SIX

## FIVE MINUTE SERMON BY REV. WILLIAM DEMOUY, D. D.

TWENTIETH SUNDAY AFTER

## PENTECOST

THE RESPONSIBILTY OF PARENTS See therefore, brethren, how you walk cumspectly, not as unwise, but as wise. beening the time, because the days are 1." (Eph. v. 16.)

The Gospels abound in warnings. Through life, from a spiritual standpoint, we must proceed as carefully and cautiously as, from a physical standpoint, we would explore regions infested with wild

beasts. There are dangers to our spirit everywhere. No matter where we go we can not escape spirit them. There are places where the dangers are lessened, but they never are eliminated entirely. Christ would have us be ever mindful of this fact and carefully warns us of the dangers. Not as one groping in the dark must we pursue our course in life, but watchfully and prayerfully, fearfully and trembling, must we go along life's journey.

God could, absolutely speaking, free us from dangers; but His justice, since man disobeyed Him, mands that our salvation be more defined that our salvation be more difficult. Moreover, these dangers are here to try us, to prove our constancy, and to afford us many opportunities of gaining new graces. They serve also as perpetual reminders of our dependence upon God, and our utter helplessness when left to ourselves or when we walk heedlessly. Through the temptations of the dangerous ser-pent, our first parents fell from grace and innocence ; we must be careful lest we also meet the tempter, give him our ear, and surrender ourselves into his clutches. Better far to realize that the danger is near, and to know both the way to avoid it and the necessity of fleeing from it, than, like Eve, to listen to one whom we do not recognize as our lent tonic.

enemy. This neglect of care and watchfulness is generally noticeable in people who are not strongly religious, or who frequently neglect their religion. The one that is fervent and sincere in the spiritual life always will walk most cauti-ously. It seems to be a consequence of good, earnest endeavor in religion, that a person almost instinctively flees from the dangers to the soul, and, when encountering them, never parleys. When face to face with the enemy man has an awful conflict; if the enemy is at a distance, the battle is easier to

Address

win. Placed far from us and kept win. Flaced far from us and kept there, the enemy is more like the escaping vapor of corruption; but if we allow him to approach, he will contaminate us. We are fortunate, therefore, if we keep him at a distance; the farther the better.

Parents especially need to listen to the warnings of the Gospels, as regards their children. It was said of old that where Satan could not enter, he sent rum. He has other and more powerful envoys now, though rum is still one of his favorities. Satan has kept pace with the advance of modern times, and he has had and is having a say in many new things and ideas. His alloy Children. has been poured into the great, seething cauldron of modern pleasseething calidron of modern pleas-ures. The angel's face does not always adorn an angel's body; and the brilliancy of the lights often from /Him who is the light of all good things. Pictures are painted perhaps to please the cye, but ones dressed in white, traverse the brilliance from other sources than from /Him shore the cye, but ones dressed in white, traverse the seeting calidron of modern pleas-tevery great feast day, Pope Pius and girls of Rome on the day on which they make their first Holy for the ratio of the

at least uselessness, accordingly. Money can bring a certain amount of happiness upon earth, even to him who is not rich; it can clothe him in beauty; it will allow him to

him in beauty ; it will allow him to bask in luxury. Because he may appear prosperous, is he gaining merit? Is he who labors not for his daily bread alone but for the luxuries of life, spending his time meritoriously? Not always-seldom, if ever. The more the material, the less the spiritual. He who denies this deceives himself, for luxury and grace are incom-patible. Christians not only must watch, patible. Christians not only must watch,

that their children make their First Christians not only must watch, they must reason. They need to acquire an education in spiritual things. Parents must listen to God, and not be carried away by the custom of the day. The young people of the present are no stronger, no more fit to avoid temp-tation and sin, than were the youth of a bundred wears are una stronger. has been not inaptly described as a First Holy Communion continued of a hundred years ago. Luxury, finery, and idleness today carve the same hideous idol that they chiseled forever.-The Pilot.

