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## COLUMBIA GRAFONOLA

*The Pleasant Business  
of Buying a Grafonola*

Go to the store where Columbia Grafonolas are sold. Walk in. Columbia sales people know how to treat the man or his wife who would like to do a lot of looking and listening before they begin to buy. Look over the catalog of records. Pick out what you want. The records will be brought and played. Then play some yourself. Take this sensible way of getting acquainted with the Grafonola. Compare it with other instruments. In direct comparison the Columbia Grafonola always appears the best.

Columbia Grafonolas are priced at \$24 to \$350.

### Records

We have in stock a very large number of the latest records. Come in and hear them played. Orders taken for any record in our catalog which are not carried in stock.



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E. A. LEGALLAIS, MANAGER  
CAMPBELLTON, N. B.

## WRIGLEY'S



Helps  
teeth,  
breath,  
appetite,  
digestion.

Sealed tight—kept right

"Give it to me,  
please, Grand-  
daddy."

"Why, Bobby, if  
you wait a bit  
for it you'll  
have it to en-  
joy longer!"

"Poo-poo! That's  
no argument with  
WRIGLEY'S  
'cause the flavour  
lasts, anyway!"

—After every meal



### "SUPPORT AND SUBSTITUTION."

"Support and Substitution" is a phrase that is being heard more and more, these days, on this side of the Atlantic. For more than a year its meaning has been realized in both England and France and every month finds these nations coming nearer and nearer to a practical realization and cheerful acceptance of the duties involved in that meaning.

At the very basis of this new war slogan lies the conviction that our boys in the trenches must be supported by a constant and dependable stream of reinforcements. Men must be released from civilian life. Furthermore, our boys must be supported by a practically unlimited supply of ammunition which is up to standard in every particular.

The third item of support is food. This, too, must be of the best and unadorned. There must never be an anxious moment "over there" because of a possible shortage of food. If there is to be a shortage of food it must exist here in Canada, first. An unfailing supply of men, ammunition and food constitutes the whole matter of support. From the very beginning of the war our men have been pleading for the first two things. They must plead no longer and, under no circumstances, must they be forced to call our attention to the matter of food supply.

Support can be given only by substitution of labour. In each case the logical solution lies with the woman of each nation. Already English and French women have done nobly. Canadian women are more than willing to do their share in this work which, by far, the most important of any war work yet undertaken by women, is it too much to say it is the most important work undertaken by either men or women?

Canadian women have already done much in munitions. Last summer found the pioneers in this substitution movement doing work on fruit farms and dairies. Gardening was also carried on successfully. The winter months have been devoted to preparation for a more vigorous substitution on the land. Practical farming has been studied, demonstrations attended, courses taken in poultry-raising, gardening and dairying. Like their English sisters Canadian women are training so that when the first call comes they can press themselves thoroughly equipped as to training.

It is interesting to note that in practically every instance the world over, where women have been called upon to do the work of men, they have done it with a willingness and a spirit of sacrifice that has made their work excellent and praiseworthy. The verdict of the farmers themselves at the end of their first season with "farmerettes" is that they are far superior to the typical "dread man" who is, too often, content to be simply "the man with the hoe." When told to do a piece of work the girls do it as directed and have no theories to offer. They expect to work and are careful of the materials. College girls apply the discipline gained through their studies to their work in the fields.

## VINOL MAKES GOOD BLOOD

### Positive—Convincing Proof

Many so-called remedies for anemia are only so in name. Their makers are afraid to prove their claims by telling what their medicines contain. The only way to be certain with the people is to let them know what they are getting for. Here is the Vinol formula. When the doctor knows what a medicine contains, it ceases to be a "patent" medicine.

By Cod Liver and Beef Potassium, Iron and Manganese Phosphates, Free and Ammoniacal Chloride, Lactate and Glycophosphates, Calcium.

Any doctor will tell you that the ingredients of Vinol as named above will enrich the blood and banish anemia and create strength. When the blood is pure and rich and red, the body is strong and robust.

It will prove that the money you pay for Vinol does not improve your health.

A. McE. McDonald, Druggist, Campbellton. Also at the best drug stores in all New Brunswick towns.

ough study, and the feeling that what they are doing is helping the men in the trenches carries the work to a successful finish.

Not all women can substitute by making munitions or doing land service. But the talents of every woman can be substituted for the talents of some other woman and a grand interchange of work will result which in the aggregate supports the men overseas. The woman who cannot farm but is a model housekeeper can give her services in that line to the housekeeper who can farm. The one who can cook can contribute her services for those dependent on the cook who can also farm. The one with training or instincts of the kindergarten can devote herself to the care of the children of the mother who can farm, and so on down the line of occupations and workers. The escape from work that may have become monotonous or even distasteful to work that is congenial will be, in itself, a real rest and recreation.

