DOMINION CHURCHMAN

is duty. Duty means what one ought which Gertrude had ao pick up and to do. That is what the little drummer did.'

190

"Coulden't they let down a ladder and get him up ?" asked Ethel despairingly.

"No," said mamma, "no ladder would be long enough, even if they had a ladder and had time to stop on their journey to help him."

"I'd like to have done my duty like drummer." remarked Tommy, the thoughtfully.

"Why, Tommy," answered mamma, "you have now lots of chance of being just as brave as he was, and when you get older, you will have many more.'

"But I am not a soldier," cried Tommy.

"Yes, my dearest child," said mamma, "we are all soldiers. You were made a soldier at your baptism, a soldier of Christ."

"But those kind of soldiers don't fight." said May.

"Yes they do," replied mamma; "don't you all sometimes find it hard to tell the truth, and to do your lessons ?" The children were silent.

"A boy or girl who tells the truth, does a braver thing than firing off a gun to kill some one."

Mamma then kissed the children and they went quietly to their studies, and Ethel actually went to bed without bothering nurse to let her stay up longer.

WARNER'S Safe Cure removes defective vision or sight. Why ? Because it gets rid of the poisonous kidney acid circulating in the blood. Impaired vision is caused by advanced kidney disease, an. other name for Bright's disease, which " has no symptom of its own." Warner's Safe Cure removes the cause, when moral vision returns.

THE MOST EXCELLENT SAUCES.

A Prince was overtaken in his walk by a shower, and sought shelter in the nearest cottage.

put into sacks till sunset.

After they had both returned to the house, her mother at length brought out the soup. Gertrude tasted it, and said, "This is certainly a different kind of soup ; it tastes better." So she ate the whole plateful.

But her mother smiled and said, "It is the very same soup which you left to-day at noon; but now it tastes better, because you have well earned your supper by hard work."

"A dinner, earn'd by honest labour, Will never want a pleasant flavour."

THE VALUE OF LONGEVITY.

Dr. Felix L. Oswald, in writing of the value of longevity, says :

"Can there be a doubt that Burns and Keats foresaw the issue of their struggle against bigotry, or that Cervantes, in the gloom of his misery could reat the signs of the dawn presaging a sunburst of posthumous fame?

"Spinoza and Schiller died at the threshold of their goal ; Pascal, Harvey, Macauley, Buckle and Bichat left their mimitable works half finished; Raphael, Mozart and Byron died at the verge of a summit which perhaps no other foot shall ever approach.

"The price of longevity would redeem the mortgage of our earthly paradise"-and it can be prolonged and should be, with care and the use of proper medicine at the right time.

Owing to the stress, the worry, and the annoyance of every day life, there is no doubt but that tens of thousands of men and women yearly fill premature graves.

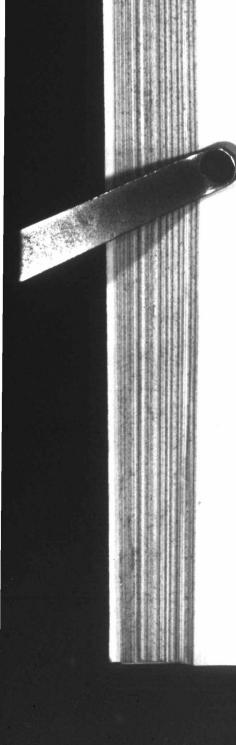
Especially after middle life should a careful watch be kept over one's physical condition. The symptoms of kidney disease, such as becoming easily tired, headache, neuralgia, feeble heart action, fickle appetite, a splendid feeling one day and all-gone one the next, persistent cough, trouble in urinating, etc., should be diligently looked into and at once stopped through a faithful The children happened to be sitting use of Warner's Safe Cure, which has at table, with a great dish full of oat- cured tens of thousands of such troubles Experiencing no pain in the region of the kidneys is no evidence that they are not diseased, as those great purifying organs have very few nerves of sensation, and oftentimes the kidneys are positively rotting and being passed away through the urine before the victim is aware he is suffering from advanced kidney disease, which is only another name for Bright's Disease.



