

## WARD OFF INFLUENZA BY KEEPING IN BEST PHYSICAL CONDITION

**Persons Who Catch Cold Easily  
and Who Are Weak And  
Run-Down Are Earliest Vic-  
tims.**

**DANGER IS TOO GREAT TO  
TAKE ANY CHANCES.**

**Build Up Your Bodily Powers  
or Resistance By Taking  
Tanlac And Fortify Against  
Attack.**

Much of the difficulty experienced by health authorities in checking the spread of influenza lies in the fact that it spreads with almost lightning rapidity. Although state and city authorities have succeeded in keeping it under control in some sections, the disease has gotten entirely beyond control in others.

It is universally agreed by all well-informed persons that the surest preventive is to get the system into the best possible physical condition, in order to be able to throw off the infection. It has been stated that it is possible to perfect the powers of human resistance so that it can throw off almost any infection, not excepting Spanish influenza, which is generally supposed to be one of the most contagious diseases known.

Medical authorities agree that people who are weak and run-down are the earliest victims of the influenza epidemic. If you find yourself weak and losing flesh, or if you are in a generally run-down condition you are really in danger if you should come in contact with the influenza germ. As a powerful re-constructive tonic and system builder Tanlac is without

an equal. This is a statement of fact, and is fully supported by recognized authorities. According to all accepted reference works, including the U. S. Dispensatory, Encyclopedia Britannica, and the leading text-books used in the schools of medicine, the principal ingredients of Tanlac possess the most powerful re-constructive properties known to science. This statement is further proven by the fact that millions of persons who have actually taken Tanlac have testified to its extraordinary powers as a medicine.

Tanlac restores health and strength to the weak and run-down system by enabling every organ of the body to perform its proper function in the way nature intended. It creates a good, healthy appetite for wholesome, nourishing food, and is an ideal strengthening tonic for persons who are in a run-down condition and who are suffering from the after-effects of hard winter colds, grippe, or bronchial troubles.

Irrefutable evidence of the re-constructive powers of Tanlac is shown by the fact that it was used by tens of thousands during last year's epidemic with splendid results. One well-known Texas physician stated that he had never found anything to equal Tanlac for building up his patients who had had influenza, and that he had treated over fourteen hundred cases in one month.

In connection with the Tanlac treatment, keep the bowels open by taking Tanlac Laxative Tablets, samples of which are enclosed with every bottle of Tanlac.

Tanlac is sold in St. John's by M. Connors, under the personal direction of a special Tanlac representative; in Harbourfront, by Thomas Wakely & Sons; in Placentia, by James Murphy & Son, and in Topsail by J. K. Bursell.—adv.

## In the Prize Ring.

**FULTON HAS EASY WIN.**

Boston, Feb. 6.—With a stiff left hook in the stomach in the eighth round, Fred Fulton, the lanky heavyweight from Minnesota, knocked out John Lester Johnson, the New York coloured heavyweight at Mechanics Building, to-night. When the knock-out came Johnson was a badly beaten boxer, but after the referee had counted him out he got to his feet and started looking for more punishment. After the second round Johnson was simply a punching bag for the challenger of Jack Dempsey.

About all the hitting Fulton did was with his left. He hooked and jabbed Johnson in the face and stomach in every round. He boxed in a cool manner all the time, and when Johnson did slap him in the face with a left or countered on the body with the right the big plasterer would smile. Several times Fulton tried to get his right on John's jaw, but the blows landed on his ear or face.

For a couple of rounds Johnson showed some aggressiveness, but when Fulton kept shooting stiff lefts to his nose, mouth and eyes, Johnson resorted to running and covering up.

**FREDDY WELSH RETURNS TO THE  
SQUARED CIRCLE.**

New York, Feb. 6.—Freddie Welsh is going to return to the ring. The ex-lightweight champion now a captain in the army, expects to receive his discharge within a short time, and he announced that he will attempt to "come back."

When Benny Leonard took the

lightweight title from Welsh in 1917, Billy Gibson, Leonard's manager, promised Welsh the first chance at the new champion over the twenty-round route. That promise still holds good.

Word received here from Miami, Fla., to the effect that the Bahama Islands shortly will make a flattering offer for a championship bout between Leonard and Welsh, revived interest in lightweight circles and caused Welsh to make his announcement. The match has not yet been made, but Billy Gibson said he will consider it seriously and Welsh will eagerly accept.

"Two years in the army has put me in better condition than I have been in during the last five years," a chance to regain the title and share a handsome purse has caused me to reverse my earlier decision to stay in retirement."

