### CHATS WITH YOUNG

It's making money - but holding

And staying true to your aims and

It's figuring how and learning

And looking forward and thinking high. And dreaming a little and doing much ;

It's keeping always in closest touch With what is finest in word and

It's being thorough, yet, making speed; It's daring blithely the field of

While making labor a brave romance; It's going onward despite defeat

And fighting staunchly, but keeping sweet; It's being clean and it's playing

It's laughing lightly at Dame Despair; It's looking up at the stars above, And drinking deeply of life and

It's struggling on with the will But taking loss with a cheerful

It's sharing sorrow and work and And making better this good old

earth; It's serving, striving through strain and stress,

It's doing your Noblest — that's Success! -BERTON BRALEY

THE FUNDAMENTALS OF SUCCESS

In his address to the 1922 graduating class of Boston College, His Eminence Cardinal O'Connell called to the attention of these young men about to face life's responsibilities the fundamentals from which their future careers must draw their inspiration.

The world today knows but one interpretation of the word 'success.' Ask the man of prominence in com-merce, in science, in the professions, who is a successful man. Invariably he will point to one whose assets are represented by a certain number of ciphers written after a dollar sign, whose presence is welcomed in a certain class of society, whose knowledge has won for him the distinction of being rated a scholar, or whose genius has caused his name to be rated high in the scientific world.

Who shall say that the standards of modern society as they are recogof modern society as they are recognized by the majority of so-called successful men are better than those of the old pagan world? For present-day worldly philosophy can not even boast of the principles which were embraced by numbers of these in entiquity who though of those in antiquity who though they knew not the true God, yet were constantly striving to reach a something that represented in vague fashion to them a perfection of soul that looked beyond life's Yes!

The youth of our country, just entering the lists of active life, in the words of His Eminence, "ready to spring out into life's activities, to wrest from life something of fame, of honor, of glory, of success' present a picture which the world watches with expectant

From the portals of our Catholic colleges have come forth during the past weeks thousands of young green, Acushla gal Machree. men eager and ready to take their place in the ranks of those who are makers of civilization, and who will leave their imprint on the ages to Within the academic walls of a Catholic college, as His Eminence well says, "they have received the highest and best principles of life, the principles on which the edifice of our civilization rests."

The spirit of the world offers little that is exalted or that commends itself to the sincere thinker as worthy of emulation. The craze for money has crowded out the higher and more lofty ideals in every walk of life. The overweening desired the spirit of the world offers and more lofty ideals in every walk of life. The overweening desired the spirit of the world offers and may have a work work and better the spirit of the world offers and in the world offers as well as the world offers as well as the world offers as well as the world offers and was home, anyhow," he said. The new baby was very red and were seen. Its little hands walk of life. The overweening desire of fame for fame's sake, has caused Barbara said it had wonderful eyes, men to become arrogant. There is only it didn't open them very little humility to be found.

in wretched poverty, the despised goods of an ignoble master, he showed how one who apparently was born for misery and annihila-tion, could wrest immortal happi-ness from life, and could leave a memory which is cherished through-

Marcus Aurelius, a Roman Patri-

to keep clean and untarnished His sacred truths, and to carry into execution the high principles inculcated by the faith "looks with anxious yearning on the long ranks of her young athletes as they advance into the arena, to see whether they will shrink back from the encounter, whether they will be courageous and faithful to the traditions of their exemplary heroes who in every age have written illus-

trious records into the story of her was very fat and heavy, but he

goods, whether he become distinguished or pass from life unknown and unnoticed,—if he does his best to conquer that immortal citadel—

Mother kept all of his baby clothes and picked out an embroidered

something which the innundations of time have never been able to He was just wonderi

following the patently false philoso-phies of the world, but in sincere Christian character formulated on the great principles inculcated by those who have been appointed by God to expound His sacred Truth."

### OUR BOYS AND GIRLS

### IRELAND

Have you seen her smiling valleys, graced by ever - winding streams?

