

SO WHY WHINE?

those elves began to dig.

couldn't make out and so he watch

splash it washed the sweet pea flee up stream and the boats grew small

Smaller and smaller they grew and

And whether or not those fairies

ing cross. I'm no happier when I'm cross, so why be cross?" suggests the

And all out of the mouth of a baby. Perhaps you will be glad to know

that we have no copyright on this. You may have it too. Better still, do more than that! Pass it along.

DYSPEPSIA OVERCOME

Tone Up the Stomach with Hood's

Sarsaparilla.

life is miserable. You have a bad

taste in your mouth, a tenderness

at the pit of your stomach, a feeling

of puffy fulness, headache, heart-

Dyspepsia is difficult digestion-

that is what the word means-and

the only way to get rid of it is to

give vigor and tone to the stomach

and the whole digestive system.

Hood's Sarsaparilla, sold by all

druggists, is the one medicine which

acts on the stomach through the

blood and also directly. Its bene-

Hood's Sarsaparilla purifies the

blood, makes the rich red blood that

is needed for perfect digestion, and

builds up the whole system. Be sure

to get Hood's, for no other medicine

can take its place.

provement begins immediately.

are felt at once. Im

burn, and sometimes nausea.

When you have dyspepsia your

one who has been scolded.

when they were small enough the

where they belonged.

side down."

Said a crystal elf to a crystal elf: | handle when they're boat size. mucl "There's trouble in the fairy fields too big." up north there where the sweet peas together from the rorest of crystal grow. Dreadful, dreadful trouble!"

The other crystal elf took off his do you know, the very next day glass hat, rubbed it with his elbow until it shone in the sun, looked at asked, and they told him.
himself in its polished surface and "We're turning the river upside

"What's happened?" he asked. "An army of fairies with their queen swam up the magic river," said the first crystal elf, "and sailed ed and watched. They dug a new away a lot of the blossoms to use for channel and the river flowed round boats. You know how it is. When into it and flowed back to the som tumbles into the river and floats down it grows and grows to linto the fairy lake with a dreadful into the fairy lake with a dreadful boat size. And when it comes back up the magic river it shrinks to sweet pea size. The fairies knew that, and now the Fairy Queen has a fleet of pink sweet pea boats down on the fairy lake '

"I say it's a shame," said the second edf. "Those boats don't belong to her. Let's get them back."

"But how?" wailed the first elf. ever knew what became of their "They're much too big for us to flower-boats, I never heard.

who lives around the corner.

Her mother told us the story. The

little girl is five and even more cun-ning than that, of itself, implies. From the moment she wakes up in

the morning until the moment she drifts away into dreamland at night, she thrown off quaint, delightful lit

tle reactions on life like sparks from

a pinwheel. One Little Girl Didn't Know What

God-bless Meant.

The one in question came just be-

fore that last moment of drifting off. She was saying her prayers. She

had said the immortal prayer of child-

hood and added the immortal peti-tion to "bless PaPa and Mamma and

make me a good girl" (by the way, another little girl who had been re-

peating these same petitions for a

year or so startled me one night by

asking what "God-bless" meant, an

interesting commentary on the way the little folks repeat the sounds we

tell them to say without knowing half the time what they mean).

"Is that all?" said her mother.

Miss Five-years has a way of adding

"No," she said, "There's some more tonight." And then she went on, "Please, God, keep me from whining. I'm no happier when I whine so why whine."

whine, so why whine?"
And that, as you may guess, is our

family by-word.
Was ever the philosophy of life

Again and again ew find it coming to our lips,—usually, of course,

for some one else's benefit. Such is

human nature!
"Oh, Lord, keep me from worry-

ing. I'm no happier when I worry,

better expressed in a nutshell?

few words than this baby?

She was saying her prayers.

family circle.

n Public

CES

Cylinder

62 Light

63 Light

. \$1220.00

44 Medium

45 Medium

.. \$1450.00

44 Special

. . \$1490.00

..\$1550.00

47 Sedan

.\$2350.00

49 Seven

.. \$1900.00

Oshawa

2168

ALE

VERED FREE

me the following:

at \$4.00.....

at \$3.00 .....

at \$4.25 .....

at \$4.00.....

at \$3.00 .....

at \$4.25 ....

to points east of

Bay. A refund is

ozen quart bottles, on of 3 cents each

consignee: return

ases or bottles are

dit claims on The

n empties via the

hat your name and

empties to Mon-

ourchase must ac-

...\$1390.00

ars

Lesson VII.-First Quarter, For Feb. 18, 1917.

