

FARM GARDEN AND HOUSEHOLD

Recipes.

To STEW RHUBARB.—Rhubarb, if properly cooked, is excellent and wholesome. The art in cooking rhubarb so as to retain its color and pleasant taste depends on the same principles as in stewing fruit. As soon as the rhubarb is cleaned and sliced cook it. If allowed to remain any time after it has been cut it becomes dark just as would apples. Put the sliced rhubarb in cold water—not too much of water—and bring it gently to a boil. I can give you no exact amount of sugar, as the sweetening is according to the taste. To one part of cut rhubarb, by weight, I add one quarter of white sugar.—*Exchange.*

FRIED BREAD CAKES.—Take bits of bread you may have left after meals, soak them in milk, or milk and water, until perfectly soft; mash fine; add two eggs, pinch of soda, salt to taste, and enough flour to make them fry nicely; drop the spoonfuls into hot butter or lard. These are inexpensive and good, and a better way to use dry bread than in puddings.

SCALLOPED TOMATOES.—Peel as many ripe tomatoes as are required; cut into slices and place in a pudding-dish—first a layer of tomatoes, seasoned with butter, pepper and salt, then a thick layer of bread crumbs, also seasoned with butter, pepper and salt. Thus alternate the layers until the dish is nearly full, having tomatoes last; cover tightly and bake half an hour, or longer, if the oven be not hot.

KISSES.—Beat to a stiff froth the whites of two eggs, and beat into them very gradually two teaspoons of powdered sugar and two tablespoons of corn starch. Flavor with lemon. Butter in tin sheets, in washed butter, and then cover with letter paper. Drop on this mixture in teaspoonfuls, and about two inches apart. Bake fifteen minutes in a warm oven, but be sure that it is not warm enough to brown them. After they are taken out let them stand until cold before removing them from the paper.

TO BAKE EGGS.—Butter a clear, smooth saucepan, break as many eggs as will be needed into a sauce, one by one. If found good slip it into the dish. No broken yolk allowed, nor must they crowd so as to risk breaking the yolk after put in. Put a small piece of butter on each, and sprinkle with pepper and salt, set in a well-heated oven, and bake till the whites are set. If the oven is rightly heated it will take but a few minutes and is far more delicate than fried eggs.

Hen Roosts.

Seeing a farmer near me building a new hen house the other day, I took occasion to give him a new idea. He was putting in his roosts in the old-fashioned way, one being above the other on an angle of about forty-five degrees. In this way the fowls are led to attempt to all get upon the highest roost, and as it gets full, the weak ones are crowded off and fall to the ground; they begin again to climb up, only to repeat the same performance, until it gets so dark that they stop climbing, resting content upon a lower roost, or even upon the ground under the roosts. In the morning the fowls will not go down as they went up, from one roost to another, but fly from the roost to the ground. In this way, and by falling from the roost to the ground at night, heavy fowls, especially when very fat or very full of eggs, are often crippled in the legs or otherwise injured. Many likely hens I have seen completely spoiled in this way. I told him that I should build the roosts all of the same height, and no more than two and a half feet from the floor, putting them about fifteen inches apart. Before I left I had the satisfaction of seeing him commence to undo the work he had done, and to build his roosts as I suggested, and of hearing an old farmer who was present declare his intention of taking out his roosts, which were of the "ladder" style, and putting in new ones, level and lower. I think they will save hens enough before spring by so doing to more than pay for the labor it will take.—*Boston Journal.*

Household Hints.

Use kerosene to clean unvarnished furniture.

Try benzine for removing paint splatters on window glass.

Blankets, and indeed flannels of any kind, should not be washed with soap which has resin in it.

An excellent wax varnish for furniture is made by dissolving over a gentle heat three ounces of wax in one quart of oil of turpentine.

Use waste paper for cleaning stoves, tinware, knives, spoons, windows, mirrors, lamp-chimneys, etc.

Dissolve four or five pounds of washing soda in boiling water and throw down the kitchen sink to prevent the pipes stopping up with grease, etc. Do this every few weeks.

Clean lead pipes leading from wash-bowls by pouring down them a strong solution of potash dissolved in hot water. Don't get the mixture on the hands or clothing. It destroys all animal matter, hair, etc., and saves employing a plumber.