Have you seen her glancing mountains flecked with sunset's glowing beams? Have

you spied her feudal castles with their treasures of the Have you viewed her verdant hill- ers?" slopes, crowned with castle tott'ring fast?

you walked beside her sea-board, glancing at her cliffs Have you coasted by her harbors in

the balmy summer time?"
Through her fairy islands, ever, have you strayed, on summer's eves you basked beneath the

shelter of her stately forest trees ' Have you heard her Shannon's murmur-kings of rivers time doth vow

Have Lee's smiling placid waters passed unnoticed until now? Has wild Gougane-Barra ever, with its wild romantic site

And its rushing laughing fountains brought you thither with delight? Have Killarney's vaunted beauties
— mountains, lakes and

streams sublime 'Scaped your notice ever, ever, down the ringing groove of you

Cannot Wicklow's heather mountains with it Glendalough of fame

And Avoca's vale of stillness with Tom Moore's immortal name Claim a place in your affections banished son of Erin's isle In Australia's lonely forests-from

your country many a mile the world-famed Giants Causeway, with its heirlooms of the past, Cashel's rock and Tara's hill

with mem'ries crowding fast, those ancient seats of learning fame has ever called ber own her sons with fond remem-

brance to their father's island home,
Sons of Erin! Patrick's children, let your treasure ever be

THE CABBAGE PATCH BABY

"We've got anew baby over to our nouse," Barbara Allen cried, dancing up and down upon her toes. "Want to come and see it?"

Bertram nodded. Of course he wanted to see a new baby—who didn't? I'll come by your house on

Epictetus proved conclusively that a poor despised Phrygian slave could live a life of the loftiest exaltation. Feeble, deformed, born as pretty as Eileen's doll, but they are much nicer because they are alive! I wish we could get a new

Suddenly he stopped and peered through the fence. This was Mr. Selby's truck patch, and Bertram had heard somewhere that you find babies in cabbage patches. He crawled under the fence, passing the long rows of beets and turnips and exercise, and at length care to Marcus Aurelius, a Roman Patrician, of unusual beauty and of noble ancestry, a great conqueror and scholar, showed to the world that it is possible to lead a holy and virtuous life in the midst of a luxurious empire, and to leave to the world the rich fruits of his meditations on higher things.

The Church, understanding the great purpose of existence, "to keep alive the fire of God's love, to keep clean and untarnished His sacred truths, and to carry into

MEN

MEN

THE RECIPE

It's doing your job the best you can And being just to your fellowman; but helding the property of the sake of truth alone. What managed to get it home. Mother, who had gone shopping, had left his lunch on the table in the kitchen, but Bertram quite formatter it if whether a man be successful in the eyes of his fellows, was very lat and heavy, but he managed to get it home. Mother, who had gone shopping, had left his lunch on the table in the kitchen, but Bertram quite formatter it if whether a man be successful in the eyes of his fellows, mather a poor to eat. The baby waked up and coesd at him as he lifted it upon his mother's hed and Bertram heavy, but he managed to get it home.

Mother, who had gone shopping, had left his lunch on the table in the kitchen, but Bertram quite formation was a successful in the eyes of his fellows, managed to get it home.

Mother, who had gone shopping, had left his lunch on the table in the kitchen, but Bertram quite formation was a successful in the eyes of his fellows, managed to get it home.

Mother, who had gone shopping, had left his lunch on the table in the kitchen, but Bertram quite formation was a successful in the eyes of his fellows, mather it if whether a man be successful in the eyes of his fellows, mather it if whether a man be successful in the eyes of his fellows, mather it is whether he account the property of the managed to get it home. whether he accumulate a fortune mother's bed and Bertram brought or die dispossessed of all earthly soap and warm water and washed

himself?

Noble examples are extant in every age which shall serve as shining lights before the way of our the baby back on the bed it looked Catholic youth. Those who have gone before have left behind them was when it drank the milk from

He was just wondering what they of time have never been able to efface. The secret of their record was simply thnt they worked for Eternity rather than for Time.

His Eminence sounded the keynote of the encounter when he said, "True success is not achieved by following the petently false philosometry while she was yeshing clother and while she was west as well as while she was washing clothes and she didn't miss it for a long while. And now she can't find it."

Bertram had a curious "all-gone"

feeling way down in the bottom of his stomach—a horrid feeling much worse than a stomach-ache. "W-w-what kind of a looking baby ?" he asked.

"I haven't seen it yet, because she just moved in," Eileen said.
"But she says it is a very pretty baby, all pink and white, with brown curls."