The city woman is as closely linked up to this system of substitution as the country sister. She can substitute her training and leisure as an exchange for work at which she would not be a success. She can organize committees or whole campaigns, can conduct successful registration bureaux and place workers where they "count for most." She can organize whole villages or country sides into co-operative living that will be real welfare work and pave the way for future nation-wide campaigns which must come later if life is to be lived as effectively and honestly as it should be.

The city woman who can demonstrate successfully could organize community canning centres and here again the garden can give of his surplus, the work of her leisure and a store of winter foodstuffs can be put by for the one who is forced to forsake home for a while and substitute in order to support. The one who is an expert caterer should find a place where her talents count for the utmost in conserving food even though she has never catered for her own family. Not one talent must go unused. Substitution is the great work from this time until the war ends. No one must claim exemption and, in a very real sense, the one who substitutes must be supported while she in turn supports.

SUBSTITUTE! SUPPORT! CARRY ON!

Glory is of little consequence to the man with a large family of starving children.

There's  
Nothing  
Like

Zam-Buk's soothing and healing ointment. Zam-Buk has been our household balm for fourteen years, and we could not do without it.

All dealers or Zam-Buk Co., Toronto. 60c. box, 3 for \$1.25.

For eczema and skin troubles of all kinds Zam-Buk has no equal; also for old sores, ulcers, abscesses, boils, pimples, blood-poisoning, piles, cuts, burns, bruises and scalds.

THE ZAM-BUK CO., TORONTO.

THICK, GLOSSY HAIR  
FREE FROM DANDRUFF

Girls! Try it! Hair gets soft, fluffy and beautiful—Get a small bottle of Dandruff.

If you care for heavy hair that glitters with beauty and is radiant with life, has an incomparable softness and is fluffy and lustreous, try Dandruff. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy healthy hair if you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; the hair falls out fast. Surely get a small bottle of Dandruff from any drug store and just try it.

## ANSWER TO THE SAME OLD CHARGE

Red Cross Society Says Socks Are Not Sold to Soldiers.

Most of our Branches have been confronted with the sock selling story, not all have as yet heard of the stolen sweater. We thought this peculiar "scandal" (or shall we call it "landmark") was peculiar to the packing Department of the Head Office, but we find we have not the monopoly. It is shared by more than one Ontario Branch, among them Ottawa. The witty President of the Ottawa Branch dealt with the scandal and slew it with his pen in the columns of the Ottawa "Citizen", so that it could not hope for a resurrection.

We gladly quote parts of his letter for the entertainment and encouragement of other Branches. Dr. Robertson writes:

A rumour has been running around Ottawa about a Sweater—a hand-made Sweater. Everybody has heard all about it and everybody knows anything about it. Hence this letter.

Sometimes, so I am told, the Sweater is in the colours of a well-known college, sometimes it has its knitter's name under the label, sometimes it proves its identity by the peculiar shape of its pockets. Dame Rumour reports that the maker of the Sweater has a son or a husband or a brother or a nephew at the front. The Dame is certain, quite certain, that he (the man at the front) is related to her, or to the maker of the Sweater or to the sweater; but she is not sure of the exact nature of the relationship.

Dame Rumour further alleges that the maker of the Sweater forwarded it by express, or sent it by her daughter or by someone else, or carried it herself or caused it to be delivered in some other way, to the Red Cross Rooms at Ottawa. The place of delivery or destination at Ottawa is the Union Bank Building, or the Plaza Building or the New Customs Building, or some other building or all of them at the same time or at different times. The Sweater was to be sent forward to her son or husband or nephew at the front or fronts, or training camps or elsewhere. Sometimes it was sent in, in a box which contained also cakes or puddings or tinned meats or chocolate or tobacco. Sometimes it was sent alone.

Dame Rumour received a message from the man at the front or fronts or elsewhere. Sometimes she received the message in a letter direct from the man at the front or fronts, or reading a letter which came to the maker of the Sweater; sometimes she got it in news from a friend or a comrade of his overseas. At any rate, no matter how the message came, it came. Frequently, but not always, the message said that the man received the cakes, the pudding, the chocolates or other things. But he never got the Sweater, the Sweater with his college colours or the initials or the pockets.

Then Dame Rumour roused herself. She knew her Ottawa and she knew her Sweater and she knew her duty. She started for the Red Cross rooms in company with the maker of the Sweater. There in the office or the cutting-room, or the receiving room, or the packing room, or the shipping room, or in some of them or all of them she discovered the long lost Sweater. It was being worn by one of the ladies of the Red Cross Society, or by the Chairman as a fancy knitted vest, or it was on a table around which the ladies were just then drawing lots among themselves for the winner of the Sweater. (In Toronto it is either the Editor or the man who drives the Red Cross Express wagon who is supposed to wear it, perhaps on alternate days.)

Dame Rumour regrets, she says so herself, with tears-cackling down the back of her throat, she distinctly regrets that some Red Cross people and some other volunteers to work at Red Cross rooms on purpose to get, and wear that Sweater. So much for Dame Rumour. Now for a little truth and fact.

