

## ❁ ST. ANDREWS, N. B. ❁

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A glance at the accompanying map shows St. Andrews to be situated on a peninsula five miles in length, extending into Passamaquoddy Bay, which is seventeen miles long by six  $\frac{1}{2}$  width, and in point of attraction has but few rivals, with strong points in common and being often compared with the Bay of Naples.

The outer edge of the bay is encircled by mountainous island ranges, which serve to guard both the bay and peninsula from the objectionable fogs of the eastern coast. During the summer months cool breezes prevail, the thermometer seldom reaching 85 degrees Fahrenheit. The town lies on a gentle slope, rising to an altitude of 150 feet in a distance of 2,000 feet from high-water mark. Beyond the town, and for a distance of two miles, sloping hills, attaining 250 feet in height, form an amphitheatre overlooking the town, St. Croix River, coast of Maine, and island-studded bay.

The entire vicinity is traversed by the finest roads. Salt and fresh water fishing is had within an hour's sail or ride, while the bay and lakes afford unsurpassed yachting and boating facilities.

The curative properties of the balsam-laden atmosphere, the general air of restfulness, together with the entire absence of mosquitoes and malaria, have made St. Andrews long and extensively known as *an elysium for the hay fever patient*, jaded tourist, pleasure seeker and sportsman.

The town, of 1700 population, has numerous hotels and boarding-houses, five excellent churches, schools, livery stables, stores, markets, telegraph office, and a weekly newspaper, "The St. Andrews Beacon," while yachts in charge of reliable captains, canoes with or without their Indian owners, and row boats can be hired on very reasonable terms.

## — TO — HAY FEVER SUFFERERS.

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Experience has shown that few places possess the elements of situation, atmosphere and surroundings required to afford complete exemption to the majority of hay fever patients, and, therefore, he who boldly asserts that any one place possesses all these attributes must, to carry conviction, bring corroborative evidence of an unquestioned character from persons who have fully tested the merits of the locality, and will put themselves on record in that regard. For years previous to 1889 the hay fever sufferers who sought St. Andrews were confined to those who by chance or the advice of preceding acquaintances were led thither. It was by such asserted that entire relief was found there, but until the season of 1889 no effort was made to certify the favorable reports which existed.

The completion of "The Algonquin" induced many hay fever sufferers — some of them cases of five to forty years' standing — to visit the place for the first time. Their cases were watched very closely, and we can truthfully say that of the many persons afflicted with hay fever who visited St. Andrews during the hay fever term there was *not a single instance* among those who arrived previous to an attack where the disease made its appearance, and those suffering from it upon arrival were freed from it within forty-eight hours.

From the numerous certificates bearing upon this point a sufficient number of names as references, representing various sections of the country, are herewith presented.

The month of September at St. Andrews is one of the most delightful of the year, balmy, pleasant days being the rule; and while the mornings and evenings may be cool, that fact causes no discomfort at "The Algonquin," with its steam heat and numerous open fire-places.