

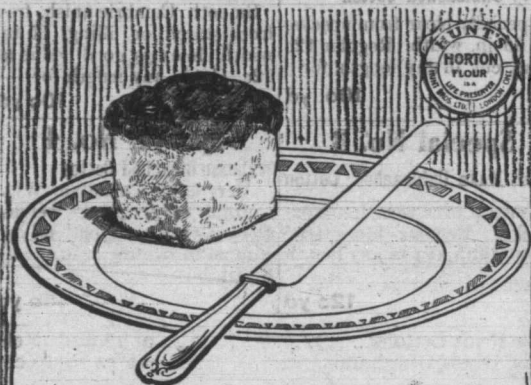
If you can make good bread from some flours, you can make better bread from

PURITY FLOUR

and more loaves to the barrel too. Buy it and see for yourself.



More Bread and Better Bread



The last one on the plate

Even so, take it. The rule of etiquette is temporarily suspended when biscuits of Horton Flour are on the table. Flaky, light, white, with delicate crisp-brown tops, they are simply delicious served steaming hot with maple syrup or with plain sweet country butter. No wonder the plate is cleared as if by magic. What higher tribute could be paid to Mother's skill in cookery and incidentally to the uniformity and high-grade qualities of Horton Flour. Grocers sell and are glad to recommend—

HORTON FLOUR

Highest Manitoba Patent

HUNT BROS., LIMITED, LONDON, ONTARIO

CROSS & DeWOLFE, Distributors

THE Pay and Pensions AND Patriotic Fund Allowance FOR OUR CANADIAN SOLDIERS

THE Canadian Government by Act of Parliament and the Canadian People by private subscription are amply providing for those who enlist in the service of their KING AND COUNTRY. Every man who enlists should know just what provision is made for those dependent upon him and the Nova Scotia Recruiting Committee publish herewith this information

Pay, including Field Allowance \$1.10 per day.....\$33.00 per month
Separation Allowance to wives of married men... 20.00 " "

Total.....\$53.00 " "

The above does not include Allowance from Patriotic Fund, which is a fund for assistance of Soldiers' families, maintained by Voluntary Subscription

There are many opportunities for promotion and consequent higher pay

PENSIONS

Pensions in case of disablement, total or partial, according to circumstances, from \$6.25 to \$22.00 per month, and, in case of total disablement in addition \$11.00 per month to wife and \$5.00 per month to each child

The above does not include allowance from Disablement Fund, which is a fund for assistance of disabled returned soldiers maintained by Voluntary Subscription

Pensions to widows and children in case of death, from injuries sustained or illness contracted during Military Service \$22.00 per month to wife and \$5.00 per month to each child

Total above will apply and subject of pension

Interesting Account of Trench Making at the Front.

Continued from page 2

firing line. From the four sections composing each platoon men are told off and these four platoon ration parties are guided back in the darkness to the place where the supplies are waiting. Some carry water bottles which have been taken from their comrades and fill these at the water carts which are also there. Others divide the rations and ammunition among them and wend their weary way back to the firing line where the food is divided up and each man starts another day with a full water bottle and twenty-four hours rations. Ammunition is brought up and deposited in convenient places along the trench, where men may replenish their supply. Sometimes when the ration party are on their way back a high explosive shell which is intended for a battery showing too much midnight activity drops among them. When this happens the ration party usually fails to report and the men in front go dry and hungry for a day.

Some Untouched Subjects

I have tried in my humble way to place before you in as concise a manner as possible how two great armies meet, fight, dig in, and settle down to the trench warfare which follows when they each are established in their position; how the trenches have grown from day to day and have been netted together by communication trenches; how the listening posts and the reconnoitering patrols perform their duties; how communication telephone lines are laid, ammunition supplies brought in, and how above our heads men contend for the mastery of the air. I wish I had time to discuss in detail the many other things that happen in the war zone. It would be interesting to describe how the aeroplane with its camera attached and regulated by its height and speed takes a picture of the enemy's lines in front of the guidance of our infantry, and the direction of our artillery; how machine gun emplacements are made, how the artillery hide their guns from the observing airman; how the engineers in a short time bridge a raging torrent, or build a road for heavy guns across a morass; how the surveyors map the country to the rear, and it is blocked and measured; how a battalion commander carries on the interior economy of his battalion, and the brigadier of his brigade; how sanitation is observed in the trenches; how the men are relieved when a fresh battalion marches in; how life is spent in billets; how men wash in the bath train and new clothes are supplied; what the duties of the scout and the sniper are; how the broken, wounded man is handed back from the dressing station to way hospital, and from way hospital to base, and many, many other things that I know would be interesting to those who have not had the opportunity of being here to see. Perhaps on some other occasion I may have the opportunity of dealing with these many matters, and of describing also how when the order to advance is made the wire entanglements of the enemy are destroyed, their most crossed, their defences demolished, their position captured, consolidated, and how it eventually becomes part and parcel of our own line, and perhaps in this connection also relate some of my own experiences in the battles of Langemarck and Festubert, the trench warfare in which I was engaged, and incidents dealing with the bravery of the gallant men I had the honor to command. These things can well be made the subject of a future discourse.

The Call for Men.

