

FOR WOMEN

Reflections of a Bachelor Girl

By HELEN ROWLAND

Even a Fool Knows Enough to Laugh at a Man's Joke; but Only a Born Siren Knows Enough to Hang Onto His Coat-Lapel and Beg Him to "Tell It Again!"

EVERY GIRL'S letter to Santa Claus: Oh, good Santa! Send me a sable coat, a platinum wristwatch, a bunch of mistletoe, and a man who knows how to kiss me against my will!

What comforteth it a man to have a psycho-analyst reveal his suppressed desires, when he knows perfectly well that the prohibition laws are going to make him keep right on suppressing them?

Grandfather selected a wife for her virtue and her domestic accomplishments; Father chose a mate for her beauty and culture; Sonny is looking for a "side-kick" with plenty of "pep" and a good cellar.

World peace may be in sight, but most husbands continue to wake up mornings with the good old "fighting spirit of '76."

When a man marries, he feels as though he were writing "Fins" at the end of the Book of Romance; and he can't help feeling just a little sad, as a girl feels at closing a love story, after the last chapter.

A man never can understand why a girl wants to "dramatize" everything from a telephone call to a kiss; and he will dodge a woman who deluges him with emotions as he would a waiter who spilled a plate of hot soup over him.

Even a fool knows enough to laugh at a man's joke; but only a born siren knows enough to hang onto his coat-lapel and beg him to "tell it again!"

The success of a flirtation, as of other life comedies, depends so much upon the effectiveness with which you make your exit.

If the best of husbands is a golden fetter and the best of wives is a silver hobble, no wonder the worst seem like an iron ball-and-chain.

When marriage is just a matter of chance, divorce is just a matter of time.

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A Good Woman

At A Good Work

Mrs. Emmeline Pankhurst, erstwhile leader of the suffrage army in England, has been lending her services recently to the Society for Combating Venereal Disease in Canada and has been untiring in her efforts to aid this great cause. It is typical of this devoted woman, that having gained the end sought for her sex in Britain she should now embark on a cause almost as unpopular, quite as difficult to accomplish, and one demanding of its apostles, the maximum of hard work. Mrs. Pankhurst has, however, never shirked the ultimate price of her beliefs. She will do her best to carry the present mission to a successful conclusion. Her help will go a long way in this direction.

Meanwhile Canada and the city of Victoria are to be congratulated on having acquired Mrs. Pankhurst as a citizen. She has announced her intention of becoming a naturalized Canadian and has taken up her residence in this lovely coast town, to which she has brought three small adopted children, the orphans of dead soldiers, to bring up as Canadians. She sees in Canada one of the hopes of the Empire. We are in the making, socially, politically, humanly. If, with her, we could but get the vision splendor of a healthy race in a Promised land, there is no reason, as she points out, why Canada should not be the home of the greatest race in the world.

Mrs. Pankhurst is right. But unless a lot more of us are prepared to do as hard thinking, as laborious work, and to pay as cheerfully the ultimate price for our well founded beliefs, that curse of the world, venereal disease will not disappear. Emmeline Pankhurst and the noble army of men and women who constitute the Society for which she is acting, need the co-operation of every woman in Canada. It is our duty to assist this which is preeminently the cause of the child, with all our hearts, our strength and our resources. Let it not be said that we had to import this noble woman to assist this noble cause, and then, that having given her the task, we failed to aid her to the extent of our ability.

THE DAILY RECIPE BY DELMONICO'S CHEF

Chicken Santa, Country Gentlemen Style.

Take one nice three pound chicken and cut it for a tricassee. Season with salt, pepper and paprika. Roll it in flour and fry in butter until it is a nice golden color. Add one pound of sliced fresh mushrooms and allow to cook for a few minutes. Moisture with a half-pint of cream and boil for about six minutes. Put the whole on a casserole and serve as it stands.

Serve separately some green corn stewed in butter.