Welsh said that Gibson, true to his promise, offered the New Haven match that later was given to Johnny Dundee and then called off by Connecticut authorities. Being a captain in the army Welsh was unable to accept the match.

**TUNNEY BEAT ROBERTS.**

Newark, N.J., Feb. 6.—Gene Tunney, light-heavyweight champion of the American Expeditionary Force, knocked out Al Roberts of Staten Island, in the final round of an eight-round bout at the First Regt. Armoury here to-night. Tunney weighed 175 pounds, one more than his opponent. The soldier champion showed

improvement and exhibited some clever work. He scored one knockdown in the first round, three in the seventh and ended the bout with a right smash to the jaw. Roberts put up a game battle.

Eddie Fitzsimmons, the promising New York lightweight outwitted Jimmy Duffy of New York in an eight-round contest. Duffy weighed 137 pounds, and Fitzsimmons 135 3-4. The opening bout between Charley Beecher and Battling Reddy, both New York featherweights, had an abrupt ending in the fourth round, when the two fell through the ropes, and Reddy was knocked unconscious, his head striking the side of the ring. Beecher was having the better of the bout.

**AMERICAN BOXERS FOR PARIS.**

New York, Feb. 6.—Nine American boxers will sail for France on the Mauretania to-morrow. They are: Max Williamson, a Philadelphia bantam Frankie Brown, an East Side feather; Eddie May, an Allentown lightweight; K. O. Wilde Loughlin, a South Bethlehem welter; Johnny Alecks, a Philadelphia welter; Jimmy Liggett, a Philadelphia negro middleweight; Jeff Smith, the well-known middleweight of Bayonne; and Tom Cowler, the English heavyweight.

Each boxer will take part in four bouts in Paris. Smith is said to be matched for twenty-five rounds with Georges Carpentier, while Cowler will meet Joe Beckett, the British heavyweight champion. The Cowler-Beckett bout will be decided on February 21, and the Smith-Carpentier scrap is scheduled for February 28.

**JACK DEMPSEY'S MOVIE IS CALLED  
"DAREDEVIL JACK."**

While Charles B. Cochran issues statement after statement concerning his plans to stage the Jack Dempsey-Georges Carpentier battle, pointing his remarks with wavings of a fistful of cables signed "Descamps," and Jim Croft sits back sphinx-like, his silence stimulating prophecy as to how it will all turn out, the champion himself works on serenely out in the sunshine of Los Angeles making a movie for the Pathe Company that will show Jess Willard's conquerer to the film fans as the super-six hero of a fifteen chapter serial called "Daredevil Jack." It will be ready for the waiting fans on February 15th.

Between times when not busy mauling the gang of civilians or being the little Romeo on the job to the blond heroine, Jack has been "paling" around with the kings and queens of the movies and reports have it that he is having a "swell" time. He started his career as a picture star in December. At first Jack felt that the World was all wrong. He felt as much at ease as a Mexican at the Hague when the director piloted him into a big barn of a building with a glass roof and then issued some orders about make-up that was all Greek to Jack. But Jack picked up his ears when he heard the director say "it's going to be a long shot so make his eyes pretty black," and he felt more groggy than Fred Fulton after the big plasterer had been in the ring with Dempsey 15 seconds when a little brunette walked up to him and started to smear his eyebrows and eyelashes with a black grease pencil.

But all that has been forgotten now by Dempsey and they say he walks up in front of the camera and pulls a Douglas Fairbanks smile without thinking twice about it. And he even appears to feel lonesome when his face is not prettied up with grease paint. He has also learned to be a little more gentle with the supers so now it is not so hard getting villains for his picture.

If promises mean anything Jack will have the movie patrons hanging on to the arms of the theatre chairs and the young girls blinking their eyes as they watch the handsome hero plant a kiss on the lips of the heroine. But through all the film heroism Dempsey is reported to be keeping in mind the fact that he is the champion. He is working hard, gets up early and reports to the studio and is back hitting the hay every night when the curfew rings at 10 o'clock—Pathe Exchange.

### At the Majestic.

The show at the Majestic last night was everything that could be desired by the most discriminating audience. The feature, "The Coming of the Law," featuring dare-devil Tom Mix, was chock-full of concentrated action, and the very atmosphere of the wild and reckless west permeated the picture. Coming to a lawless settlement ostensibly as a tenderfoot, Mix right away starts things and from this moment to the end of the story keeps them moving—with a vengeance. Gunplay, cow-punching, newspaper-editing and love are mixed in five reels of as entertaining a picture as has been screened at the Majestic for months. In addition to the feature there is the Sunshine Comedy, "Virtuous Husband," a roar from start to finish. Acted by an all-star cast, this comedy is the best Fox one to be put on yet, and if the standard set is kept at par, nothing better could be desired. See this excellent picture to-night.

