an hour or two's work, all the more human portion of the author is extinct; he will bully, backbite, and speak daggers. Music, I hear, is not much better. But painting, on the contrary, is often highly sedative; because so much of the labour, after your picture is once begun, is almost entirely manual, and of that skilled sort of manual labour which offers a continual series of successes, and so tickles a man, through his vanity, into good humour. Alas! in letters there is nothing of this sort. You may write as beautiful a hand as you will, you have always something else to think of, and cannot pause to notice your loops and flourishes; they are beside the mark, and the first law stationer could put you to the blush. Rousseau, indeed, made some account of penmanship, even made it a source of livelihood, when he copied out the Héloise for dilettante ladies; and therein showed that strange eccentric prudence which guided him among so many thousand follies and insanities. It would be well for all of the genus irritabile thus to add something of skilled labour to intangible brain-work. To find the right word is so doubtful a success and lies so near to failure, that there is no satisfaction in a year of it; but we all know when we have formed a letter perfectly; and a stupid artist, right or wrong, is almost equally certain he has found a right tone or a right colour, or made a dexterous stroke with his brush. And, again, painters may work out of doors; and the fresh air, the deliberate seasons, and the "tranquillising influence" of the green earth, counterbalance the fever of thought, and keep them cool, placable, and prosaic.

A ship captain is a good man to marry if it is a marriage of love, for absences are a good influence in love and keep it bright and delicate; but he is just the