USE SLOAN'S TO WARD OFF PAIN

LITTLE aches grow into big pains unless ward off by an application of Sloan's. Rheumatism, neuralgia, stiff joints, lame back won't fight long against Sloan's Liniment.

For more than forty years Sloan's Liniment has helped thousands, the world over. You won't be an exception. It certainly does produce results. It penetrates without rubbing. Keep this old family friend always handy for instant use. Ask your neighbor.

At all drug stores—35c, 70c, \$1.40. Made in Canada.

Sloan's Liniment (Patented)

Daily Fashion Hint

IN DUVET DE LAINE

A VERY MATTER-OF-FACT frock that takes into itself the best of style is this one in dark blue duvet de laine.

The round collar and inserted pockets are outlined with little rolls of black satin, the sleeves reserving unto themselves trimming-hands of self-material. Now-days every other straight-line dress has a belt of fancy beads or embroidery. This one introduces a note of green into the color scheme. Medium size requires 2½ yards 54-inch material.

YOU MAY HAVE KIDNEY TROUBLE AND NOT KNOW IT

If your back aches and you suffer from dragging pains, it is an evidence your kidneys may not be acting just right. What you need is a course with Dr. Hamilton's Pills. They contain both Mandrake and Butterbur and act very beneficially upon the liver and kidneys. "I was bothered a great deal with my kidneys, but got quick relief from Dr. Hamilton's Pills. My trouble manifested itself by pain in the back and by constant headache. I quickly recovered after using a few boxes of Dr. Hamilton's Pills. They brought me health, strength and vigor. Sold every-where, 25c, or The Cataractine Co., Montreal."

CHILDREN DEAD.

Mrs. John McMahon of Hospital street has received a telegram announcing the death of Bertha McMahon, her granddaughter, child of Mr. and Mrs. Harry McMahon of Boston. The little one died on Saturday at the age of six years. She leaves her father and mother and four brothers. Mr. and Mrs. John McMahon and William Crosby of this city are grandparents. Many here will be sorry to learn of her death. Friends of Mr. and Mrs. Francis Arsenault, 140 British street, will sympathize with them in the loss of their infant child, William McMahon, who died yesterday morning at an early hour.

WAS TROUBLED WITH HER LIVER FOR OVER 4 MONTHS

When the liver becomes ailed, sluggish and torpid it is not working properly and does not supply sufficient bile to thoroughly act on the bowels and carry off the waste products of the system, hence the bowels become clogged up, the bile gets into the blood, constipation sets in and liver troubles follow among which are, sick or bilious headaches, heartburn, water-brash, jaundice, floating specks before the eyes, pain under the right shoulder, coated tongue, bad breath, yellow eyes, etc.

MILBURN'S LAXA-LIVER PILLS

quickly remove the secretions, clear away the aches and waste matter by acting directly on the liver, and making the bile pass through the bowels instead of allowing it to get into the blood.

Price, 25c a vial at all dealers, or mailed direct on receipt of price, by The T. Milburn Co., Limited, Toronto, Ont.

It Used To Be Her Jam.

"How do you like my mother's cigarettes, Jimmie?"

"Not so bad, Eddie, not so bad!"

Gas Buggies—Did You Ever Try To Dope It Out This Way.

OH WHY DON'T YOU GO FASTER—EVERYBODY ELSE IS—LOOK AT THEM PASS US—

WE'RE GOING RIGHT UP TO THE LIMIT NOW—YOU DON'T WANT ME TO GET PINCHED—DO YOU—

THOSE OTHER CARS KEEP PASSING US AND THEY DON'T GET ARRESTED—WHY CAN'T WE GO THAT FAST—

THAT'S TRUE—I GUESS WE CAN GO AS FAST AS THE REST DO—

THAT'S A LOT BETTER—NOW

I GUESS THE COPS DON'T CARE IF YOU GO A LITTLE OVER THE LIMIT—JUST SO LONG AS IT'S NOT TOO MUCH—

HEY!! &!!—PULL UP THERE—WHO DYU THINK YOU ARE I—?—YOU'RE GOING SIX MILES OVER THE LIMIT

Christmas Candies Attractive Gifts

Dainty Box of Home-made is Most Acceptable—Some Suggestions to Amateur Maker.

