

## No Man Should Rest Content

While the welfare of his family depends merely upon his own uncertain existence

Life Insurance will make their existence permanent

And the best in Life Insurance is found in the Policies of

**The Great-West Life Assurance Company**

HEAD OFFICE - WINNIPEG

Over \$73,000,000 now in force

## BUY COAL

Direct from Mines at Wholesale Prices on Co-operative Plan

WRITE

WM. E. CLARK, 66 King Street  
WINNIPEG MANITOBA

## STAY! AT THE SEYMOUR HOTEL

When in Winnipeg

Cor. MARKET and KING STREETS

RATE \$2.00 PER DAY

FREE BUS TO ALL TRAINS

Phone Garry 2242 JOHN BAIRD, Prop.

## Imperial Hotel

Corner Main St. and Alexander Ave. The Farmers' Hotel of Winnipeg. Centrally located. Good Meals and Warm, Comfortable Rooms

Rate \$1.50 to \$2.00 per day

JAS. MORTON, Prop.

FREE BUS



## Free Band CATALOGS

You'll find the best value in Canada at Lindsay's, whether you want one instrument or a Band outfit, (on which we quote especially low prices.)

### OUR SPECIALS

Besson New Creation Cornets. Besson Zephyr Slide Trombones. Besson Euphonium. Besson Basses. Thibouville-Lamy Brass and Wood Instruments. Buffet Clarinets used by leading Artists and Soloists in all parts of the world.

Get these instruments and you will be proud of your solo or band work.

Illustrated catalogs FREE on request.

C. W. LINDSAY, Limited, Ottawa, Ont.

Canadian Agents for the celebrated Besson Prototype Band Instruments.



## Grain Growers' Sunshine Guild

Headquarters:

Grain Growers' Guide - - - - - Winnipeg

Conducted by Margaret Shields

Associate membership fee	\$1.00
S.G. Badges (ladies')	.35
S.G. Badges (gentlemen's)	.35
S.G. Buttons (children's)	.05



CHILDREN'S BADGE - FIVE CENTS  
Don't you want one?

### LIVE IN THE SUNSHINE

Live in the sunshine—don't live in the gloom;

Carry some gladness the world to illumine.

Live in the brightness, and take this to heart;

The world will be gay, if you'll do your part.

Live on the housetop, not down in the cell;

Open-air Christians live nobly and well.

Live where the joys are, and, scorning defeat,

Have a good-morrow for all whom you meet.

Live as the victor, and, triumphing, go

Through this queer world, beating down every foe.

Live in the sunshine—God meant it for you!

Live as the robins, and sing the day through.

—Margaret E. Sangster.

### THE CHOO-CHOO CAR

Under the hill where Carroll plays

At "hide and seek" upon sunny days,

There's a giant thing that rushes by

With a smoking mouth and a burning eye;

Chuff and toot and jolt and jar—

That's the mouth of the "choo-choo" car.

Every morning when Carroll awakes,  
He watches the smoke, like big black snakes,  
Curling out and up and away

Right across the face of the day—

Up where the isles of cloudland are,

Out from the mouth of the "choo-choo" car.

And every night when he goes to bed,

After his "lay me down" is said.

He hears a whistle and whir and whiz,

And sees a light where the window is,

And he knows it's not a runaway star,

But only the wild old "choo-choo" car.

—Clinton Scollard.

### MARGARET'S SPECIAL MESSAGE

My Dear Friends:—

I know that you are all deeply interested in the Sunshine Girls' Home which was founded last year. This home has already grown too small for the numbers of girls constantly applying for accommodation for one night or two, or sometimes a week; that is transients. The club room in which our girls have held their meetings during the winter is totally inadequate to meet the needs of the club, so it was determined to give a sacred moving picture show with concert each Sunday evening, so that our young people would have some place to spend their evenings. This again has proved a tremendous success, and while we hoped, of course, to make a little on each entertainment, we are agreeably surprised to find that our profits have been very large, and each Sunday evening we have turned away from one to two hundred people, as our seating capacity, and even standing room, was taken up long before the time stated for our entertainment to commence.

Mrs. Maude V. Matthew, the secretary-treasurer of the Girls' Home, has been so thoroughly enthusiastic, that it has been simply amazing the interest

aroused in our work. I never realized until the last few months how thoroughly necessary it is for every woman to take a course in bookkeeping. With a treasurer so thoroughly capable as Mrs. Matthew has proved, the work has simply been child's play in keeping a clear and perfect record of the work done in our home. No fewer than one hundred and thirty immigrant girls have been cared for, and over two hundred transients have passed through the home since September. The outlay in this home reached the total of two thousand dollars since September. It is wonderful to look back and remember the start of this club work, and I can see "Margaret" and her half a dozen workers breaking up a couple of packing cases to make a counter on which we could pack our first Christmas gifts in 1909.