Bertram went back into the house. The baby—his baby—had brown curls, and, now that she was clean, was pink and white. But hadn't he found her in the cabbage patch? What was that about "finder's keepers, looser's weep-

Bertram pulled down the shade, so no one would see in and tried to play with the baby, but he didn't feel just right. When Tommy had found the ball that he lost he had brought it back—and Tommy had wented a ball like that are fall.

Today the country has shifted its wanted a ball like that awfully. Bertram's mother said that always be trusted.

see if it was the one that was lost?

Very sadly Bertram lifted the baby from the bed and put it in his in a forceful passage that no man consciousness of vice and misery.' little wagon. He hauled it to the door of the little white cottage and penalty of trying to serve Mammon ran up the steps to knock.
"Did you find your baby yet?" he

there was a cooing sound from the wagon and the woman who opened the door ran down and bent over it. "It's my baby!" she cried joyous-

her all about finding the baby in the cabbage patch and how much he wanted to keep her. "I'll tell you what we'll do," the baby's mother said. "You shall have a third interest in her and come every day and help us to bring her up. I think it will he good for her to know a nice.

The crime wave, to use a mixed metaphor, has deep roots. We shall will he good for her to know a nice.

help take care of her.' be very nice, after all; a third interest in a baby would be better than no baby at all. And Mother would be very glad he had been honest.—Faye N. Merriman in A. Rosary Magazine.

### THE CRIME WAVE

Sociologists and penologists are staying awake nights speculating upon the causes of the crime wave. So far they have given us an imposing array of reasons for the imposing array of reasons for the present increase in the number of offences against the law. The automobile is blamed for encouraging crime since it affords the robber a ready means of escape. The automobile does not create crime, it

facilitates the commission of crime The movies are held responsible for many crimes. No matter how virtue is lauded and vice condemned on the screen, the visible and vivid portrayal of crimes even for the purpose of inculcating moral lessons suggests to impressionable minds, ways and means of perpetrating lawless acts. The imitative faculty in children for instance is often provoked by so-called comics, so that it is no uncommon sight to see boys and girls on the streets aping the antics and absurdities of their

the antics and abstractics of their favorite-screen stars.

The loosening of restraints on womankind according to one penologist is responsible for many of the crimes in which women are con-cerned. This of course is the penalty the world must pay for the new freedom. Thousands of women make ill use of the changed conditions as the increase in commitments too plainly shows. That most of these offences are committed by those scarcely out of their teens does not speak well for the moral restraint exercised by parents upon the growing generation of emanci pated women.

There is something wrong with a civilization that furnishes such incentives to crime. The sociologists and penologists have published a



## **Bounteous Nature**

Has supplied tea for the pleasure and refreshment of mankind. When pure and fresh, it is a most delicious and beneficial drink. It gently stimulates in winter, or cools and refreshes in the heat of summer. Tea is always so refreshing. JUST TRY "ICED"

erate are not causes but rather occasions of crime. The real cause stamped with the character of a "finder's keepers, looser's weepers?" And perhaps it wasn't the same baby at all!

dominion of God, to obey His law, to be moved by the fear of His punishments and the hope of His

Today the country has shifted its foundations, and has indulged in the original attraction towards unity in Rome, and hence the great unity in Rome, and hence the great unity is once the risky experiment of trying to was an honest boy and always be trusted. What she say about him if he found and didn't take it back to would she say about him if he found a baby and didn't take it back to see if it was the one that was lost?

oor of the little white cottage and an up the steps to knock.

"Did you find your baby yet?" he sked.

Before he could hear her answer here was a cooing sound from the existence of God and of the moral law the score was about my find the score was about the score was about my find the score was a score was about my find the score was a score was about my find the score was a score was about my find the score was about on and the woman who opened door ran down and bent over it. my baby!" she cried joyous"Come on in until I thank over-indulgence in pleasures and ou."

Bertram followed her in, and in things of the world to the exclubefore he knew it he was telling sion of the things of the spirit her all about finding the baby in the are the causes, more than auto-

will be good for her to know a nice, strong honest little boy who will never cope with it intelligently until elp take care of her."

Bertram brightened. That would from our national garden. — The

### A BEAUTIFUL TRIBUTE

A Catholic could hardly pay a kinder, sweeter tribute to Catholi-cism than Matthew Arnold did, when

largest, the most popular. It has been the great popular religion of Christendom. Who has seen the poor in other churches as they are

Such causes as penologists enum- her, too, their art and poetry and Her hierarchy, originality is lack of religion which implies failure to acknowledge the supreme dominion of God, to obey His law, to be moved by the fear of His punishments and the hope of His rewards. The founders of our Government firmly believed in religion and morality as the twin foundations of a peaceful law abiding nation.

