



Who's that knocking at the kitchen door?

Why, it's Mrs. Edwards round again—she's always ready to lend a hand with the cooking. That nourishing home-made Irish soup of hers is a real dish-of-all-work—useful in a hundred ways.

It's fine and tasty by itself. It's the secret of a savoury sauce. It's the making of a made dish. And, to bring out the goodness of your own soup and gravies and hashes and meat puddings there's nothing like adding

EDWARDS' DESICCATED SOUPS

Prime beef and the finest of Irish vegetables—that's what Mrs. Edwards puts in it; nothing but what's pure and delicious. As there is no strong added flavouring, it will blend perfectly with any other soup. Remember to boil it for half an hour.

5c. per packet.

Edwards' Desiccated Soups are made in three varieties—Brown, Tomato, White. The Brown variety is a thick, nourishing soup prepared from beef and fresh vegetables. The other two are purely vegetable soups.

Lots of dainty new dishes in our new Cook Book. Write for a copy post free. S.H.B.

W.M. H. DUNN, 396 St. Paul Street, Montreal. Representative for Quebec and the Maritime Provinces.

99 OUT OF A 100

Men who drink in excess are good fellows, men who at one time stood high in their profession, men who were considered good safe, sound business men.

Now, through the constant use of strong drink, they have destroyed their ambition, degraded their minds, wrecked their constitutions, ruined their lives, weakened their consciences, neglected their homes and lost opportunities. All of these men were once ambitious, high strung men, reaching and stretching out to get rich quick, and at sometime in life had a good thing, but lost it through drink—don't be a "has-been"—don't wait until you are down and out, hold on to yourself while you still have will power left. You know the "draw backs" of one kind or another, you know there is nothing in it.

Many a time have you sworn off, said if you ever get over this drunk never again for you, but what is the result? The same old thing over and over again, promises, pledges, with good intentions, but as soon as that craving starts in, what do you do? The majority of wise men today are trying to get ahead of the game, want to stop, the outcome being that the St. John branch of the Neal Institute is being well filled day and night with people who are tired of this life-sapping habit, and in three or four days spent under our physicians care return to their old self again forever freed from bondage. Open day and night. Doctors always in charge. Phone Main 1685, or write for our new booklet, showing the interior view of the hospital. It's worth your while. NEAL INSTITUTE, 46 Crown Street, St. John.

PLEASANT EVENING AT 62ND OFFICERS' SMOKER

A pleasant evening was spent last night at the headquarters of the 62nd St. John Fusiliers, when at the invitation of Lieut. Colonel J. L. McAvity and the officers of the regiment a smoker was held to formally open the new rooms at the corner of Germain and Duke streets.

Many officers from other regiments were present to share in the hospitality of the evening. Among the guests were Lieut. Colonel Wedderburn, Lieut. Colonel Sturdee, Major Hall, Major Walker, Major Miasse, Major Armstrong, Major Hart, Capt. Churchill, Fred Macneil, D. Arnold Fox, H. O. Hildreth, Fred McKean, W. Birrell, Dr. Hogan, Angus Uquahar and Osborne Sheppard.

The officers of the 62nd present were: Lieut. Colonel J. L. McAvity, Major Miller, Major Frost, Captain Peter, Capt. T. M. McAvity, Capt. Ronald A. McAvity, Capt. Burdette, Capt. McArthur, Lieut. Dawson, Lieut. Warren, Lieut. Keele and Lieut. Day.

After light refreshments were served those present settled down to an informal enjoyment of the evening's programme. The musical programme was in the

capable hands of Capt. H. E. C. Sturdee and Capt. Ronald A. McAvity. There was some excellent talent present and the programme was made up of selections from the band of the regiment and songs from Fred McKean, Captain Ronald A. McAvity and others.

The new headquarters are commodious and are centrally situated. They consist of the adjutant's office and three rooms for the general use of the officers. They have recently been decorated and are most convenient.