(Women's Century.)

There are few more attractive and acceptable gifts for Christmas than the dainty box of home-made candies, which have a flavor so distinct from the average store product and whose delicious taste surges to the palate that some friend has taken to give us pleasure more than the costly gift purchased in the rush of Christmas shopping.

For these Christmas boxes too much care cannot be taken to have the candies dainty in appearance and carefully arranged. Do not choose candies that soon become sticky and that melt easily.

In using coloring great care should be taken not to over-color, as the more delicate tints are more appealing. A few dainty accessories from the confectioners such as tray crinkled paper cups for single candies, a few pieces of the best crystallized ginger and some candied pineapple, angelica and cherries will be effective for garnishing and flavoring. A little gold or silver foil may be used for wrapping an occasional candy.

In shaping the fondant or cream candies do not make them so large as to appear clumsy; try to model them as closely as possible after store products.

The flavors should be varied and as delicate as possible. Two combined flavors often give rather a mysterious but delightful flavor quite unlike either. Where the pulled molasses or sugar candies (ex. peanut brittle) are prepared, they should be wrapped in paraffin paper and are more acceptable when packed by themselves than when mixed with softer candies.

No better training of habits of observation, accuracy and of judgment can be had than that which is necessary in bolting sugar to the various degrees required in making simple, wholesome home-made candies. All the making of candies is classed as one of the "trills of cookery."

A few practical suggestions may be useful to the amateur candy maker who may find the simple recipes given below very easy to make if the directions are carefully followed.

There are many stages to which the syrup is brought while boiling. The sugar passes so quickly from one stage to another that nothing but the strictest attention to the business in hand will insure success. In these recipes only two stages will be covered, namely, the soft ball and the hard ball.

The Soft Ball.—A drop or two of syrup in cold water will, when taken between the finger and thumb, form a soft ball that can be easily rolled.

The Hard Ball.—By boiling the syrup a longer time we bring it to the hard ball stage. If a tin cup is used for the water the water should be taken for the test should stick when striking the bottom of the cup and should be very brittle between the finger and thumb. Friends should be taken not to use too much syrup in testing because it is wasteful.

To Color Candies.—A small bottle of vegetable coloring can be bought for twenty-five cents. Green and pink are the two most commonly used. To obtain a brown shade, cocoa or cinnamon may be mixed through the candy. This coloring applies especially to fondant.

Divinity Fudge.

2 cups white sugar.
1½ cup water.
1½ cup corn syrup.

1. Boil sugar, water, and corn syrup until when tested in cold water a hard ball is formed.

2. Beat whites of two eggs stiff.

3. Pour syrup slowly over egg whites beating constantly until mixture thickens.

4. Add 1 cup of chopped almonds or walnuts. Shape into balls, using two teaspoons.

5. Nuts may be omitted and 1 teaspoon of vanilla added.

6. Mixture may also be colored green or pink.

7. If nuts are omitted, half a shelled walnut or shelled almond may be placed on top of each piece.

8. Chopped dates may be used instead of nuts.

Fudge—I.

1 cup granulated sugar.

1 cup brown sugar.

1 tablespoon butter.

2 ounces chocolate or 4 tablespoons of cocoa.

3-4 cup of milk.

1. Boil ingredients until when tested in cold water a soft ball is formed.

2. Remove from fire, add one teaspoon vanilla.

3. Boil until creamy.

4. Add 1 cup chopped walnuts.

5. Pour into a flat buttered dish, let stand until cold then cut in squares.

Fudge—II.

1½ cups white sugar.

1-3 cup milk.

A Woman's Rheumatic Lameness

Relieved by Hood's Sarsaparilla.

