15c extra for mailing, 3 bottles mailed free for \$1.75.

**Russian Bells.**

In the manufacture of great bells Russia has always taken the lead. A bell cast at Moscow in the sixteenth century weighed nearly 300,000 pounds, and it required twenty-four men to ring it. Larger still was the "great bell" of Moscow, which, however, was cracked and broken before its completion.

**China Has Women Soldiers.**

China, first in many things, had women soldiers long before they were known in Russia. During the T'ai Ping rebellion, 1850, women, as well as men, served in the ranks. In Nankiang, in 1853, an army of 500,000 women was recruited. They were divided into brigades of 13,000 each and were commanded by women officers.

**Old Idea of the "Far West."**

The citizens of Albany, N. Y., experienced a thrill on February 23, 1785, when 500 emigrants' sleighs passed through that city on their way to the distant and little-known Genesee country of western New York. The Genesee valley was then considered the "far west."

**Regular Rates.**

Traveller—How much is my bill?  
Clerk—What room?  
Traveller—I slept on the billiard table.  
Clerk—Fifty cents an hour.

To be womanly is the greatest charm of woman.—Gladstone.

## RENEW IT AT PARKER'S

The clothes you were so proud of when new—can be made to appear new again. Fabrics that are dirty, shabby or spotted will be restored to their former beauty by sending them to Parker's.

### CLEANING and DYEING

Is Properly Done at Parker's

Send articles by post or express. We pay carriage one way and our charges are reasonable. Drop us a card for our booklet on household helps that save money.

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## FARM GARDEN

### PLANT LICE IN THE VEGETABLE GARDEN.

Aphids, or plant lice, are small, soft-bodied insects that obtain their food by sucking the juices from plants by means of a beak which they insert most often in the under side of a leaf. They often cause the leaf to curl, and in the case of severe attacks ruin the crop by killing many of the plants.

Although there are many species of aphids which attack vegetable crops, fortunately they can all be controlled by the same materials and the same methods. Some species of garden aphids have certain peculiar habits a knowledge of which enables one to deal with them effectively.

The life history of all the garden plant lice is much the same. All pass the winter in the egg stage in northern localities. Most of the females produce young without the intervention of the male. Both sexes appear in the fall, however, and fertilization occurs previous to the laying of the eggs, which develop into winged and wingless forms. Each female probably produces on the average more than forty young, and as many as fifteen to twenty-five generations a year.

Most of the different species have characteristically colored bodies, but the color of the aphids of some species may vary from a pale green to nearly black. Most aphids are some shade of green, but they may be black, pink, yellow or almost white.

White most aphids of the same species feed upon only closely related plants, it sometimes happens that they will feed upon plants distantly related. This is

### Cook's Cotton Root Compound.

A safe, reliable regulating medicine for the treatment of all cases of constipation. No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists or sent direct on receipt of price. Prepared on scientific principles. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Walker.)

An important fact which should be considered in the control measures. For instance, the potato louse (*Macrosiphum solanifolii*) spends the winter early spring and late fall on the rose in preference to other plants. It migrates to potatoes, tomatoes, peppers, eggplants and many other plants during the latter part of spring. *Macrosiphum pisii* migrates back and forth between peas and clover. The spinach aphid (*Glyzus persicae*) feeds upon a wide range of vegetables and trees, including peach, cherry, spinach, cabbage, celery, etc. The cabbage louse (*Aphis brassicae*) is mostly confined to plants of the family cruciferae, and the melon louse (*Aphis gossypii*) is usually confined to vine crops.

The first step in the control of plant lice is to destroy everything upon which the winter eggs of the aphid are laid. Crops having aphids in the fall should be pulled up and the roots should be turned. Weeds, especially those belonging to the same families as the cultivated crops, should not be allowed to grow, as they afford an excellent breeding place.

Aphids insert their beaks into the plant tissues for their food and are not repelled by arsenical sprays. Some spray must be used which will kill the insect by contact and yet be so weak that it will not injure the plants.

Nicotine sulphate (40 per cent. nicotine) is the most easily prepared and most effective spray that can be used against aphids. When used at the rate of one part nicotine sulphate to one thousandth parts of water the spray is effective against all species of aphids. The following formula supplies the ingredients in the right proportions:

Nicotine sulphate (40 per cent. nicotine), 2.5 pounds; 6.1 fluid ounces; laundry soap, 3 pounds; water, 50 gallons.