"Because they act so gently (no purging or griping) yet so thoroughly"

NA-DRU-CO LAXATIVES are best for the children as well as the grown-up. 25c a box at your druggist's.

NEED OF A PRISON FARM; PROTECTION OF CHILDREN, CARE OF THE FEEBLE MINDED

Movements of Great Importance Given Impetus at Associated Charities Meeting—Reforms Are Favored by Government Member

The need of a prison farm, the protection of children and the care of the feeble-minded children were the themes of the speakers at the thirteenth annual meeting of the Associated Charities of St. John last evening in the rooms of the board of trade. These subjects were treated in a very thorough manner, and it was decided to seek legislation in this direction.

The meeting was perhaps the most successful in the history of the association and the attendance was certainly a great encouragement to those who have been interested in the great work of charity. The meeting was a very representative one and Hon. John E. Wilson, M. P., Philip Grannan, M. P., and L. P. D. Tilley, M. P., local representatives in the provincial houses were among those present.

Many of the speakers made reference to the large number present. W. Shives Fisher, president of the Association of Charities, occupied the chair and in his opening remarks referred to the work of the association and the need for the successful carrying on of the work.

The chief speakers were Rev. R. A. Armstrong, rector of Trinity, who talked on the children's protection act and introduced a motion to the effect that the association urge on the local legislature the need of a child protection act.

Miles E. Agar, city commissioner of public works, told of the needs of a prison farm and the great good that could be accomplished by its establishment.

Dr. Thomas Walker urged the need of proper homes for the teaching of feeble-minded children and strongly favored the appointment of men with proper training for provincial board of health officers.

The secretary and treasurer reported on the work of the year and the officers for the coming year were elected.

Children's Protection. Rev. Mr. Armstrong in beginning his address said that he was pleased to see so many present and he would be glad at any time to give the association rooms for their meetings in Trinity.

He believed that there was nothing more important than the protection and proper training of the child. His reference to the child welfare exhibition in Montreal recently, where the different phases of child development were shown, was very interesting and he hoped to give a lecture or throw on the screen. This exhibit is also to be shown in Ottawa and other Canadian cities and he hoped it would come to St. John. He spoke of the large sums of money being spent in different countries for the support of pauper children and pointed out that by means of proper training and protection these children would become useful and self-supporting citizens.

He drew the report of the Children's Protection Society of Winnipeg for the fact which showed the good that could be accomplished. Winnipeg with its juvenile court and children's aids has done more for the helping of children than any other city on the continent.

Mr. Armstrong spoke of a case in an alley off Brussels street where a woman with six children was living but she would not go to the almshouse and the children were not getting a proper chance.

He read several sections from the bill recently submitted to members of the local legislature. This bill was along the same lines as the Ontario law and was presented to the House.

The Feeble Minded. Dr. Thomas Walker spoke on the need for proper training for people minded children. In this connection he first referred to the social service in connection with some of the hospitals in the United States, where a society was formed to look after the families of men, who were ill. This society visited the sick man and when he was able to leave the hospital and perhaps still too weak to work, it provided for his spending some time in the country until he was able to work.

Dr. Walker said that he hoped to see the same thing done in St. John. In the treatment of feeble minded children, in many cases, medical science was not sufficient and there was need of a teacher properly trained in this class of work. A great many of these cases of feeble minded children were absolutely hopeless but some could be taught a great deal that would make them useful to themselves.

Dr. Walker also said that the board of health should appoint for public officers only those men, who are properly qualified for the work. The secretary of the Provincial Board of Health, he thought, should be a man properly trained in sanitary matters and having a certificate from a recognized university. He thought that legislation for the treatment of the feeble minded was long overdue.

Hon. John E. Wilson favored the law for the protection of children. He remembered the bill being brought up but did not know why it had not been passed. He would do all in his power to help the children. The establishment of a prison farm was also an important matter and he believed that money should not stand in the way of protecting people who would not protect themselves. The revenues of the province were not very large but he thought it was the duty of the government to help build up the industry as well as the country.