in the sumptuous times of old. What are you raising—a child for earth, or a child for heaven? It BRITISH MEDICAL ASSOCIATION CONDEMNS CERTAIN FOODS

depends on how you train it. Walk cautiously, be wise. At the meeting of the British Medical Association at Bradford in July, 1924, the refining of flour and cereal foods was severely and unani-KEEP STRONG AND HEALTHY nously condemned as a danger to

It is impossible to feel active and energetic when the bowels are clogged from undigested food. When this condition exists it gives

mously condemned as a danger to civilization and as a cause of cancer, tuberculosis, goitre and other of the terrifying diseases of civilized peoples but from which savage peoples do not suffer at all. Sir W. Arbuthnot Lane of London, one of the most noted surgeons in the world, has sent a letter to the London Daily Mail con-demning these foods and advocat-ing a return to old fashioned whole grain, home cooked cereals. rise to constipation, biliousness, sick headache, a muddy skin, blotches, pimples and other liver marks; there is lack of energy and a more or less tired feeling. People suffering from these ail-

ments can get speedy relief by tak-ing one or two of Dr. Norvall's grain, home cooked cereals. Stomach and Tonic Tablets at bed-time, and if necessary, one in the Dr. Jackson's Roman Meal is a combination of whole wheat, whole

morning. These Tablets not only act as a rye, flaxin and bran, proportioned to make a balanced human food. laxative, but they are also an excel-It is taking Britain by storm, aided by the doctors' propaganda. It is surely the very best cereal food sold They are sold throughout Canada

at 25 cents per bottle, and if your and quite delicious in either dealer does not keep them in stock porridge or baked products. we will mail them to any part of Canada or Newfoundland for 25 cents a bottle or five bottles for one canada or Newfoundland for 25 growth promoting properties. Pre-

Take no substitutes and insist upon getting Dr. Norvall's Stomach constipation. At grocers. and Tonic Tablets.

A NATIONAL ASSET The Dr. Norvall Medical Co., Ltd., 168 Hunter Street,

As the greatest transportation Peterborough, Ont. ompany in the world, the Canadian Pacific Railway has maintained a national service in the Trans-Canada THE PATERNAL LOVE Limited which is second to none and on the conclusion of the summer OF THE POPE

schedule of this crack train has transferred the equipment to the When our Holy Father, Pope Pius Vancouver Express which leaves Toronto every night 10:10 p. m. on XI., was a young priest in Milan, he was distinguised by his active inter-est in the spiritual welfare of the children of that city. As Sovereign Pontiff, he has given unmistakable its trip across the continent, via Winnipeg, Calgary, Banff, Lake Louise, the spiral tunnel, Sicamous evidence on innumerable occasions of this same love and solictude for and parts of the Canadian Pacific Rockies famous throughout the the little ones of his flock. In encyclical and a'locution, in public world, on its way to Vancouver, where the travellers are unanimous utterances and in private audiences, His Holiness has shown his deep in their praise of the service of the Vancouver Hotel. The Canadian of children, so that, like his saintly predecessor Pius X, he deserves to known as the Pone of the Unit e known as the Pope of the Little

Express carry tourists and standard Every Sunday and on almost sleepers, but it also carries a com-

has been entirel

# THE CATHOLIC RECORD

#### BROTHERS' SCHOOLS WIN MOST PRIZES

Irish Catholic secondary schools have fared remarkably well in the annual examinations. Among the leaders are the schools conducted by the Christian Brothers. In Dublin most of the university scholarships awarded were won by pupils of the Christian Brothers. Of the sixteen scholarships of \$900 each offered by the city of Dublin, twelve were awarded to students taught by the Christian Brothers. In addition a number of other valuable prizes were awarded to the students in the schools of this community. In schools of this community. In Dublin alone the aggregate value of the scholarships and prizes won

HOLY YEAR

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was \$25,000. The choir of the principal Christian Brothers' school in Dublin secured 385 marks out of a possible 400. It is noteworthy that so far as primary education is concerned, the Christian Brothers in the twenty six counties of Southern Ireland do not receive any State aid All other receive any State aid. All other primary schools are maintained out of funds contributed by the tax-payers. Under the British regime the Christian Brothers refused to conform to the State system. They would have received it bencht conform to the State system. They would have received its benefits had they complied with the regulations

by removing religious emblems from the walls of their schools. On this point they would not and did not yield. In the altered conditions now prevailing, people are wondering why Christian Brothers are still denied

State aid for their primary schools.

