## CAN DO TWICE AS **MUCH WORK NOW**

Everything Agrees With Him and Friends are Complimenting Him On Big Change

T can do twice as much work no as I could bef re I took Tanlac, and IM tell the wor'd it's the greatest medicine ever made," was the empintic statement made recently by Arthur Scott, a well-known longshoremen living at Randolph, N. B. two and one half m les from St. John.

For two years before taking Tan-Lac I suffered almost continually from the wor t kind of stomach trouble. After every meal I had a feeling ilke a weight of lad in the pit of my stomach and a ti hiness across my chest that mide it hard for me to met my breath. If I ate anything sour, it would keep me feeling miserable for days afterwards.

"It was an effort for me to get through my work, and when the day was over I just felt completely played cut. I would wake up in the mornings fee ing tired and worn out and amfit f r anything. In fact I felt bad Anwrhearted and discouraged all the

"Fut just a few bottles of Tanlac have relieved me of all these troubles. My stomach never bothers me a pa ticle now, a d everything I eat seems to agree with me perfectly, for mever have a t uch of in ligestion. Everybody tells me I look better and I certainly fiel better in every way. I get up in the mornings full of pep, ready for a good hearty breakfast and a big day's work. I am doing the hardest kind of work and it doesn't give me a a b't of trouble. After what Tanlac has done for me I am ready to give it a good word any day."

Tablac is sold in Newcastle by E. J. Morris, in Redbank by Wm M. Sullivan and in Doaktown by O. Hilde

## "BUY AT HOME"



Minard's Liniment

Yarmouth, - - N.S.

1869 — 600 Branches — 1919

# The Royal Bank of Canada



#### The Road from the Farm to the Bank should be well worn.

Go to the Manager of the nearest Royal Bank branch with your financial diffi-culties while they are small and he can usually help

SAPITAL AND RESERVES 833.000.000 TOTAL RESOURCES - \$470,000,000

#### LOOK TO SARDINIA FOR CORK

World Turning to That Island for Pro duction of Material So Much in Demand.

Cork has probably passed olive oil as the leading export of Sardinia, and Commercial Attache A. P. Dennis states that recent production has been so stimulated that a large factory at Tempio is quadrupling its capacity. The bark is stripped from the tree once in nine years. At the Tempio factory the dried bark is first thoroughly steamed and flattened out by hydraulic pressure; it then remains in piles about 30 days, when it is taken out covered with blue mold, and is carefully scraped on both sides and cut into widths varying according to the lengths of the cork stoppers desired. The strips are cut by cubes, a process requiring highly skilled labor, with much care in picking out defective pieces. The corks have been rounded and tapered by high speed cutting machines, but a new abrasive process is claimed to reduce the waste of this finishing from 20 to 30 per cent. Before the war the fine dust sold in Germany for unknown use for about \$90 a ton. At Terranova the cork is differently utilized, the best being baled in sheets for shipment, while the inferior is coarsely ground and used with a magnesium surface for walls and floor coverings. The war demand was for cork trench mattresses, which were both light and afforded protection from cold and

#### MOTOR CARS ON STAGE LINE

Old Four-In-Hand Vehicles on Nevada Roadways Succumb to March of Improvement.

Stage lines in Nevada have abandoned the time-honoored four-in-hands of horses in favor of high-powered motor busses.

Daily, with clocklike precision, these big cars pound along the 100 miles of sun-bitten alkali roadway carrying passengers and mall. In much less time and far greater comfort the ranchers and business men of today speed over the same roads where once rattled the four-in-hand stage, slow, jolty and not at all certain of reach ing its destination.

The cost of transportation by motor bus compares favorably with operating expenses of the horse stage. The proprietors of the lines are thorough busi-ness men and can tell to the penny the gasoline mileage of every car, the oil consumption and just how much service is obtained from tires.-San Francisco Bulletin.

Land Reclamation Scheme.

The British board of agriculture has inaugurated a scheme for the reclama-tion of land on the Lincolnshire shore of the Wash. A bank is being constructed from Wainfleet, a little below Skegnees, to Freiston, near Boston (Lincolnshire), commencing at the Wainfleet end, and by this means it is hoped to recover about 12,000 acres. The work is in charge of a resident engineer in Wainfleet and will employ a large number of men, who will be selected from demobilized soldiers and sailors, and thus obviate the taking away of labor from agriculture. It is said that in the middle of the last century a reclamation scheme was started, and it was then estimated that a sufficiently large area would be redeemed from the Wash to form a new English county. The enterprise was abandoned, but experts have always maintained its practicability, which is now in the course of being tested.

Saw George Eliot's Ghost.

The death of Mrs. Katherine Mac quoid, the veteran novelist, at the great age of ninety-three, severs another of the few remaining links with the Vic-torian past. A contemporary of George Eliot. Mrs. Macquoid used to tell how she once saw the famous writer in a

When George Eliot went to live at Chelsea Mrs. Macquoid proposed to go and call on her. But before she could do so a remarkable and tragic thing happened.

One night Mrs. Macquoid awoke suddenly, and saw the figure of George Eliot standing between the bed and the wall. The apparition was distinct and unmistakable. On the following evening Mrs. Macquoid learned of George Eliot's death.

Things Looking Up in Serbia.