Thispowder never varies. A marvel of purity strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competion with the multitude of low test, short weight, alum or phosphate powders. Sold only casses. BOYAL BAKING POWDER Co. 106 Wall St N. Y

the ends of spits and the outer and inner ends of extensive reefs, where there is a channel on each side. When red and black checkers are painted on a buoy, it marks either a rock in the open sea or an obstruction in the harbor, of small extent, with a channel all around. If there are two such obstructions, and a channel between them, the buoy on the right of you will have red and white checkers, and the one on your left will have black aud white checkers. When a wreck obstructs the channel a green buoy will be placed on the sea side of the wreck with the word "wreck" plainly painted on it in white letters, provided there is a clear channel all around it; otherwise, an even number will be NEW YORK CENTRAL painted in white above the word "wreck," when the buoy is on the right side of the channel, and an odd





meal porridge placed before them. and will cure yours. They were all eating it with a right good appetite, and looked, moreover, as fresh and ruddy as roses.

"How is it possible," said the prince to the mother," that they can eat such coarse food with such evident pleasure, and look so healthy and blooming withal?"

The mother answered, " It is on account of three kinds of sauces which I put on the food. First, I let the children earn their dinner by work; secondly, I give them nothing to est out of meal time, that they may bring an appetite with them to table ; thirdly, I bring them up in the habit of contentment, as I keep them altogether ignorant of dainties and sweetmeats."

" Seek far and wide, no better sauce you'll find

Than hunger, work, and a contented mind."

THE SOUP.

"The soup is not good enough-I dinner, and laid her spoon down.

ABOUT BUOYS.

Doubtless many people have noticed on entering a harbor, the different colore i baoys that sometimes mark the entrance, and have wondered just what they meant. Of course as sailors traverse the whole world, some uniform system has to be adopted-

those on your right as you pass in are painted red, and those on your left black. If you should see one painted in red and black horizontal bands, the ship should run as close to it as pos-sible, because that indicates the centre of a narrow channel. Brows with and can't eat it," said little Gertrude at black. If you should see one painted "Well, then," said her mother, "I ship should run as close to it as poswill get you some better at supper." sible, because that indicates the centre Her mother then went into the of a narrow channel. Buoys with red garden and dug up some potatoes, and black vertical stripes always mark Falkirk, Ont.

number if the buoy is on the left.

DR. WM. ROBERTS, Professor of Medicine in the Owen's College, Manchester, Eng, in writing of Bright's disease, says "The blood becomes speedily deteriorat ed by the unnatural drain through the kidneys. It becomes more watery and poorer in albumen, while urea, uric acid and the extrectives are unduly accumulated in it." Warner's Safe Cure will restore the kidneys to a healthy condition and purify the blood.

become feeble and fail in health from disease of theblood, liver, kidneys and stomach when prompt use of Burdock stomach when prompt use of Burdock are used exclusively for passenger trains, Blood Bitters, the grand purifying and thereby insuring SAFETY, FAST TIME, regualting tonic, would quickly regulate AND PUNCTUAL SERVICE. every bodily function and restore to perfect health.

IMPORTANT TO WORKINGMEN.-Artiz-ans, mechanics and laboring men are New York Central and Hudson River Bai liable to sudden accidents and injuries, road to the Grand Central Staton, thro as well as painful cords, stiff joints and the heart of New-York City. The estimate one that will mean the same thing everywhere. And so, in any harbour in the world, where the channel is marked with buoys, you will find that those on your right are not the the the same use.

travel between Ontario and New LOFK, L or New England. The GRAND TRUNK in connection with the NEW YORK CENTRAL forms The All-Rail Route. THE GREAT FOUR-TRACK New York Central and Hudson River Railroad

Is positively the only Trunk Line possessing railway stations in the City of New York, thereby avoiding all transfers and ferries.

THE MOST EXPENSIVE RAILROAD

relief, but when I got Hagyard's Pectoral Balsam I soon got ease. It was the best medicine I ever tried." Lizzie Ratcliffe, Falkirk, Ont.

ISSUED LIFE INT

MANUFA

The authoriz

VICE-PRESIDE

AUDITOBS :--- H. J.

Aret

PBI

Secr

Pioneer

Issues Pol Liability for for Injuries' Policies. Pre Agen