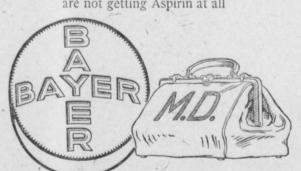
beneficient and orderly authority springing up amidst anarchy, appeared as offering a career where birth was disregarded and merit regarded, and the things of the mind of the iron feudal age which worshipped solely birth and force. If there is a thing especially alien to religion it is divisions; if there is a thing especially native to religion. lack of religion which implies beneficient and orderly authority ess of a divine cure for

### NOTHING BY CHANCE

Sometimes we forget that God has a concern for even the smaller Nothing is truer than that we are continually in the midst of Divine Providence and that God is always ving-in the smallest affairs of each life. Life is full of God. He is always coming to us. On our lightest days He faces us continualwith new tasks for our hands. ly with new tasks for our hands. We meet people as strangers, per-haps riding with them for a few miles on the railroad train, or down town on the trolley car, and the opportunity is given to say a word whose influence may change a life, to show the Face of Christ to one who knew Him not, to reveal a thought of comfort which will make a sorrowing heart stronger to go on with its load of grief. chance meetings are providential opportunities arranged by God Himself for helping His children, but how often we fail to use them for God'. God's purposes! Perhaps the person you are sitting with and talking to needs the words you have ready on your lips to speak. he wrote:

"Catholicism is that form of which you do not get time to utter because there are so words which insist on being spoken. Coventry Patmore in one of his poems recalls this duty :

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Earache

Headache Toothache Neuralgia Lumbago Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets-Also bottles of 24 and 100-Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

### Capital Trust Corporation Authorized Capital \$2,000,000.00

Board of Directors

J. F. BROWN

President: HON. M. J. O'BRIEN Renfrew E. P. GOUGH

A. E. PROVOST Ottawa J. J. SEITZ J. J. McFADDEN

M. W. TOBIN, M. FI GORDON GRANT, C. E. Ottawa
HUGH DOHENE
Montres JOSEPH GOSSELIM, 39. T. P. PHELAN

F. J. B. RUSSILL COL. L. T. MARTIN

THOMAS COSTELLO OUR CHIEF WORK IS EXECUTOR OF WILLS 10 Metcalfe St., Ottawa, or to Temple Building, Toronto

P. V. BYRNES

W. H. McAULIFFE

COL. D. R. STREET

God is in every experience of life.

If sickness come, we must needs pass through it. It is not accidental; it is not to be an empty experience. There will be duties, there ence. There will be duties, there will be lessons to learn, there will and the must needs will make it the and the must needs will make it the will be lessons to learn, there will be blessings to receive. If sorrow comes, we "must needs" pass through it. It will not be an easy way, but the "must needs" will make it the divinely chosen way for us—a way shining with love and joy.—The Missionary.



# Sanctuary Oil

(Eight Day Oil)

"PERPETUO" Brand Used in all Churches in Rome

Sold in 5 gallon containers and bulk in barrels. Prices quoted on application. We can also quote favorably on specialty food products such as Macaroni, Olive Oil, etc. Send for our complete price list.

P. PASTENE & CO., Limited

Importers, Macaroni Mfrs., Wholesale Grocers 340 St. Antoine St. Montreal, Que.



Whether it is a cut hand or a gashed knee - a torn arm, burnt finger, sprained ankle, bruise or open wound—apply "ABSORBINE

JR." full strength. It may smart for an instant-but it will cleanse the

wound, destroy germs, prevent infection, ease the pain and promote rapid and healthy healing. For toothache, saturate cotton with "ABSORBINE JR." and place in the cavity in the tooth. Then rub the face with this reliable liniment—it stops the pain.

If the children get sore throat or tonsilitis, make a gargle with "ABSORBINE JR." You see how useful, how handy, how necessary it is to keep a bottle of "ABSORBINE JR." always in the house—it saves so

\$1.25 a bottle-at most druggists' or sent postpaid by

W. F. YOUNG Inc., Lyman Building, . .

