

# The answer to a tired hiker's dream

By BRYAN CAMPBELL

The Canadian Youth Hostels is an outdoor co-operative.

This is the only phrase you can use to describe an organization whose interests include: skiing, ski touring and mountaineering, hiking, climbing, snowshoeing, canoeing and just plain camping.

The CYH is affiliated with the youth hostel movement around the world and membership in the local branch entitles you to use their facilities anywhere.

In Alberta the CYH maintains 14 hostels in the mountain region as well as accommodation at Elk Island park.

There is a branch of the CYH on campus which specializes in skiing, ski mountaineering, ski touring, and snowshoeing during the school year and the rest of the spectrum of activities during the summer months.

The hostels are co-operative in the sense that all expenses are taken from a common pool.

Costs are low and sport is high. Most of the members in the organization are average skiers or non-skiers, as the case may be, who enjoy the good company and low costs of a hostel outing.

But hostellers are not an average breed. For them skiing is not just a matter of the hard packed, tow equipped hills cluttered with the maddening throng. The hard packed hill is where you learn the basics to use in getting to the out of the way beautiful spots the average skier never sees.

For them ski touring is the thing. The deep powder of the Tonquin Valley brings a glaze to their eyes.

It may take eight hours of hard hiking to get in and eight hours of hard hiking to get out the next day but as one tourer puts it: "if metre-cal won't do the trick, ski touring will." Then there is the Skoki, five miles north of the Temple Mtn. chalet . . . and the list goes on.

Then there is ski mountaineering—places like Marmot Mt. and Parker ridge are the locations for this variation on the grand old sport. All you need for this is a pair of skis plus a pair of skins, which allow you to climb without removing your skis, and a lot of stamina.

In the summer the program changes to climbing, hiking and canoeing.

The big project of the year is the climbing school held in Jasper under the direction of Hans Schwartz, a resident guide.

The school runs for a week in June and introduces the novice to the techniques and skills of climbing. Climbing is all in how you do it and after the basics are mastered the trainees apply their new found skills to the neighboring peaks.

Last year the school climbed Mount Assiniboine which is 11,452 feet.

The cost of the school is \$4.50 a day which includes the guide's fees and room and board.



—O'Brien photo

**MOUNTAINEERING LESSON 3986: RAPPELING**  
 . . . Youth hosteler, Gary Peterson, demonstrates

The North West Mountaineering Club, a branch of the CYH on campus, handles climbing.

What the hosteler looks for is a place where he can sit and enjoy the view without having to stare around a fat tourist with his camera, plus his wife, a few kids and the family dog.

If you are interested in the CYH way of life the meetings are the first and third Tuesday of each month in V111 at 5:30 p.m.

For more information about hostels and hosteling you can contact Bruce MacLock the campus president at 455-6960.

### CURLING TRYOUTS

Women's intervarsity curling tryouts will be held at the Balmoral Curling Club Nov. 2, 3 and 4, starting at 5:00 p.m.

**DR. P. J. GAUDET**  
**DR. J. W. RUSSELL**

OPTOMETRISTS

Office Phones 433-5063, 433-0647

201 Strathcona Medical Dental Bldg.  
 8225-105th Street Edmonton, Alta.

# Improved bears could win football championship

If the Bears beat the Dinosaurs and the Huskies, and if the Bisons beat the Huskies then there is a chance that the Bears could be the team to represent the west in the Vanier cup.

And if the Bears play the way they played last Saturday, they could be on their way.

They have been getting better each game, and have developed into one of the best Canadian varsity teams.

"The defensive line was superlative," said coach Gino Fracas. "However, we can use more practice offensively."

The defensive line, of Ed Molstad, Cam McAlpine, Fred James, and Bob Bennett did a fantastic job. Perhaps a look at this line would be in order.

This is the first year on the team for Ed Molstad. The big end, 210 pounds and six foot five, came from Scona Comp this year.

The other men of the line have all had experience with the Bears. Bennett, at tackle, is the tiniest of the group, throwing around an even 1/10th ton. He, like McAlpine, started football with the Ross Shep Thunderbirds. McAlpine also plays tackle.

James, another tackle, is a Vic grad and the biggest of the group, seems able to stop an entire opposing line.

End Val Schneider had a field day on Saturday. About the only wrong thing that happened to him was a poorly thrown snap, on which the Bison got their only points.

The Bears really worked over the

Bisons, both in this last game and in the one before. Several key Bisons, like Feasby, Barone, and Akman, who was an All-Canadian last year, particularly felt the effect of hardrock Bear tackles and blocks.

Let's hope they don't feel the effects too much this weekend, when they meet the U of S Huskies.

"The Bisons are going to have their work cut out for them this weekend," said Fracas.

If the Huskies beat the Bisons, then the sleigh-dogs will have copped the western league pennant, something they have never accomplished before. If the Bears win their next two games, and the last one is against the Huskies, and the Bisons win their next two, there will be a three way split for first place.

In this event, there will be no playoff, but a selection committee of faculty members from the competing universities will choose the team to play in the Vanier cup. Dr. Van Vliet, of the phys ed faculty, is Alberta's committee member.

The Vanier Cup game is to be an annual event, somewhat like the Grey Cup, features the two top teams from the three Canadian varsity leagues.

This weekend there will be a bus to the game against the Dinosaurs in that city of sin, Calgary. The entire trip costs 1,125 cents, and includes transportation, accommodation, game pass and a dance. The bus will leave about 8:00 a.m. Saturday morning, and come back about 6:00 p.m. Sunday.

## GRADUATE INTERVIEWS

# ONTARIO HYDRO

will interview on **November 1-2**

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