I have tried to trace the move-

ments of the young man from his home, through the training camps in Canada and England, to the firing line in Flanders or in France. He has been engaged in one of the greatest battles of the war; he has lain upon the hillside in the heat of the combat, while the rifles whispered, the machine guns muttered, and the bombs shouted "death." He has been nearly buried by the high explosive, shrapnel shells have burst in the air sending their deadly pellets all around him, pointed missiles like drops of rain have descended upon him from above; how his comrades have been killed or wounded by his side. I have left him in his trench on the far off hillside: he is there tonight in the cold, the rain and the darkness. He is risking his life for the safety and protection of your wife and your child, your mother and your sweetheart. He has fought for months under practically the same conditions as now exist. He is the haggard, worn and broken remnant of a man. Is it fair to ask him to fight on and on without your assistance? Can you see him looking back across the waters, can you hear him calling for the help you have not given? Shall you let him look and call in vain, or shall you do your duty and enlist now with the honored leader of the 104th, Colonel Fowler, who has heard and is answering the call to duty, and does not say to you "Go and fight," but "come and we shall, if needed, bleed and die together." Carry not, oh my friends, to do your bit for the Empire in this great world wide conflagration, but don the khaki and hand down to your children an honor that will sparkle brightly in the years to come.

ZAM-BUK CURED IN 2 MONTHS

After 2 Year Useless Treatment

The healing power of Zam-Buk is so much greater than of other ointments, that it has cured in many cases when all other ointments have failed. One such instance is that of Mr. Earle E. Gardiner, of Marquis, Sask., who writes: "For two years I suffered with a bad attack of salt-rheum on my feet. During those two years I tried every known remedy, but could find nothing that would cure the disease. Then I heard of Zam-Buk, and commenced using it. After the first few applications I noticed an improvement, and this encouraged me to continue. Although I had suffered for two years, after only two months' treatment with Zam-Buk I am completely cured."

Zam-Buk is equally good for eczema, ulcers, abscesses, blood poisoning, piles, cold sores, chapped hands, chilblains, eruptions, etc. At all drug stores, 50c. box, or from Zam-Buk Co., Toronto.

SUGAR CONSUMPTION MUST BE REDUCED

London, Feb. 15—The Royal Commission on sugar supplies announces that owing to restrictions in importations the quantity of sugar available in 1916 probably will be from 20 to 25 per cent less than in 1915, and that therefore an equivalent reduction is necessary. The commission expresses the hope that all consumers will restrict their use of sugar in this proportion.

The announcement says there will be no increase made in the scale of prices.

RHEUMO CURE RHEUMATISM

No matter how long standing your case may be, don't despair, get a bottle of Rheumo today. Clark sells it with a guarantee to benefit you. Rheumo is wonderful in its quick action, the pain ceases, the muscles and bones are rid of soreness and stiffness, and very soon a Rheumo patient is able to have the same strength and vitality of youth. Rheumo builds blood so rich and thick that uric acid cannot possibly exist. Rheumo costs only \$1.00 for a large bottle from Clark's Drug Store or direct, all charges prepaid, on B. V. Marion Co., Bridgeburg, Ont.

THE FAMILY PHYSICIAN

"Fruit-a-lives" is the Standby in This Ontario Home

SCOTLAND, Ont., Aug. 25th, 1913.

"My wife was a martyr to Constipation. We tried everything on the calendar without satisfaction, and spent large sums of money, until we happened on 'Fruit-a-lives'. We have used it in the family for about two years, and we would not use anything else as long as we can get 'Fruit-a-lives'."

J. W. HAMMOND.

"FRUIT-A-LIVES" is made from fruit juices and tonics—is mild in action—and pleasant in taste. 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

HORSES IN GERMANY ARE DYING OFF FAST.

London, Feb. 16—The Rotterdam correspondent of the Daily Mail says:

"Owing to insufficient fodder and the spreading of disease among horses in Germany, official advice on how to check disease is printed in the newspapers."

GUARD THE BABY AGAINST COLDS.

To guard the Baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little ones stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little ones will be good and that he will thrive and be happy and good-natured. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

"The motion picture, with all its thrills, and its wealth of romance, has never produced anything more startling than the recent news that Mary Pickford had received the staggering offer of \$300,000 a year to leave the company with which she has been connected during the past three years. Phenomenal as this offer seemed to be, Miss Pickford has rejected the huge sum in order to remain with her present employers."—So says a press agent.

Harborville news states that: Pte. Bernard Morris, we are glad to report, is sufficiently recovered from an attack of pneumonia, to be able to resume his duties in the 112th Batt., C. E. F. at Kentville. He will be accompanied by Pte. L. L. Aker, who has been confined to his home with bronchitis.

108

Nox a Cold IN ONE DAY

Refuse imitations. Every bottle has the number and wording, 108 Nox a Cold. This is the greatest and most wonderful of all cough medicines, 25c and 50c per bottle at Clarks Drug Store.

Having purchased the property occupied by the Niagara Spray Co. on the C. V. Ry., Kentville, I purpose erecting a Wood Working Establishment with all necessary machinery. All persons Requiring Sawing Done should make arrangements for hauling logs to the premises to be manufactured into frame or boards as required. Mill will start sawing April 1st. For further particulars and where to place logs. Apply to A. B. WARD, Kentville, July 17, Phone 115