The Red Cross Society does not accept any kind of goods to be forwarded to any individual. It has no record of having received a Sweater with a request that it should be sent on to any individual. The Red Cross workers, among whom diligent enquiry has been made, never saw a Sweater or heard of any enquiry from anyone on its behalf.

None of the Red Cross supplies have been wasted or misapplied. They have gone and are going directly and safely to places where they furnish extra comforts and succour to the sick and wounded from war. Red Cross service is a sacrament in loving remembrance of those who have gone to pay, if need be, the last full measure of devotion which free men can pay to uphold a just cause.

The Red Cross Society wants to find the name and address of the maker or giver or sender of Dame Rumour's Sweater. Will you, gentle reader, help in the hunt? The reputation of Red Cross workers is being assailed. There may be amongst us a dug-out whose occupants lie low and attack in the back. Let us discover the author of the Sweater.

Words are sometimes used to express ideas and sometimes the want of them.

## HIGHWAY ACT FINALLY ADOPTED

Rule of Road Changed—Will Come into Effect by Order in Council.

Fredericton, April, 17.—The budget debate was resumed in the Legislature by Dr. Hetherington, of Queens who strongly supported the government.

When the highway bill was taken up Hon. Mr. Veniot said that when section fifteen was stood over he had announced that he had received many requests from all parts of the province to change the rule of the road from the left to the right, in conformity with the rule in force in Quebec and Ontario, and the United States. He did not know what had been done in Nova Scotia, but a decision must be made and he would like a frank expression of the opinion of the House.

Mr. Murray (Kings) said as he understood Nova Scotia had decided against the change he would favor the retention of the old rule.

Mr. Baxter favored the change. Mr. Dickson read a letter from a resident of Norton, who urged that the change should not be made as it would inconvenience a million people for the benefit of a few from the United States.

Hon. Rbt. Murray heartily favored the change.

Mr. Smith (Albert) and Dr. McGrath favored the change.

Messrs. Magee, Dymally and Jones declared themselves against the change.

Hon. Mr. Roberts said some accidents might result from the change, but if the present rule is continued accidents will continue to occur. Mr. Smith (Carleton) approved of the change, and Mr. Tilley said this was a piece of progressive legislation which should be adopted, while Hon. Mr. Smith said he was very much against it.

Hon. Mr. Foster said it would be well to make the change as soon as possible. Some of the farmers might object, but it would be beneficial, especially in the border counties. Mr. Sutton said that, living near the border of Maine, he knew of the need for the change and that it would be in the interest of public safety.

Mr. Seavey moved that the members would vote down the change.

The motion to adopt section 15 (leaving the rule as it was) being put the chairman declared it lost, 19 to 20. Hon. Mr. Veniot moved that section 15 be amended to provide for turning to the right. Adopted, 23 to 19.

Mr. Magee submitted an amendment to provide that the proclamation to bring the act into force be not issued until concurrent legislation had been adopted by Nova Scotia and arrangements had been made to bring the change in the rule into effect in the two provinces on the same day. Lost, 16 to 24.

Hon. Mr. Veniot said that the change in the rule of the road would not go into effect until a proclamation was issued by the governor-in-council and that proclamation would not be issued until the people had a chance to become accustomed to the new rule. He explained that the old law although amended conditionally would stand until such time as the proclamation was issued.

Hon. Mr. Veniot submitted a new subsection to section 17. He explained that it had been pointed out to him that some warrants might be issued this year under the old rule and if so they would not be collectable under the new act, the object of the amendment was to legalize such warrants. The amendment was adopted.

Additional sections were introduced by Mr. Veniot to provide for home rule in road matters in the parish of Langar. These sections make the parish a separate highway division provided that the highway board shall consist of the three county councillors and two other members appointed by the government and the government power to appoint chairman and secretary. Lost.

The bill to provide for tax exemption on government war bonds was introduced and an amendment providing that the exemption should not apply to school taxes was adopted also. The bill provides that the exemptions shall be at the discretion of the various municipal councils. Mr. Tilley objected that the section relating to school taxes was in conformity with the St. John bill which he had withdrawn on the understanding that a provincial bill be introduced. An amendment was adopted exempting St. John from this provision of the act.

Hard to Locate. "Borrowing from Peter to pay Paul is bad business," said Mr. Duhaime. "So it is," replied the impecunious citizen. "In my case I find it exceptionally bad business."

"And why should it be worse for you than for anybody else?" "I have the dickens of a time finding Peter."

## HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

Providence, R. I.—"I was all run down in health, was nervous, had backaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. ADELINA E. LYNCH, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms of a functional disturbance or an unhealthy condition which often develops into a more serious ailment. Women in this condition should not continue to drag along without help, but try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

## Stream Drivers Boots

Just received a fine line. Going at a low price.

## MURISCO—

For Spring Cleaning In All Tints.

## PAINTS—

Automobile Paints, House Paints and Varnishes, for inside and outside.

A large assortment of Screen Doors and Window Screens.

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