Rev. J. H. A. Anderson thought that the committee from the Associated Charities should co-operate with the Moral Reform Society in urging the passage of the Children's Protection law.

The Officers. The following officers were re-elected: W. S. Fisher, president; Rev. G. F. Scott, Mrs. F. Stetson, J. H. White and Mrs. G. F. Smith, vice-presidents; William Young, treasurer. Six members of the managing committee were elected as follows: Rev. R. A. Armstrong, Mrs. Robert Thompson, Mrs. Thomas Walker and Mrs. J. P. Ellis.

The report of the secretary, which has been printed in monthly sections, in the Telegraph was read by Miss Grace Robertson. It showed that nine board meetings and twenty-one conferences had been held during the year and that 182 applications for assistance had been received. Miss Robertson gave the details of the year's work, which showed that the association

LOWNEY'S COCOA



LOWNEY'S HOW? YOU HOW? COCOA OUGHT TO TASTE!

had been a success. She asked that people take a greater interest in the work and cooperate with her by visiting among the homes of the poor.

The treasurer's report was read by William Young and showed that the association still had a balance on hand although the expense for the year had been heavier than usual.

Mr. Agar's Address. Miles E. Agar said that he was glad that a new spirit was showing itself in the people and although we might not be our brother's helper, we were striving to be our brother's helper. He was very much in favor of the establishment of a prison farm and thought it should be maintained by the province.

Intemperance, Mr. Agar pointed out, was a great curse and everyone should do his best to help those suffering from its evils. Mr. Agar gave some statistics from the report that there is no doubt that the people of the richer street will be affected.

He pointed out the need of having the whole city kept clean. One street may have a few dwellings of the rich and be clean but near it may be another street, with poor families. If the dirt is allowed to accumulate in this poorer part there is no doubt that the people of the richer street will be affected.

He said he wished it to be known that he would assist in every way to bring about anything that would be for the good of the community. Druggists, he said, should be careful of those who are afflicted with nervous diseases, for in his mind drunkenness was a disease and he would do all in his power to be the proper place for their treatment.

Mr. Agar knew of no better way to use the money of the province than that of the maintenance of a prison farm. For the support of the farm he suggested that the government should be asked to contribute some of the money of the province to those of them who could offer any serious objection to this course.

Mr. Agar spoke of the case of the Cosnar farm, where boys from the old country were brought to be trained to become useful citizens.

A. H. Wetmore endorsed the ideas of Mr. Agar and pointed to the facts set forth in the annual report of the Home for Nervous Diseases, where the farm had been a paying proposition, clearing a profit amounting to nearly \$3,000 a year.

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BULGARIANS' GREAT VICTORY AT THRACE MAY PUT END TO WAR

London, Oct. 31.—A four-day battle in Thrace has ended in the triumph of the Bulgarians, commander-in-chief, General Savoff, whose skilful strategy has probably brought to a close one of the shortest and most remarkable wars on record.

A great Turkish army, estimated at over 200,000 men, has been defeated, and is in retreat. Constantinople is believed to be at the mercy of the victorious Bulgarians, and a council, sitting at the Porte, is discussing the advisability of suing for peace.

Such is the news which comes from Constantinople. It is only a fortnight since Turkey declared war. The first week of the campaign closed with the dramatic fall of Kirk Kiliseh, fully revealing for the first time the lack of organization, bad morale and inefficient commanders of the Turkish army. Today that army is defeated, routed within fifty miles of Constantinople, and possibly its retreat within the capital's line of defense is cut off.

Apparently Nazim Pasha has been completely out-manoeuvred by Savoff's skilful generalship. The Bulgarian turning movements along the Black Sea coast now appears to have been a feat which induced the Turkish commander to throw his main army to the eastward to such effect that the Bulgarian force on this side had the greatest difficulty in holding the Turks in check.

In fact, this point seems a little in doubt. The Bulgarians gave way and thus enabled Nazim Pasha to report to Constantinople some success in this direction.