**OLD SEALS AT GRIQUET.**—A good sign of old seals was reported in a message received from Griquet yesterday.

### Dress and Dance.

(From the Catholic Register.)

Lewd dances and vulgar, semi-barbarous, pagan fashions in dress have been roundly condemned by the Church for 1900 years. The preachers have thundered their denunciations and the writers have moralised on the sin and the disgrace to Christianity, while at the same time recognizing the futility of their efforts to slay the sin and scandal. The prophets in the Old Law had much to say on the subject.

The Church not long since laid down plain rules to govern the conduct of Church organizations in their relation to dances. Good Catholics are scandalized when these regulations are pushed aside and receive neither that reverence nor dutiful obedience due them. The scandal is greater when bestial dances and debasing fashions go hand in hand, and the proceeds of the entertainment are applied to some religious or semi-religious work.

Valiant Catholic women are required to oppose the pagan customs of our age. They must be strong enough in faith and courage to defy the fashion plate and refuse to acquiesce in its tyrannical orders. Protestant women of noble character have already protested against the immoral and de-

grading fashions and dances of the day as things lowering the dignity of womanhood.

Addressing "The Union of Catholic Women," Benedict XV. exhorted them to remember that Catholic women besides feeling it their duty to be virtuous, must feel it their duty too to appear such in the fashion of their clothes. They are bound, the Holy Father said, to repudiate fashions contrary to that modesty which ought to be always the fairest ornament of Catholic women.

Human respect is the chief reason why so many women follow the disgraceful fashions of the time. A number, too, of shabby-genteel Catholics

are always ready to ape the antics and the half-nakedness of the wealthy pagan neighbours.

**THE WRONG SEED.**

"And how are the tomatoes coming on?" asked Mr. Youngusband of his little wife.

"Well, dear," began the lady nervously, "I'm rather afraid we shall have to buy them, after all."

Mr. Youngusband frowned. "But, my dear Maria," he expostulated, "I distinctly understood from you a couple of months or so ago that you had planted a whole row!"

"That's quite right, dear," explained Maria, "but I've just remembered that I forgot to open the time!"



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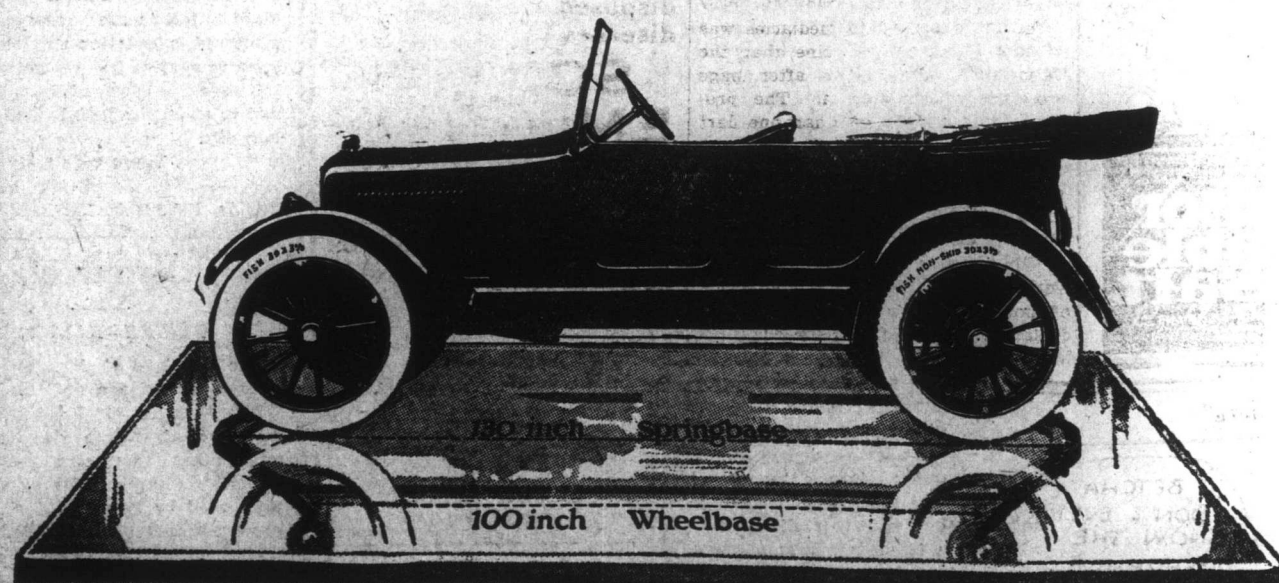
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