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The Playgrounds

The Vacation Play-ground committee of the Civic Club feel much indebted to Mr. R. W. Tufts who is giving his time to the canvass of funds necessary to finance this scheme

The following is a list of those who have generously contributed to the Childrens Play-ground Equipment Fund, each person named giving \$5.00:

R. W. Tufts, W. C. B. Harris, J. D. Harris, Edson Graham, C. H. Porter, H. E. Woodman, Percy Porter, Grant B. Porter, T. S. Stay young by keeping your Sanford, J. R. Black, C. H. stomach, bowels, liver, kidneys Sanford, J. R. Black, C. H. stomach, bowels, liver, kidneys wright, A. M. Young, McConard bladder healthy and active. nell & Wescott, O. H. Foshay, L. W. Sleep, W. O. Puls fer, E. S. Build up your strength and Le Pays Perdu. Crawley, M. R. Elliott, J. Edw. Hales, H. E. Calkin, H. M. Watson, A. M. Wheaton, G. H. Wat- THE GREAT GENERAL erbury Jr., C.D. Koppel, J.F. Koppel, J. E. Tufts, W. A. Coit, J. W. Smith, H. W. Phinney.

Mr. Tufts expresses himself as much pleased with the spirit of are feeling the least bit jaded, tir- ients of the department are reco-operation and ready response ed and worn out. See for your- ceiving treatment. to this call. A play-ground for self how quickly it rejuvenates—July and August with director in charge equipped with games that amuse and instruct will be a splendid asset to our beautiful town. All who wish to belo can body. town. All who wish to help can body. make donations to Mrs. Faye C.
Stewart, Treas. of Play-ground Get Phosphonol to-day. Look for the name on the package and accept no substitute.

It is easier to collect your arines, Ont. thoughts than it is to collect a back subscription from some re-

YOUTHFUL IN BODY AND MIND

Never mind your age-as measured by years. How do you feel? That's the thing that counts!

Men scarcely in their thirties haggard, listless, weak, nervousmen who take no interest in life, Though young in years, they are, nevertheless, old men. Their vital forces are on the wan. They've lost their "punch" and "pep." They feel old-and they look it!

Stay young by keeping your health. Nothing will accomplish these results better than.

TONIC

The Scobell Drug Co., St. Cath-

"Evangeline" for Acadia

Through the kind offices of Mr. J. Murray Gibbon General Publicity Agent of the C. P. R., the original burnt clay modle of "Evangeline," designed by the late Phillippe Hebert, and used just dragging out a weary exis- by Henri Hebert as the basis for tence, all in, tired and worn out. the statue being erected by the C. P. R. at Evangeline's well, has been presented to Acada University, in recognition of its services in promoting Canadian literature The mobel depicts "Evangeline at the moment when she turns back for a last look at the country from which she has been exiled, and bears the inscription "Pleurant

A board of tuberculosis sanator ium consultants has been appoint. ed by the director of med ical services of the department of soldiers re-establishment, to visit each of the twenty-three Sanatoria Just try Phosphonol when you throughout Canada in which pat-

The personnel of this board includes Dr. A. F. Miller, of the Nova Scotia Sanatorium, Kent-

The function of the board is in general to study the whole situa. tion in Canada with respect to the treatment of the tuberculosis occurring among ex-members of the forces, and, so far as possible to bring about the adoption of uniform standards of treat-The busy man on his busiest ment, equipment, records, etc., in gular church goer who asks the day has time to listen to the fel-such a way that the fullest bene-Editor why he is not a regular at- low who drops in to tell him what fit may be derived from treatment tendant.

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During the aftermath of influenza or its debilitating complications, there is more than ordinary need that you nourish and protect every avenue of your strength.

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