A merchant sitting in his office in South street, New York, recently received an answer to his dispatch sent to Shanghai six hours previously. The distance is some 30,000 miles. The charge to Shanghai is \$2.80 per word, to Yokohama, \$3.05; but by the cable system a single word is often made to serve for a dozen.

Hickory nuts, containing living curiosities, are not what they are cracked up to be.—*Yonkers Statesman.*

FORTHE FAIR SEX.

News and Notes for Women.

Pennsylvania has two lady superintendents of schools.

There are 450 lady dentists in the United States, and three times as many studying dentistry.

A law has been passed in Sweden giving to married women undivided control of their property and earnings.

Queen Victoria has \$9,000,000 worth of royal place in her castle at Windsor, but this does not keep her awake nights.

A Boston lady is the first and only American lady who has ever received a prize at a French exhibition of fine arts.

The London School Board has appointed at a large salary a lady superintendent of physical education in the girls' school.

The Unitarian denomination has a permanent committee of ladies at Boston to examine all books intended for use in the Sunday-school libraries of that church.

The belles of the present season in London are all married ladies, and two of them are Americans. The girls think they themselves are to be pitied, for the matrons carry all before them.

Countess Danner, of Sweden, left property to the amount of \$2,000,000 to found an institution to protect young girls and to train them for household work. The institution will accommodate 600 inmates.

Maryland, Delaware, Virginia and Louisiana are the only States now left in which the male teachers outnumber the female. In New Hampshire there are five women teachers to one man, and in Massachusetts eight to one.

Lucrécia Mott has been elected president of the Pennsylvania Peace Society. She is eighty-six years old and is the most remarkable woman of her years in the country. She has been speaking in public since she was twenty-five years old.

In recognition of her services in furnishing money to encourage the study of yellow fever last summer, Mrs. Elizabeth Thompson, of New York, has been made an associate member of the American Institute of Homeopathy.

Although but twelve months have passed since the organization of the Students' Aid Society of Wellesley College, through its benevolence forty needy girls have been assisted in educational privileges and four scholarships have been purchased.

The Viennese Housekeepers' Association edit a newspaper; this appears once a week, contains price lists and also original articles. The Viennese ladies are interesting themselves in every thing that points to progress or improvement of any kind.

In the London Hospital for Incurables is a girl who is deaf, dumb, blind and hunchbacked. A system of language by touches has been devised by which to communicate with her, while she expresses herself with the ordinary hand-alphabet of the dumb.

Saratoga Belles.

Belles of all kinds are here, says a Saratoga letter writer to the *Home Journal*. Not the least worthy of note is the Boston belle, whose modest morning costume is altogether within the limits of a reasonable income; who has a content for fancy slippers and open-work stockings; who dresses her own hair and wears frizzes not more than half way down her forehead. She studies the *Athletic Monthly* during the morning concerts, only half lifting her eyes even when a million in masculine form goes by. In sublime tranquility she sits, unaware of the plying glances bestowed upon her by the New York belle, whose chief intellectual occupation consists in studying the latest arrivals; who sticks out her foot in order to show her shoes and stockings, and whose looks are wide-awake in exact proportion to the moneyed interests of the young gentlemen within her range of vision. Then we have the Philadelphia belle, who, not so severely abstracted as the Boston belle, or so alarmingly on the alert as the New York belle, his perhaps about the happy medium. Pretty shoes and stockings are a part of her creed; she also wears silk mitts to match her costume, and goes to the hair-dresser. Having done all this, she is quite too sensible to let her efforts run to waste, so she puts out her foot, but only a little way; she reads a little, but nothing more serious than *Harper*, and this she holds herself ready at any time to relinquish in case of the superior claims of what may prove the beginning of an advantageous settlement in life. Then we have married belles, both young and —. I dare not finish the sentence, but will leave it to imagination. Indeed, I don't know that the latter class display a greater degree of persistent energy than any other. Certainly, the tortures which they inflict on their hair-dressers, to say nothing of their dressmakers, must forever remain untold, for they are beyond the portrayal of any pen, while the powers of endurance which they display in making themselves charming for hour after hour, bearing those warm summer days the weight of so many latest agonies, is something truly marvelous.

How to Dress the Hair.