### HUNTING MOOSE AND DEER

For many years hunters from Ontario have realized that the very best hunting grounds are located in the vicinity of the Canadian Pacific Railway. Hunting clubs, as well as small parties, appreciate the necessity of arrangements made in advance. Canadian Pacific agents are qualified to give you accurate are quarined to give you accurate information as to where deer, moose and big game can be found. They are plentiful in the French River district to Sudbury from French River; along the main line of the Canadian Pacific Railway from Sud-bury to Chepley and along in the





the cye, but Satan sees to it that they poison the soul, especially of the young.

The former watchfulness of parents over children has become almost as a view of a landscape-often distant, too. The plain attire that covered their pure forms has been transformed into the gaudy finery of the vaudeville stage. The innocent look that beamed from eyes as bright as gold has been lost at an early age and a searching gaze has been substi-tuted. Satan needs not the appearance of a serpent now ; he can dwell ance of a serpent now; he can dwell behind the richest costumes and the loveliest forms of an age regener-ated inluxury. Now he needs little cunning or cant; he can sing with a penetrating voice in notes of the most alluring sweetness. He need not lurk in the hovels of the slums ; he can dance in the highest and

most exclusive society. He need not roam, like a roaring lion, over hills and through forests and on deserted plains; he can soar as an angel to the loftiest places, and sit as a guest at the table of the elite. Truly. if earth could be his para-dise, Satan would be happy not far

from our own land. Do Catholic parents realize all these truths? If they do, are they, too, carried down stream by the rush of the modern current? Or do they consider the man a recei do they consider the man a pessi-

mist or a cynic who protests even moderately? We have no exagger-ated idea of wickedness, and we do not expect more of a man than he can do. We are fully aware of the

those near you." Here is an epitome of the spirit-ual life, a brief, concise formula for fruits you shall know them. Never before in the history of our nation were we producing as many worthual life, a brier, concise formula for the proper regulation of children's lives. If parents the world over and those who have charge of children would only engrave this message on the childish hearts entrusted to their care, what a virtuous world this would be and less youths as we are today. To escape the penitentiary does not argue merit. Besides, many be-hind these stone walls of disgrace have better souls than a thousand more who are enjoying a God-given freedom.

Man must consider his end and judge goodness and wickedness, or out the length and breath of Chris-

ed in white, traverse the streets of Rome on their way to the Vatican, there to receive the Apos. with crushed rock and relaid with 100 pound rails, insuring a maximum of comfort for travellers at tolic Benediction and a few words of paternal counsel from the great night as well as an absence of dust in daytime. Trains leave Toronto Union Station at 9.00 a.m. daily, White Father of Christendom. On a recent occasion the crowd of children who flocked to see the Holy Father was so large that the audi-ence had to be transferred to one of the cortilles. More than three thousand children made me the benefit of immediate facilities of the cortilles. More than three the benefit of immediate facilities thousand children made up this vast assembly. The sight of so many innocent faces burning with the love of the Divine Master, whom they had just received in Holy Com-munion, touched profoundly the tender heart of the Sovereign Pon-tiff and he snoke from the detter to Montreal from North Toronto, in the 9 45 p. m. train, daily except tiff, and he spoke from the deptha of that great heart words of timely Station.

Canadian Pacific agents will counsel and tender direction that will be forever remembered by his gladly make your reservations and

Will be forever remembered by his fortunate hearers. In simple language, the Holy Father told them the story, old but ever new, of Our Lord's love for little children, of the love He expected from them in return, and of the high place He has prepared for them in the Kingdom of Heaven. Then exborting them to the fre-quent reception of Holy Communion during their whole lifetime, His Holiness asked them to pray for him, as he would pray for them,

him, as he would pray for them, imparted his Apostolic Benediction and left them with this message to take home with them and cherish for the remainder of their lives :

"We hope," he said, "that your Communion will be your daily Bread, and that with continual Communions, the blessed fruits of numberless dangers that beset the child. We do not minimize the good of the world; but neither do we underestimate its evil. By their

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