The

Home Study Quarterly

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The last Sabbath of September is "Children's Dav." It is growing more and more popular. In many places the whole congregation join with the school in the Children's Day service. And old and young are alike interested in the Children's Day Collection, which is of very great importance. Indeed, without it the work of the General Assembly's Sabbath School Committee would come pretty The collections of much to a stand still. Children's Day pay all the expenses of that Committee, which has the oversight of Sabbath School work for the whole church, including, amongst other valuable features, the Teacher Training Course. Some hundreds of dollars go to aiding new and needy schools to obtain lesson helps and illustrated papers, and to assist in publishing Le Rayon, our French paper for the French Sunday Schools. Summer schools have also been aided, the balance of the moneys, after all these expenditures, going to the Mission Schemes of the Church. Don't forget Children's Day, or forget the Children's Day collection.

Rest Common Sense By Logie Macdonnell, M.A.,

Boys don't like to be "talked to.") They have no objection, however, to a good, serious argument, so long as it is carried on in a common sense way. Every boy is willing to consider such questions, for instance, as these : How am I to get the greatest satisfaction out of life ? How am I to be sure that I shall always have something interesting to occupy me ?

Now, pick out the most successful people you can think of, according to your ideals, and see if their lives suggest anything to you.

In the first place, have they looked after their health? It will be something very surprising if they have not. If boys could realize what a valuable asset a strong, physical constitution is, they would not play havoc with their health as they sometimes do. They would resolutely form the habit of regularly doing something healthful in the fresh air, even if there is no inter sting game at hand. It is by being temperate in our habits and taking plenty of outdoor exercise and lots of sleep, that we make sure of a never-failing source of happiness and usefulness, a source that we will prize more highly If you can find men as time goes on. whose careers you would like to copy, who have been careless of their health, ask them what they would give to have another chance.

Here is another test to apply to your hero. Indeed, if you apply it to everyone, you can pretty well separate those that are of some use in the world, from those that are no good at all. Has he some duty on which he is set ? Is there something he cares about, something he will not give up doing for any pleasure or gain ? With some people it is one thing, with some another, but if you can find a person who is careless about everything, who has no duty that he considers of very much importance, you have a person who is no good. If you have no little piece of work that you are always bound to attend to, no matter what comes in the way, you may rest assured that you are of little use, and never will be, until you find some work that you do consider important.

One other thing. Did you ever come across any man or woman, young or old, healthy or

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