In regard to dressing the hair the prevailing fashion, however simple or artistic it may be, should never be adopted until a trial has been made as to its fitness to the individual—the same as in selecting materials for wearing apparel, the figure and face should be studied. Many a lady makes a fright of herself by dressing her hair fashionably. As a rule, when the forehead narrows above the cheek-bones, one must make her head

shapely by dressing it full above the temples. If the forehead be broad and the face narrow, this style will not be at all becoming, and should not be worn, even though it may be the height of fashion. Again, the present mode of finishing off the head with a number of puffs on the top does very well for a full, soft face; but if the features are sharp and thin, the visage long and narrow, this manner of dressing the hair should be avoided. When the forehead is projecting or high or otherwise ill-shaped, the hair should be dressed low, so as to disguise it; the modern bang or fringe is appropriately worn in such cases. If the brow is low, and full at the sides, it ought never to be covered. Such a forehead is often the most beautiful portion of the face. We often see a very pretty face accompanying a head that is flat or depressed. This greatly detracts from the symmetry of the ensemble. This defect can be, in a measure, lessened by a braid surmounting the head as a coronet, or a number of puffs artistically arranged thereon. Turning the hair up over a cushion is also becoming to this style of head. "Ladies with sharp features," says a modern writer, "should never wear curls, as they only make the peaked effect more prominent." Soft waves, brushed lightly away from the delicate face, and smooth braids played above the waves, are in good taste, and are always becoming to thin visages.

Who Was the Bad Boy.

Little Annie was prettily dressed and standing in front of the house waiting for her mother to go out and ride.

A tidy boy dressed in coarse clothes was passing, when the little girl said to him: "I don't like you, you're a bad boy."

The boy laughed, shook hands with her, and said: "I've a little girl just like you, only she hasn't got any cloak with pussy fur on it."

"Here a lady came out of the door and said: 'Annie, you must not talk with bad boys on the street. I hope you haven't taken anything from her? Go away, and never stop here again, boy!'"

That evening the lady was called down to speak to a boy in the hall. He was very neatly dressed, and stood with his cap in his hand. It was the enemy of the morning.

"I came to tell you that I am not a bad boy," he said. "I go to Sunday-school, and help my mother all I can. I never tell lies, nor quarrel, nor say bad words, and I don't like a lady to call me names, and ask me if I've stolen her little girl's clothes from her!"

"I'm very glad you are so good," said the lady, laughing at the boy's earnestness. "Here is a quarter of a dollar for you."

"I don't want that," said Bob, holding his hand very high. "My father works in a foundry, and has lots of money. You've got a bigger boy than me, haven't you?"

"Yes, Why?"

"Does he know the Commandments?"

"I'm afraid not very well."

"Can he say the Sermon on the Mount and twenty-third psalm and the Golden Rule?"

"I am very much afraid he cannot," said the young lady, laughing at the boy's bravado.

"Does he not ride his pony on Sunday instead of going to church?"

"I'm afraid he does, but he ought not," said the lady, blushing a little.

"Mother don't know I came here," said the bright little fellow; but I thought I would just come round to see what kind of folks you were, and I guess mother would rather your boy would not come round our doors, because she would not like Mamie to talk to bad boys in the street. Good evening!"

And the boy was gone.

A Word to Fruit Eaters.

Now that fruits are cheap and abundant, and so popular as to be in almost everybody's mouth, so to speak, a bit of advice as to the time it should be eaten might not be out of place. We will begin by stating that the earlier in the day the fruits are eaten the better. They should be ripe, fresh and perfect, and if eaten in their natural state, it is almost impossible to eat too much. Their healthful qualities depend on their ripeness, and if sweetened with sugar the acidity is not only neutralized, but the stomach is tempted to receive more than it can digest, and if cream is taken with them, the labor of digestion is increased. No liquid of any kind should be drunk within an hour after eating fruit, nor should anything else be eaten within two or three hours—thus time being allowed for them to pass out of the stomach, the system derives from them all their enlivening, cooling and aperient influences. The great rule is, eat fruits and berries while fresh, ripe and perfect, in their natural state, without eating or drinking anything for at least two hours afterward. With these restrictions, fruit may be eaten in moderation during the day and without getting tired of them, or ceasing to be benefited by them during the whole season.—*Exchange.*

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A college professor once said that "he who expects to rise high in his class must not expectorate on the floor." Much of the hawking and spitting was, no doubt, caused by catarrh, which the professor knew could be readily cured by the use of a few bottles of Dr. Sage's Catarrh Remedy.

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