In the meantime, however, General Savoff hurled his great strength against the Turks' weakened left wing, which he crushed in at Lule Burgaz. The fighting along the whole front, which evidently has been of the most stubborn and determined character, was carried on day and night without intermission, and both sides lost heavily.

The campaign of the other Balkan states continues with the success which throughout has attended them. Serbia has not yet been captured, but Ipek has fallen to the Montenegrins. The Serbians have taken Pristina and Greece is occupying islands in the Aegean, in addition to various towns in Macedonia.

The powers, fearing disorders and massacres in Turkey, are hurrying warships to the various ports of that country to protect the commerce and to show their aid. A noticeable feature of the war is the insignificant parts played by the Turkish and Greek fleets.

The Crystal Stopper tomorrow.

SYDNEY MAN IS KILLED

Railway Fatality Near Waltham—Man-slaughter Charge in Death of Frederickton Man

Boston, Oct. 31.—While making his run as a Boston & Maine brakeman, James Edmonds, of Sydney (C. B.), was struck by an overhauled bridge near Waltham today and killed. He was twenty-five years old.

Fred J. Sears, of Bridgewater, was placed on trial at Plymouth today charged with manslaughter in causing the death of James Edmonds, formerly of Frederickton. It is alleged Sears, who was an attendant at the state farm, beat Edmonds, an inmate.

The Crystal Stopper tomorrow.

SUFFERED THREE YEARS

Will Dr. Morse's Indian Root Pills Cure His Kidney Trouble

There are few diseases that cause more acute suffering than Kidney Trouble, and Mr. F. A. Thomas, of Sudbury, Ont., is one of those who know it. He writes: "For over three years I suffered from kidney disease. First I thought I had sprained my back, for suddenly the pain would catch the small of my back and it would be impossible for me to straighten myself up for several minutes. A dull ache across the kidneys was always present, my urine was thick and cloudy, and passing it caused a burning, scalding pain. I tried medicines, but they failed. I was advised to try Dr. Morse's Indian Root Pills, as they had cured my wife years before. A few boxes affected a complete cure. I now enjoy the blessing of good health, which is due to this remedy."

Don't neglect kidney trouble—it's too dangerous as well as too painful. That old, reliable family remedy, Dr. Morse's Indian Root Pills, has cured thousands and will cure you. It is equally effective in curing constipation and its attendant evils, biliousness, indigestion and sick headaches, and in purifying the blood. 25c a box at your druggist's. 10

Twitching of the Nerves

A Distressing Symptom of Nervous Exhaustion Cured by Dr. Chase's Nerve Food.



Mrs. John McKellar. What sympathy you feel for anyone whose nerves twitch and jerk, and what resolves you make to never allow your nervous system to become exhausted, until paralysis of some form claims you as a victim.

The only way is to watch the warning symptoms, such as sleeplessness, headache, indigestion, tired feelings and irritability. By the prompt use of Dr. Chase's Nerve Food you can feed the feeble, wasted nerves back to health and vigor, restore the vitality of the body, and prevent serious disease.

Mrs. John McKellar, 11 Barton street east, Hamilton, Ont., writes: "I was injured some years ago, and that left me with a broken-down nervous system. I could not sleep, and suffered from twitching of the nerves and disagreeable nervous sensations. I then began using Dr. Chase's Nerve Food, and can say that I never used any medicine that did me so much good; in fact, I am entirely cured of my old trouble. The Nerve Food not only strengthened the nerves, but also built up my system in every way."

Mrs. McKellar writes, confirming her cure, and states that she has had inquiries from many people who had heard of the great benefits she obtained from Dr. Chase's Nerve Food. Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50. All druggists, or Edman, Bates & Co., Limited, Toronto.

TO THE WHITE HOUSE



Not a powder or a soft cake—but a hard paste, ready to use.



No hard work about "Black Knight". A few rubs bring the shine.

The Bull Moose Party believes in Woman's Suffrage and other appeals to women. Black Knight 10c.—STOVE POLISH—10c.