

body when working or taking exercise. In signing this paper no one of us becomes responsible for the suggestions of any one else, nor do we promise to wear or to endorse any particular style of dress. We simply give our influence to start a strong and healthy movement in favor of freedom and common sense in dress, leaving ourselves free to work for it as seems best to each one." Among the early signers are such names as Frances Willard, Isabel Somerset, Grace Greenwood, Alice Freeman Palmer, etc.

In January, 1894, there was sent to every Union in the Province one of Dr. Kellogg's pamphlets, the leaflets on "Woman's Dress" and the paper for signatures, together with a circular letter outlining methods of work and asking for the return of the paper with signatures gained and a report of the work done.

The responses, if not so numerous as could be desired, have still shown that considerable interest has been aroused. Fifteen Unions returned their papers with a total of one hundred and sixty-four signatures, London heading the list with fifty names.

There have been several very good reports from County Superintendents.

*Grey*—Although a Superintendent in this department was appointed for the first time this year seems to have been especially active. Owen Sound reports the appointment by council of a sanitary inspector, who duly enforced the amended Factory Act; a lecture on "Dress Reform"; twenty of Dr. Kellogg's pamphlets sold, and a number of leaflets on "Hygienic Dress, and Local Purity" distributed.

There have been, too, some interesting reports from individual Unions in unorganized counties.

London reports a meeting especially devoted to the discussion of Dress Reform, when a number of leaflets on the question were distributed and sixty of Dr. Kellogg's pamphlets sold. Also a "Mothers' Meeting," at which papers relating to the child's physical, mental and moral training were read and discussed, besides more informal work.

Rockaway Union, St. Catharines, in six months' work reports the distribution of a considerable number of leaflets on "Alcoholic Heredity, Social Purity and Woman's Dress."

St. Marys and Chatham report the appointment of Superintendents in the department of Social Purity.

There have also been a number of inquiries in regard to literature, methods of work, etc., and some expressions of regret at inability to do anything in this department this year and of hope for the accomplishment of some work later.

During the year I gave two illustrated lectures on "Dress Reform," one in Toronto and one in Owen Sound, which were very satisfactory both in attendance and interest. At the close of these lectures and on other occasions a total of one hundred and eight of Dr. Kellogg's pamphlets were sold. As one result of the lecture given in Toronto, I was invited by the editor of the *Ladies' Journal*, Toronto, to write a series of articles on "Dress Reform" for that magazine, and which were made more effective by appropriate illustrations. The articles on "Dress Reform" promised for the *Woman's Journal* will be ready for the November and December numbers.