"I have taken Hood's Sarsaparilla and it has done me so much good in relieving my lameness I am very thankful to you for it. I can walk well now and go almost everywhere. Before taking this medicine I was confined to the house for a year and a half. It strengthened my limbs."

I advise my friends that are lame from rheumatism to take it.

My husband and son have also taken Hood's Sarsaparilla, and it has given all of us a good appetite. Mrs. Mary A. Wall, 21 Florence Street, Rockland, Me.

If you need a laxative or cathartic take Hood's Pills.

1 oz. chocolate.

1 tablespoon butter.

2. Cook slowly to soft ball stage.

3. Cut open, remove stones and re-line with chopped nuts.

4. Close dates and roll in confectioner's sugar.

Stuffed Dates.

1. Wash dates by placing in a strainer and allowing cold water to run through.

2. Drain on a clean tea towel.

3. Cut open, remove stones and re-line with chopped nuts.

4. Close dates and roll in confectioner's sugar.

Stuffed Raisins.

1. Use large sized raisins, remove seeds, fill with chopped almonds or chopped candied cherries.

2. Close each raisin, and wrap in anchovy or granulated sugar.

Stuffed Figs.

1. Cut choice pressed figs in halves through the blossom end.

2. Sprinkle the inside of each half with finely chopped walnuts or pecan nuts.

3. Roll up tightly, then roll again in powdered or finely granulated sugar.

London Birthplace of The Fashions

The French and English Capitals Are Waging War Over All-Black Models.

London, Dec. 19.—There has of late been much talk of French fashion.

Paris has been acclaimed afresh as the birthplace of all that is best and loveliest in the world of dress. But it is claimed in the Daily Mirror of recent date emphatically that Paris is no longer the centre from which all fashion flows.

London is her serious rival.

More than that, London, so far as clothes for Englishwomen and those specially designed for the strenuous athletic girl of the period are concerned, can challenge and defeat Paris at her own game.

Paris is no longer the sole arbiter of women's dress destiny!

It is true that now and again a "crash" (one can scarcely describe it as a serious fashion) starting in Paris is assiduously followed on this side of the Channel.

As an illustration there is the statement, widely circulated, that Paris is wearing nothing but black. Promptly one reads of a congregation at a wedding being almost to a woman, dressed in black, of a bride being married in black!

Could anything be more horrible, depressing, mournful?

Deplores All Black.

Imagine for a moment the effect of an "all-black" Ascot, or State ball, or even a theatre audience. The mere thought of such a possibility breeds gloom.

There is no climate in which a mass of black looks well. In the rather dreary variety of weather that usually falls to our lot, black, generally adopted, would tend to stimulate morbid and unhealthy fancies. We require cheering not depressing, and Nature herself is the best illustra-

WHAT CAUSES HEADACHES?

"Fruit-3-lives" Prevents Auto-intoxication

Auto-intoxication means self-poisoning. Many people suffer from partial obstruction or insufficient action of the bowels. Waste matter which should pass out of the body every day, remains and poisons the blood.

As a result, there is Headache, Indigestion, disturbed Stomach, Pain in the Back, Rheumatism and Eczema and other skin diseases.

"Fruit-3-lives" will always relieve Auto-intoxication as these tablets, made from fruit juices, act gently on the bowels, kidneys and skin and keep the blood pure and rich.

50c. a box, 4 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-3-lives Limited, Ottawa.

tion of this theory. She is a color enthusiast through and through. Can you think of any growing plant that is black? The old masters, too, had a right estimate of the virtues of color and invariably used it in clothing their subjects.

Black for occasional wear is all very well; for an emergency or a "general-purpose" kind of gown it has much to recommend it. As a background no one understood its value better than the Chinese. But as for a "black season"—the idea is not to be tolerated.