THE INTERNATIONAL SERIES.

SUNDAY SCHOOL.

Text of the Lesson, John iv, 43-54 Memory Verses, 49-51-Golden Text, Matt. viii, 13-Commentary Prepared

by Rev. D. M. Stearns.

The story of today is called the second miracle in Galilee, and it was wrought at the same place as the first, down. We're turning the river upin Cana of Galilee. Verses 46, 54, compare chapter ii, 2, 11. At the marriage Now why those elves were turning he manifested forth His glory, and it the river upside down the owl was on a third day (chapter ii, 1, 11), and I must confess to a special delight in working out the third day and the glory or kingdom veins of truth in the lake, and that's just what the crystal Scriptures, believing that it is only as the glory of His kingdom takes hold of us that we shall be the faithful followers we ought to be in this present evil age. It would seem from verses 43, 46, that this was another third day event, though it is just possible that there may have been an interval of a elves popped into them and sailed them back to the sweet pea field day or two between the two verses. but I think not. The marriage of the Lamb is the next great event in the future, and, counting a thousand years as one day, it will probably be the third day in the morning. Somewhere about that time will be the redemption of Israel, as it is written in Hos. vi, 2, After two days will He revive us; in the third day He will raise us up, and

ve shall live in His sight." Our Lord seemed to have the same thing in view when He said, "Behold, I cast out devils, and I do cures today and tomorrow, and the third day I shall be perfected" (Luke xiii, 32). It We have a new by-word in our amily circle.

It was supplied by the little girl who lives around the corner.

The who lives around the corner.

While be the time of the time o

shall not see evil any more" (Zeph. iii, 15). Note the sayings already in this So simple, and so profound!

Common sense and the secret of happiness wrapped up together!

So simple, and so profound!

Gospel concerning the Son of God, the King of Israel; heaven opened and Jacob's vision a reality, the temple of His body raised up, the kingdom which can only be entered by the new birth,

the saying about the bridegroom and the bride, His declaration that he was the Messiah and His reference to the narvest (chapters i, 50, 51; ii, 20, 21; iii, 3, 5, 29; iv, 26, 35). Surely we cannot but be fully persuaded that the kingdom and the glory were the joy ever before Him which enabled Him to endure (Heb. xii, 2). And how can we, His followers, hope to endure in iny other way?

This teaching will not bring us honfrom men, but the honor which cometh from God only will more than sufice (iv, 44; v, 44). The Galileans believed because they saw the things that He did at Jerusalem, and I do not know any truths which will work in us the Christ life like those concerning His coming and kingdom. A etter just in from the Philippines tells of a worker whom many people think queer because of these truths, but the remark was added that her lovely life wins many people to Him. That is the one thing worth while. The healing of the nobleman's son in this connecon makes us think of the time of the kingdom when the inhabitant shall not say, I am sick; the people that dwell

therein shall be forgiven their iniquity

heartache as, having left his son at

the point of death, he seeks the Great

Physician. We may not know how He

was encouraged to believe that the

Lord Jesus would help him, for the

healings at Capernaum of the demon

possessed man, and Peter's wife's

mother, and the centurion's servant,

and the ruler's daughter, seem all to

have taken place after this. But he

must somehow have seen or heard

enough to convince him that here there

was help for him, though he seemed to

think it necessary that Jesus should

accompany him home (verse 49). That

gracious word, "Go thy way; thy son

liveth" (verse 50), did its work in both

father and son, for the father went his

way believing and found on reaching

home the next day that the boy had

been healed at the very time that Jesus

had said the word. One result was

that the man's whole household believ-

ed in Jesus. Just as the Galileans

who had been to Jerusalem saw His

works and believed, so this household

saw and believed, and there are still

those who need to see something of

the power and grace of God in human

lives to lead them to believe, and they

ought to see it, for His life should be

manifest in His redeemed (II Cor. iv,

10, 11). For saved souls like Thomas it

is always true "Blessed are they that

have not seen, yet have believed"

(John xx. 29). The verb "to believe"

filled with joy and peace is by believ-

ing (Heb. xi, 6; Rom. xv, 13). We may

well ask ourselves, Do we know this

same Jesus?