The soap is added as a spreader and to make the solution slightly volatile. When the nicotine sulphate is used with water alone the addition of soap adds materially, but when used in combination with other sprays the soap is omitted. The nicotine sulphate may be added to Bordeaux mixture, lime sulphur or arsenate of lead in the same proportions as with water. The one application may thus serve two or three purposes.

When used against the potato aphid the strength of the above formula should be increased to one part to eight hundred; that would be one-half pint of nicotine sulphate to 150 gallons of water.

For small patches 1-2 teaspoonfuls of nicotine sulphate and 1 ounce of soap to each gallon of water will give very effective against all garden aphids.

To prepare the solution all that is necessary is to measure out the amount of nicotine sulphate needed, put it in the spray outfit and dilute with water. Bordeaux mixture or lime sulphur to the proper proportion. When soap is added, it is best to dissolve it in hot water.

Spray used for aphids must come into direct contact with the lice to be effective. As the aphids are found on the lower sides of the leaves, it is necessary to have a spray apparatus which will underspray the top leaves. A nozzle attached to the pole at an angle of 45 degrees serves this purpose very well.

It is highly desirable that high pressure (125 to 175 pounds) be used. A nozzle creates a mist which is blown about and reaches many more lice than would otherwise be possible.

For a few plants an atomizer or whisk broom may be used for applying the spray. For city gardeners a knapsack spray is usually sufficient. However, for really effective work a barrel pump or power outfit is best, because it furnishes more pressure. The barrel pump is large enough for the average commercial garden, when the power outfit may

## MARKET REPORTS

### TORONTO MARKETS.

#### FARMERS' MARKET.

Dairy Produce  
Butter, choice dairy ... 0 50 0 55  
Do., creamery ... 0 60 0 65  
Margarine, lb. ... 0 35 0 40  
Eggs, new laid, doz. ... 0 52 0 55  
Cheese, lb. ... 0 40 0 40

Dressed Poultry  
Turkeys, lb. ... 0 45 0 50  
Fowl, lb. ... 0 42 0 45  
Chickens, roasting ... 0 45 0 50  
Geese, lb. ... 0 30 0 32

Fruits  
Apples, basket ... 1 00 1 25  
Do., bbl. ... 10 00 14 00

Vegetables  
Asparagus, 2 bunches ... 0 25 0 20  
Beans, new, qt. ... 0 15 0 20  
Beets, peck ... 0 30 0 30  
Do., bag ... 1 10 1 10  
Carrots, peck ... 0 40 0 40  
Do., new, bunch ... 1 75 2 00  
Cabbage, new, each ... 0 15 0 25  
Cucumbers, each ... 0 15 0 25  
Celery, head ... 0 10 0 20  
Lettuce, 2 bchs for ... 0 10 0 10  
Onions, imp. box ... 5 50 5 50  
Do., do., lb. ... 0 15 0 15  
Do., green, bunch ... 0 05 0 10  
Leeks, bunch ... 0 10 0 15  
Parsley, bunch ... 0 10 0 15  
Parsnips, bag ... 1 00 1 10  
Do., peck ... 0 25 0 30  
Potatoes, bag ... 2 00 2 15  
Rhubarb, indoor, 2 for ... 0 25 0 25  
Do., outdoor, 4 for ... 0 25 0 25  
Radishes, bunch ... 0 05 0 10  
Sage, bunch ... 0 05 0 10  
Spinach, peck ... 0 60 0 75  
Savory, bunch ... 0 05 0 10  
Turnips, bag ... 1 25 1 50  
Do., peck ... 0 30 0 30

#### MEATS—WHOLESALE.

Beef, forequarters ... \$17 00 \$19 00  
Do., hindquarters ... 26 00 30 00  
Carcasses, choice ... 23 00 25 00  
Do., medium ... 20 00 22 00  
Do., common ... 18 00 19 00  
Veal, choice ... 23 00 24 00  
Do., common ... 13 00 15 00  
Heavy hogs ... 16 00 18 00  
Shop hogs ... 25 00 28 00  
Mutton, light ... 19 00 22 00  
Lamb ... 28 00 31 00

#### OTHER MARKETS.

##### WINNIPEG GRAIN EXCHANGE.

Fluctuations on the Winnipeg Grain Exchange in Toronto, as reported by Logan and Bryan, were as follows:

	Close	May 19	May 17
Oats	73 1/2	73 1/2	73 1/2
Flax	4.04	4.04	4.04
Barley	3.89	3.89	3.89
July	1.14 1/2	1.13 1/2	1.13 1/2

##### MINNEAPOLIS GRAIN.

Minneapolis—Flour unchanged, Barley, \$1.01 to \$1.11. Rye, No. 2, \$1.39 5-8. Bran, \$39. Flax, \$4.03 to \$4.10.