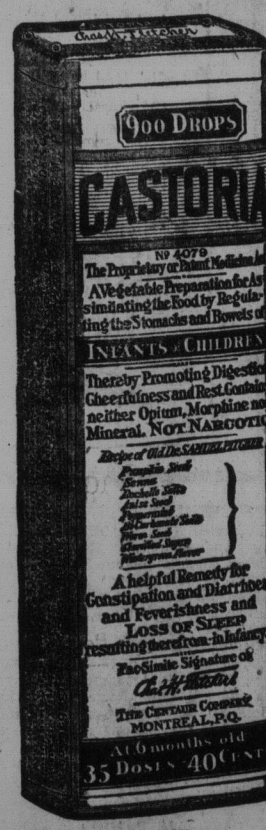
In winter quarters it is a different Grey Lag that appeals to the horse lover. He is no longer the lean and bony of the distance runner type of thoroughbred. His well-rounded girth betokens a life of ease at Rancho farm, from which so many champions have been sent to conquer the world, and it is only natural that London modes should suit them best. The Englishwoman wants a tidy, trim silhouette. Her figure is entirely different from that of a Frenchwoman who rejoices in an indefinite "line."

Castoria, or Something Else?

FLETCHER'S CASTORIA is particularly a preparation for Infants and Children made agreeable to the taste, acceptable to the stomach and pleasant in its action. It has been in use for over thirty years and has always been one of the most highly esteemed of all cathartic preparations.

It has one great advantage over other preparations of its kind in that while it opens the organs readily and completely, it does not have a tendency to produce subsequent constipation so much to be dreaded.

Fletcher's Castoria having been prepared solely for our little-ones, should not be confused with ordinary cure-alls or preparations primarily compounded for grown-ups. The child's organism, so delicate and tender, requires specially prepared medicines and foods, the one no less than the other, as mother-love well knows, and mother-love can not be deceived.



Children Cry For Fletcher's CASTORIA

What is the Matter with Baby?

It cries fretfully, is restless and does not sleep well, its bowels do not move or it has diarrhoea, it does not eat or it has flatulence and vomits easily. You know baby is sick. You want to help baby get well safely and quickly.

If you are wise you will use Fletcher's Castoria, the wonderful remedy for babies' ills, that was discovered by a family doctor and that has been used for over thirty years.

When you have learned the value of Fletcher's Castoria you will never be without it, you will tell other mothers what a useful remedy it is. You will be able to keep baby well and happy by using it to keep its stomach sweet and its digestive organs acting naturally. You will call Fletcher's Castoria the Children's Comfort and the Mothers' Friend.

Don't say tomorrow - try it today. And above all things don't try to relieve baby with a remedy that you would use for yourself. MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

By Beck.

Gas Buggies—Did You Ever Try To Dope It Out This Way.



GREY LAG SHOULD GO WELL

Winner of \$61,346 at Three Troubled With Injured Leg Return for Brilliant Career

By C. J. FITZGERALD.

NEW YORK, Dec. 19.—Those who call Grey Lag when he was at the top of his form the past season have recollection of a colt of the greyhound type, deep in the bristled, thin in the tank, and with the long, plant muscles of the stayer. He reminded old-time type, deep in the bristled, thin in the tank, and with the long, plant muscles of the stayer. He reminded old-time type, deep in the bristled, thin in the tank, and with the long, plant muscles of the stayer.

of the type of horse that did things over a distance of ground a generation ago, and, while he was beaten in four of his 13 races, there was an excuse each time for him, and he was unquestionably the best three-year-old of the year, winning nine races of a total value of \$61,346 out of 13 starts, an average of \$4,719 a race, and finishing second in another to his stable companion, Mad Hatter.

In winter quarters it is a different Grey Lag that appeals to the horse lover. He is no longer the lean and bony of the distance runner type of thoroughbred. His well-rounded girth betokens a life of ease at Rancho farm, from which so many champions have been sent to conquer the world, and it is only natural that London modes should suit them best. The Englishwoman wants a tidy, trim silhouette. Her figure is entirely different from that of a Frenchwoman who rejoices in an indefinite "line."

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