(Isa. xxxiii, 24). After He had spoken the kingdom ruths of Matt. v-vii He gave samples of the kingdom in the healings of chapters viii and ix. While the kingdom is postponed because of His reection, we may not expect kingdom miracles, though in His great grace He has wrought many for many of His simple minded believers and has made it manifestly true that His word stands "according to your faith be it unto you." We may journey with this no-bleman and imagine something of his

through fight and pluck.

Speaking of the methods they emoloyed in British Columbia to carry their campaign, Mrs. Farris says; "But we never tagged. our own railway fare, and the whole campaign was run impersonally There was no looking for "sex privi

ledges." We thought no more of coming home at one in the morning with four or five men from a poli tical meeting where we had been speaking, than of going to a tea with our sister. But none of us ever re-ceived anything but the utmost courtesy throughout the whole campaign Sometimes, of course, we had to put our fears in our pocket. It wasn't nice to dash from one meeting to an other in a motor going at fifty miles an hour and on one wheel round the curves. But the men did that sort of thing without whimpering, and we were bound to die game. Sometimes we were cold too, and sometimes we were hungry, and always we were very, very tired, but we never ourselves think 'failure.' Miss Durham of the 'Vancouver Province had given us 'Success is Inevitable' so we feel that we must have been sustained in our watchword, and we kept that always before us. Looking back now, we won by a higher power Who saw that we were doing the best we knew how and gave us cour-

At New Westminister, a deputa-tiion waited upon Col. J. D. Taylor, M.P., in connection with the proposis found in some form in this gospel ninety-nine times and reminds us that without faith it is impossible to please al to build a highway along the in-

ask them to urge energetic actio



the grip, when you cough all day and of my smile, and say it's something all night you yip, when your lungs that's well worth while, and they are sprained and your throat is fondly hope that I may get worse, peeled, and your head feels much it's such a pleasure my nibs to nurse. like a football field. Oh, it's hard to smile, but it can be done; I have abode, the women carry a grievous tried the scheme and the effort won. load. They fret and worry and world And the doctor said, as he gave me and weep, they miss their meals and pills, and some castor oil and a quart they lose their sleep. And he is surely of squills, "I wish my patients were all like you, but they mostly roar when the doctor's due." And all who

It's hard to smile when you have as a man can be, behold the radiance minister unto me, when I'm as sick wishes to he can smile

Thrift to be Motto for 1917,

and Products Will Re-

duce Prices

To offset, to some degree, the

"Thrift," he says, "will be the

motto of many spring gardens in

stocked garden will go a long way

toward reducing the cost of living

"If this is your first garden, re-

conditions must be favorable, and

not sufficient to roughly scratch the

surface of your soil; the ground must be thoroughly worked to a

easily enough with a fork or spade.
"At the time when this work is

the young plants the food they need

are beginning to work with a gen-

erous application of manure, and then to dig this in thoroughly, tak-

with the soil. Then a suitable fer-tilizer should be added to the top

soil and raked into it. Later, this

will be washed down among the plant roots by the rain.

ly planned and carefully tended gardens in Canada this year than

ever before, and they will be better

gardens, gardens with a motive, planned and worked in for the best

Catarrh Cannot be Cured

"There will be more real personal-

for their proper development

worked or undrained soil.

to a normal level.

of true hair health. Get a 25 cent bottle of Knowlton's Danderine from any drug store or must be thoroughly worked to a toilet counter, and prove that your depth of eight or ten inches, and in hair is as pretty and soft as any— a small garden this may be done

resh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong

the women of Canada made for recognition in the field of politics. One of those who have contributed most to this history-in-the-making is Mrs.

John Wallace de Beque Farris, wife of Mr. Farris, M.P.P., of Vancouver.

Wall prescribed by one of the best physical in the country for years and is a sicinal in the country for y

The farmers of Nicomen Island



The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-Sonal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of

Infants and Children—Experience against Experiment.