There are many evidences of better-ing conditions in Belgrade, Serbia. Belgrade university opened a short time ago. The American Red Cross is now erecting barracks to house the students

during the summer.

In the spirit of the people there is a marked change for the better in the last few months. Social gatherings are more frequent, and a few moving pic-

ture theaters are in operation. Shops in the city are gradually re-filling with stocks. Prices are high. Reports from the interior indicate a large grain harvest with a possible surplus for export in South Serbia. These reports have had encouraging effect on life in the capital.

China to Make Cement.

The cement requirements of North China will probably soon be supplied by domestic production. One large con-cern is said to control this industry in North China, and its plant is located at Tangshan, a small town about 100 miles northeast of Tientsin, on the Peking-Mukden rallway. It is equipped with modern machinery, and secures its supply of limestone on the site of



for Bread, Cakes & Pastry

CALDOR BURN-

The St. Lawrence Flour Mills Co.

Montreal, P.Q. Hallfax, N.S.

RESS a cut, burn or scald with

Zam-Buk and fiery smarting pain is stopped, inflammation disappears. Where skin is blis-

disappears. There is his distributed or broken, the Zam-Buk dressing acts as a perfect antiseptic shield over the flesh. It prevents disease infection or any tendency to fester

or become "mattery."
Zam-Buk owes this marvellous heal-

ing and disease-dispelling power to

its refined herbal character-its com-

piete freedom from the crude drugs

and animal fats found in ordinary ointments. You will find Zam-Buk

equally valuable for healing sore cracked hands, frost-bite and chil-

blains, and in winter eczema, ulcers,

and obstinate sores.
Consider how often you've wanted just such a safe, ever-ready skin remedy as Zam-Buk.
Then get a box to-day and keep it always handy.
50 cents, all deal as. 3 for \$1.25.

scalp disease, piles, poiloned wound

For speed in independence, Rose, Our baby, can't be beat, Already, 'twixt her mouth and toes She's making both ends meet.

An Omission. Suzanne—Have you heard the news? Sergt. Jack Huggins has married a

French girl overseas. Madeline—I don't believe it. I've examined the daily casualty lists carefully and never saw it mentioned.

Silent. "That Mrs. Wise is a remarkable woman," said Mr. Benedict.

"What is so remarkable about her?" isked Mr. Bachelor.

"Why, she is a silent partner in a ocal firm," replied Mr. Benedict.

"Evidently she doesn't like me." "What did she say?"
"She just told me that she wouldn't

marry me if I were the richest man on earth."

The Umpire. "I guess I must be the umpire in

my family."
"What makes you think so?" "Because all my decisions

Ill at Ease. "So you had a bad half-hour at the

Ladies' club?" "Yes, I couldn't talk politics i itelligently and I was afraid to ask for the smoking room."

Up in the Air.

The Magistrate-What's the charge gainst this man, officer? The Air Cop-He was speeding in a high-power racing plane and ran down a child's goplane.—Tale Spins

Her Preference.

"Does Mrs. Jacks sweep with dig-nity in a room?" "No, indeed; she is too up-to-date or that. She uses a vacuum cleaner."

The Kind He's After. Tom-Do you intend to go abroad on your wedding trip when you get married? Dick-I do if I marry the right girl,

A Time Tested Cold Remedy

Your grandparents can tell you of the wonderfully beneficial properties, and of the many remedies effected by the favorite family cough and cold remedy of their time—

## SHARP'S BALSAM

of Horehound and Anise Seed

Seventy years ago this valuable medicine came into prominence and public favor, through its effective action in the successful treatment of coughs, colds, and amiliar affections. For seventy years it has stood the test of a reliable family cold remedy, and today it is the most dependable, most popular remedy in

st. JOHN. N. B.

### Skaters! WHEN IT'S A CUT

Are Your Skates Dull?

I have installed an up-to-date Skate Grinding Machine for this winter and am ready to keep your skates and scissors in good order. Bring them at once to

Thos. S. J. Martineau 52-5 Newcastle, N. B.

## Dan R. Hogan's **MEAT** MARKET

Beef, Fowl. Pork and Fish ALL GOODS DELIVERED PLOMPTLY

Give Us a Call PRICES RIGHT! Phone 120

# The Hand That Rocks the Cradle Knows Whats Best

To say that she makes Good Bread is one of the highest compliments ever offered to the mistress of the house. If the Bread that Mother makes is better it is because she uses Flour that is better

# Robin Hood

Guaranteed under penalty to give you better satisfaction than any other Flour milled in Canada.

We also carry other Hardwheat Brands. Blends and Soft Wheat Flours Rolled Oats, Pork, Beans, Bacon, Lard, Shortening, Apples, ugar and Creamery Butter.

### FEEDS for Horses and Cattle and Hogs

Middlings, Shorts, Bran, Corn Meal, Barley Meal, Monarch Hog Feed, Oats, No. I Quebec Hay, and Calf Meal (at Greatly Reduced Prices)

## FOR HENS

Try some of Laying Meal for each morning's mash, as per directions on every parcel, then Cracked Corn, Whole Corn and Feed Wheat for other Meals. Make them lay while Eggs are in good demand.

Until Dec. 31st we will give a Discount on all Cash Purchases