##### DULUTH LINSEED.

Duluth, Minn.—Linseed, on track, \$4.06 to \$4.08 1-2; May, \$4.08; July, \$4.01 asked; October, \$3.80 1-2 bid.

##### THE WOOL MARKTT.

London—There were 8,300 bales offered at the wool auction sales to-day. There was no feature to the dealings. Prices were steady.

## Irritable Nerves Restored and Health Regained In a Simple Way

The man or woman who is run-down, not feeling up to the mark, perhaps irritable, nervous or sleepless can well afford to learn about the wonderful results the newly discovered blood-food is giving to folks that use it.

There is wonderful power in this new blood-food, and every weak, pallid person can be quickly nourished back to health that uses it as directed. After each meal with a sip or two of water, you simply take two little chocolate-coated tablets sold in all drug stores under the name of "FERROZONE."

The effect is noticeable at once. You feel happier, brighter, more contented. That old-time feeling of weariness departs—you forget your "nerves" and no longer get irritable or cross over trifling annoyances. There is a reason for this change and that reason consists of the fact that Ferrozone contains blood-making materials you can get in no other way.

Ferrozone makes the blood tingle and sing with new vitality. This ensures lots of nourishment and strength being supplied to every part of the body.

No wonder the eyes brighten and the cheeks radiate color and happiness. With abundance of strength, a keen appetite, good digestion and plenty of sound sleep—all the result of Ferrozone—you quickly feel as if life held new charms and pleasures.

### Origin of Honeymoon.

To the ancient honeymoon was a luxurious beverage prepared with the sirupy secretion of the bee. It was the custom to drink of this diluted honey for 30 days, or a moon's age, after a wedding feast. Hence arose the term honeymoon, which is to Teutonic origin.

### A Sports Blouse.

A smart sports blouse. Is of blazer striped silk. Bright colors are popular. Smart cuffs and collar.

### A Stunning Luncheon Set.

Italian linen. Cut work embroidery. There's a perfect luncheon set. Centerpiece, plate dollies and tumbler dollies.

### To Calculate Interest.

A rule often recommended for calculating interest for short periods is as follows: To find the interest of any given sum for any number of days, multiply the principal by the number of days and divide as follows: At 5 per cent. by 72; at 6 per cent. by 60; at 7 per cent. by 52; at 8 per cent. by 45, and at 9 per cent. by 40.

### English "Undies."

Linen lawn underwear. Is now having a vogue in England. Pin tucks, rose points and Valenciennes lace. Are the favorite ways of trimming. May God defend me from my friends; I can defend myself from my enemies.—Voltaire.

**Dr. Martel's Female Pills**

Prescribed and recommended by Physicians, sold for half a century in Patented Tin Box with signature "Knickerbocker Remedy Co." No other.

## "Protection" For Your Home—No "Free Trade" With Decay

Everything with a surface needs surface protection. Not only the outside of your home, but every part of the inside—the floors, walls, furniture, woodwork and meta parts.

To paint, means protection and preservation and money saved on repairs, for wear and decay always start at the surface.

To leave a surface unprotected by paint or varnish, means "free trade" with decay and waste.

**"100% Pure" Paint**  
The Paint for wear and weather.

**Senour's Floor Paint**  
The old reliable—it wears, and wears, and wears.

**"New-Tone"**  
The sanitary washable Flat Oil Paint for Interior Decorations.

**"Wood-Lac" Stains**  
Improve the new—renew the old.

**"Marble-ite"**  
The one perfect floor finish—will not mar or scratch white, under hardest wear.

**"Varnoleum"**  
Beautifies and preserves Oil Cloth and Linoleum.

**MARTIN-SENOUR PAINTS AND VARNISHES**

They are the greatest material protectors you can use—and the cheapest—because they spread easier, cover more surface and last longer.

**The MARTIN-SENOUR Co. LIMITED**  
GREENSHIELDS AVENUE, MONTREAL.