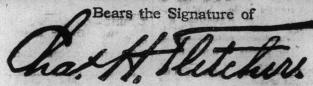
What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric,

Drops and Soothing Syrups. It is pleasant. It contains

neither Onium Morphine against entered in the neath of neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought

## SUTHERLAND'S

February Sale Commences Saturday 17th

Jas. L. Sutherland

Try as you will, after an applicaiton of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but high cost of living, W. D. George, what will please you most, will be advises the planting now of spring after a few week's use, when you see gardens. new hair, fine and downy at firstyes-but really new hair-growing all over the scalp,

A little Danderine immediately Canada for 1917. The high cost of doubles the beauty of your hair. No living claims attention, and a well difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing-your hair member that to grow good plants, will be light, fluffy and wavy, and whether flowers or vegetables, the have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer

that it has been neglected or injured by careless treatment—that's all.

Danderine is to the hair what done in a new garden, fertilizers resh showers of rain and sunshine should be added to the soil to give

Is Told of by British Columbia Woman Who Fought

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Caterial remedies. Hall's Catarrh Cure is taken internally, and acts directly upon tarrh is a blood or constitutional disease, and in order to cure it you must take in the chronicles will tell of the fight

From her first public move when. ith a few other women she founded their local University Women's Club, to the brilliant stand she made against the inquitious laws of Britsh Columbia that so discriminated against women, Mrs. Farris had sucess as her attendant. But, as she explains in Mary White's article, "A Woman's Fight for Decency," the access thus attained had to be won

age and strength for it all.

ternational boundary. God, and also that the only way to be

are waiting upon the Government to for their protection against floods from the Fraser River.

### OUR DAILY PATTERN -SERVICE

Varuable Suggestions or the Handy Homemaker— Order Any Pattern Through the Courier. Be Sure to State Size.

> LADY'S TWO GORE SKIRT. By Anabel Worthington.

A marked preference is shown this season for the separate skirt, which features the yoke effect, and this is true whether a silk or woollen weave-or a combination of materials-has been employed in the development of the garment.

In the model illustrated the deep yoke is the big style feature, but not the only one to draw admiration. To give a distinguished air to the garment and to show Fashion's latest whim, there are gathered side panels; these are joined to the tops of the gores, and gores and panels are attached to the yokes. The closing is at the left side with snaps. The button decoration to hip depth increases the "line" effect of the skirt, and so has more than decorative value.

For sports, walking and general wear, black and white worsted, serge, gabardine, weollen novelty weaves and other similar sturdy fabrics are suitable. With the aid of one of the new practical style of blouses a very smart costume may very reasonable output.

be had by copying this design. Style, fit sizes 24-30 waist measure. To make in and value will be all to your liking at a size 24 requires 4% yards of 36-inch material. The skirt pattern, No. 8,103, cuts in cents to the office of this publication

When You Make That Dress You Will Need BUTTONS. See Our Assortment

The RITCHIE BUTTON Co. 53 Colborne St. Phone 2055

# Show Your Practical Sympathy with Slave-Raided Belgium

If ever Belgium needed sympathy—OUR sympathy -she needs it now! To the ravages of fire, sword and a savage, brutish soldiery, Germany has added deliberate, cold-blooded slave-raiding.

Over 100,000 Belgian workmen have already been snatched from their homes and taken into slavery in unknown places. The mothers, wives and children who beg for their release are driven back by the Huns in utter despair. Neutral protests have failed to change Germany's inhuman purpose, nor can the Allies free Belgian manhood until the Teutons are crushed.

But we can save the women and children through the neutral Belgian Relief Commission, which is feeding three million of them. We can express our indignation, and our sympathy with our Ally's wrongs, in a practical way, by giving more liberally than ever to the Belgian Relief Fund.

Make this a personal matter! Decide what you can afford to give, and send your subscriptions weekly, monthly or in one hump sum to Local or Provincial Committees, or

Send Cheques

The Greatest, Most Efficiently Organized Relief Work The World Has Ever Seen.

At New Westminister, another of the real pioneers of British Columbia in the person of Mr. Lewis Francis Bonson passed aways at St. Mary's and a former mining recorder, expired recently.

Stricken with heart failure, Mr. Stricken w