A very fine entertainment was given on the 13th of this month by Mr. Bengough, the noted humorist and entertainer, which will net a nice little sum for the organization of our new company, and if possible, lay the foundation for the bigger home which we hope to take over during the next month. This home will have twenty-six bedrooms, so that we can care for fifty-two girls. The seating capacity in the dining room is sixty-seven. After the initial cost of going into the home, we find that we can make this home absolutely self-supporting. Now, I feel assured that the great blessings that we have received, and the prosperity that has come on the entire Sunshine work is due to the kindly thoughts, and the devoted prayers of my loving readers. Often and often when I have felt a little disappointed, and perhaps even downhearted, (for it has not always been all sunshine for me during the last two years) some beautiful letter would come in from some little child or one of my readers, or perhaps one of the workers would bring in a beautiful message of comfort, asking the blessing of God on my work, and my heart, therefore, goes out to you all in love and thanksgiving for the warm hearted friends that I have made through the pages of The Grain Growers' Guide. If you have not received your letters or acknowledgements quite so quickly as you expected, I want you to forgive me, and remember that I have been trying under the greatest difficulties to keep abreast of our work; but try as I will I get behind in the letters; that is the personal mail.

Again may I ask that God will bless you one and all, and multiply a hundredfold your kindlier thoughts for your own and the Sunshine health and prosperity throughout the year.

Yours lovingly in Sunshine or shade,  
MARGARET.

Dear Margaret:—As I have been very busy house-cleaning The Guide was put on one side, and only today I saw your special message.

Now, if I am not too late may I offer a real good welcome to the little invalid.

We, that is, my husband and myself live only 31 miles from Winnipeg, on a farm, and for a farm it is one of the nicest and most comfortable places you could wish for. There are no children here, I am sorry to admit, and we are not a very old couple, but I am sure we both could give the young girl a hearty good welcome.

If you wish I can refer you to some of our many friends in Winnipeg and then you would be positive of the girl having a real home.

If I am not too late I hope to hear from you soon anyway. If ever you are in need of help that way again, please remember I am always ready to give a warm welcome to anyone. You seem to be doing such grand work and it is such a cheerful corner you seem to work in that it is more than I can do to express myself to you in my admiration towards you and all your helpers.

Yours most sincerely,

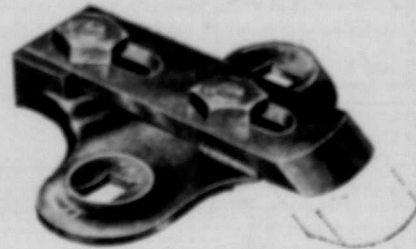
A FRIEND IN NEED.

## Make Your Mower Last Years Longer And Stop It from Clogging Up

By using this ADJUSTABLE KNIFE-HOLDER which can be attached to any mower new or old; by simply removing the old style holders and attaching these, using same bolts.



To adjust them you tighten a nut which takes up all the wearing space there is now or may be at any future time between the knife and guard plates, thus having a proper adjustment at all times. Your mower will cut clean in both thin and thick grass allowing none to slip through or get in between the knife and guard plates, clogging the knife and causing the mower to suddenly stop.



Dotted lines show amount of iron worn off which will last for years

A mower knife works on the same principle as a pair of scissors. For instance try and cut paper or cloth with loose although sharp blades; the result will be that the paper, etc., will slip between not cutting it. If you tighten the blades they will cut although they are not very sharp.



Old Style Holder, when worn, will let the knife rise up from guard plates, allowing grass to get in between and clog the knife

You will save much time, your repair bill will be reduced to practically nothing, and the knife will hold its edge much better. The advantages gained by using these ADJUSTABLE HOLDERS are too numerous to mention here. When ordering give name of mower and number of old style holder.

Price \$4.00 for Five Holders  
Satisfaction Guaranteed or Money Refunded  
AGENTS WANTED  
**J. M. SCHILTZ**  
Manufacturer  
DAVIDSON - SASK.

## BUY PAINT DIRECT FROM FACTORY

GIVE US DIMENSIONS OF YOUR BUILDING AND WE WILL ESTIMATE THE COST

PAINT DEPARTMENT  
66 KING ST., WINNIPEG, MAN.

WHEN WRITING TO ADVERTISERS PLEASE MENTION THE GUIDE