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## \&tientifir and exstinl.

Spearmint tea is very good for children troubled with worms. I have seen sage used for the same purpose.
A flannel folded several times and heated on the stove will, if changed often, relieve severe pain in the side or stomach.
FOR toothache caused by cold, take a woolFOR toothache caused by cold, take a woith vinegar and put over a hot brick or stone, with something thrown over the head to keep in all the steam.
Tart, juicy fall apples make good jelly. Boil the juice of the fruit in jelly, making to quite a consistency before adding the sugar. Lay over the top of all jellies a round of
white paper dipped in brandy. If mould apwhite paper dipped in brandy. If mould ap-
pears, it takes its seat on the top of the papears,
per.
Sour milk is an excellent bleacher. Place the garment in an earthen bowl or wooden pail and cover entirely with the milk. Let it remain two or three day;, taking pains now and then to shake it thoroughly. Then after washing and boiling, it will be found of pure white. For tablecloths and napkins that
have become stained and yellow, this is a good cure.
A GOOD way to make starch :s this : dissolve the starch in a little cold water, have water boiling in the tea-kettle, and when the starch is enfrely dissolved pour the boiling water over 4 , stirring it until it is thick; this is all the cooking the starch needs; blue it slightly, and add to it a bit of sperm or clean lard. There is no danger of lumps or
of the starch Burning, and so being filled with black specks, $Y$ prepared in this way but unless the water is actually boiling when you pour it over the starch, your labour will have been in vain.
Hops have many uses. A handful of them steeped in a quart bowl (always ste -p in earthen) of water until the strength is extracted, strained and sweetened with loaf sugar, and hotled for use, is as good or better than any hop bitters ever purciased. Dose, one gantibilious alterative and tonic for is a go Id family purposes. For putward or ordinary family purposes. For outward application, make some small bags of cotton six inches
square and fill with hops. Wnen the fice ches, or the head is ins. Winen the fice and chest are sore, heat one or more of thase bags very hot, up to scorching the cloth those and apply to the suffering part. It is a great mprovement on wet cloths, or wet applica. tions of any kind.

Very few persons are aware what a valuable auxiliary turpentine is in many diseases. It is a sovereign remedy for croup. Saiurate a piece of flannel in it, and place the flannel on the throat and chest, and occasionally wo or three drops on a lump of sugar may be taken inwardly. Nothing better than turpentine can be applied to a severe cut or bruise, and it will give certain relief almost instantly. Let apy one who has an attack flockjaw takera small quantity of turpen tine, warm it and pour on the wound, no matter where it is, and relief will follow in less than a minute. Flannel cloth wrung out of turpentine into hot water, as hot as he patient can bear, is one of the best of emedies for inflammation.

HQW AN A?TIST TREATED HIS
To whe Editor of the Salem (Mass.) Regi/. tation to wisit you-in your new quarters with pleasure byore this, had not my old femy, Mr. Rheumatism, pounced on me so sudden. ly. He arr ved last Friday, and without stopping to send up his card, rughed in and grasped me by the hand with such a grip that my hand and $u$ ist were so badfy swollen and painful that I felt as though one of Mr . Hatch's coal tearls had ryh over me. Mr. Rheumatism fas teen a constant visitor of mine for several y ars always swells and puts on a great many 1 rs and makes himself at home, devouring yoy substance and leaving me poor in flesh and pocket. Last winter he came and stayed tho mpths. I then made up my mind that the next tine he came I would change his diph, as he had always gobbled down everyying set before him. I was somewhat or a loss what to feed him with, but finally/concluded to give him three square meals a day of St. Jacobs Dil-morning, noon apd night. This fare he is di-gusted with, and is packing up his trukk, and will leavg by to-morrow or next day; sus he cannot/stop any longer, as he has pres ing husiness elsewhere. He is a treacherous fellow, of I have no doubt he intends visiting some give him the same fare that I did, and he won't stop long. J. S. Lefavour

