

The fact of the contagiousness of the disease having been established, is the most potent factor in preventing the spread of the affection.

The possibility of arrest or cure of the disease has caused patients to resort to all climes and to climb to all heights. The Isles of the Sea have been the resorts of some, the dry atmosphere of the far inland has been sought by others.

Cod liver oil and whiskey have had their votaries; oil alone by some, whiskey more.

PATENT MEDICINE FAKIRS

The uncertainty in the past, as to the best method of treatment to be adopted for the arrest and cure of the disease, has given license to that arch fakir of civilization, the patent-nostrum vendor, to conjure with the credulity of the public, so that charlatans have become millionaires, and builders of cities in the name of benefactors forsooth!

But whilst these fakirs are heaping up their filthy lucre, the energy of the grey matter of the medical scientist is being exhausted in the endeavor after truth and light. Great personal sacrifices have been, and are being made, the world over by men of power in the medical profession along these lines, solely for the good of mankind.

The past has taught us that cases have and do recover under various conditions and various treatments. The nostrum vendor can trumpet his wares through the press, by word and photo showing that many have survived in spite of his fakes.

The scientist sees that all climes, all altitudes have their votaries, all proving the one and the same fact, *vis medicatrix naturae*.

[Thus is it that one and all turn to the East and endeavor to assist nature in her mighty work of restoration. Thus it is we swing back to a primitive method of living, choose our food rich in cell and tissue reconstructives, seek the sunlight, and breathe, day and night, the pure oxygen of heaven; procuring, if possible needed rest for mind and body, freedom from worry and apprehensions, and above all a hopeful and cheerful environment. So arises the sanatorial treatment throughout the civilized world. America has not been laggard in assisting in this great work, as is evidenced by the establishing of sanatoria in most all States of the Republic. Canada also has her associations for caraying on this work, and no section of this great Dominion has been more active in this interest than the medical brethren down by the sea.

PIONEERS IN NOVA SCOTIA

Some years ago the late Dr. Edward Farrell, of Halifax, was appointed a delegate for our Provincial Government to a conference on tuberculosis, held at Berlin. A man ever ready to promote the best interests of the public, progressive in thought and action, and a benefactor to his native land. "His works do follow him."

I doubt not that the influence of his address on his return from that conference, was in a great measure instrumental in inducing our Provincial Government to establish at Kentville a sanatorium for the treatment of tuberculosis, the first state building for the purpose in Canada.

In 1903 our Provincial Government purchased a plot of land, eighteen acres, lying to the north of the Cornwallis River, near the Town of Kentville, and in June of the following year erected and completed a very artistic and well appointed building for the treatment of pulmonary tuberculosis.



W. S. WOODWORTH, M.D. KENTVILLE, N. S.

The grounds are gravelly and the soil porous, drying very quickly. The primeval forests of pine and oak which once covered its surface, have met their fate at the hands of the woodman's axe. A smaller growth now studs the ground.

The buildings will accommodate from 18 to 20 patients, and faces the south. Extending along the south side are two piazzas, one upper, one lower. The dormitories open upon these piazzas by folding doors, sufficiently wide to allow the beds to be drawn out. Running through the building from west to east, are wide corridors, well lighted and airy. A spacious hall and reception room give a homelike effect to the building. It is electric lighted, and procures its water supply from the town of Kentville.