

life will be a continuation of right doing. Nothing will tell like consistency. If you espouse a good cause, stick to it, no matter what trouble it may entail. Nothing is so glaring as inconsistency. Don't let your practice lag behind your profession. Let your profession be in keeping with the Great Teacher's lessons, and never forget that consistency is a jewel.

The following is sent us by a young friend from the country, 14 years of age, who has done something to get subscribers for our little magazine, and as we wish to encourage our young folks to supply the reading for their "portion," we insert it in the hope that it will stimulate others to write:—

BE CONTENTED.

Reader, when at night after the labours, cares, and troubles of the day, you sit down by the cheerful fire are you not happy and contented? Think how many have no home, have no place to shelter them, no place to go, and how differently your lot has been cast. I know a family who once was comfortably situated, but like many others, did not prize it enough. They had what God had given them, their health and strength, but they never thought of that until the father gradually began to fail and soon became unable to work. Months and years passed by only to find him growing weaker, and at last all they had ever possessed was spent. The little children had all to leave home, and the father and mother became dependent on the public for their support. Now, this is the case with many, and we who have our health and strength, in a great measure, should be happy. When you are in a mood to complain, think of those beneath you. Contentment is the wealth of nature, for it gives everything we want or need. Enjoy the blessing of this day and the evils of it bear patiently, for this day only is ours. We are dead to yesterday and not born to to-morrow. Let us then be contented with such as we have; let us look on the bright side of things and feel that our blessings are far more than we deserve.

THE BEST GUIDE.

God's Word is in your hands. In it is the secret of life. In it is the entire secret. What it is; what its blessed results are when perfectly lived; how to live it; whence the inspiration comes to live it; and the rewards of living it—can all be found therein. Outside of that Book you need not go. Beyond its pages you need not cast your eye. You need not consult authorities. You need not ransack libraries. You need not even depend on ministerial explanation. The Book itself is sufficient—sufficient for your mind, for your heart, for your conscience, for your soul. Be a man and read it. Be a woman and search its pages. In it is the "fountain of life." That is a good figure and a true one. Go to the fountain yourself and drink. Wait not for it to be passed to you in cups. Lean over the brim and put your lips to the waters yourself. You will find that they will satisfy your thirst. They will meet your spiritual wants. They will give you spiritual refreshment.