

HOME INTERESTS.

Conducted by HELENE.

Few of us mean to hide our love from the children or husband. It is only because we are so busy—so busy. We must do everything in the very quickest way, and at the same time keep planning and thinking of how all those other things are to be done—and so love is crowded out.

colds or allaying feverishness. Their citric acid supplies the blood with a cooling agent, making this fruit a febrifuge. Oranges act in the same way, but with slightly less strength.

THE IDEAL DUSTER. The process of dusting as generally carried on would be almost as much "honored in the breach as in the observance." No good housekeeper should own that petty abomination known as a feather duster, the gay flitting about of the same merely displacing the dust, which quickly settles elsewhere, says Table Talk.

TEA LEAVES MOISTENED WITH VINEGAR will remove the discoloration in glass caused by flowers. When it is necessary to clean windows in damp weather use a little methylated spirit, and you will polish the window in half the time, as the spirit evaporates and dries, the superfluous moisture as it goes.

THE NEAT GIRL. We all have among our acquaintances the girl who, without being the least good-looking, always manages to look neat and well-dressed. Perhaps she has only a small dress allowance, and whenever you meet her she looks smart and attractive, while other girls, with twice the money at their command, too often look shabby and dowdy.

FRUITS AND VEGETABLES. Dates are excellent for people with consumptive tendencies, are very easily digested and contain abundance of sugar.

MALEIC ACID is peculiarly helpful to the body, and apples, pears, plums, peaches and cherries all contain it. Tomatoes also contain it.

POTATOES, the old standby, contain all the inorganic elements of the body except fluorine. They contain a quantity of potassium salts—good for nerve and muscle.

LEMONS are excellent for curing colds or allaying feverishness. Their citric acid supplies the blood with a cooling agent, making this fruit a febrifuge.

DR. WOOD'S NORWAY PINE SYRUP. It is a pleasant, safe and effective remedy, that may be confidently relied upon as a specific for Coughs and Colds of all kinds, Hoarseness, Sore Throat, Pain in Chest, Asthma, Bronchitis, Whooping Cough, Quinsy, and all affections of the Throat and Lungs.

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to use up the scraps of pastry that are left over from baking pies. Cut into strips as long as the middle finger and twice as wide, strew with grated cheese a little salt and a pinch of cayenne; double these lengthwise, pinch the edges together along their length, sprinkle more cheese upon them and bake quickly; pile within a napkin upon a hot platter and serve at once.

Spiced Baked Apples—Core a half dozen large tart apples and fill the cavities with a mixture of a half cup of sugar, two tablespoonsful of cracker crumbs, two tablespoonsful of water, and a half teaspoonful each of mixed spices, cloves, allspice and cinnamon. Bake in a hot oven, having a little water in the baking dish.

Cream of Rice Soup—Cover one cup of rice with a quart of white stock, adding one slice of onion, one sprig of parsley and a celery leaf. Boil for thirty-five minutes and press through a sieve. Scald a cup and a half of milk, add the rice, season with salt and white pepper, and in a few minutes before serving add a half cup of cream.

Fried Celery—Prepare a batter for plain fritters and set aside for several hours. Cut the celery for this dish the slightly green may be used into three inch pieces, drop into salted water and boil for ten minutes or until tender. Drain, sprinkle each piece with salt and pepper, dip into the batter until well coated, drop into the smoking hot fat and fry golden brown. Drain on unglazed paper and serve with cream of tomato sauce.

Bermuda onion and water dress make a good combination either in a salad or a sandwich. The addition of a little horseradish gives an extra flavor to the combination. When the onion figures in a sandwich scrape or mince it. In the salad slices are better.

FUNNY SAYINGS

KNOW ABOUT MOSCOW. "What makes you late?" asked Tim's father, who in the boy's absence had to see to the evening chores himself. "Teacher kept me in."

A German, more of a sportsman than a horseman, came to grief at the first fence in a steeplechase. Pluckily remounting, he met the same fate at the second attempt. Asked the cause of his disasters, he said: "It vos like dis. Ven we koms to de first fence I did zink my horse vud jump, but he did not jump, so I went over his head. Ven ve koms to de second fence I did zink he vud not jump, and he did jump, so I went over his tail."

THE BROWNIES BALL. The Brownies gave a rustic Beneath a greenwood tree. When bluebells rang the chime, A band played merrily, The players came from forest.

AN UNEXPECTED ANSWER. "Tommy," said the visitor, who was very properly trying to impress a moral lesson on the lad's mind, "have you read the books in your Sunday-school library?"

PLEASANT AS SYRUP, nothing equals it as a worm medicine, the name is Mother Graves' Worm Exterminator, The greatest worm destroyer of the age.

Every Hour Delayed IN CURING A COLD IS DANGEROUS.

You have often heard people say: "It's only a cold, a trifling cough," but many a life history would read differently if, on the first appearance of a cough, it had been remedied with

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THE CANNY SCOT. A Scotsman went to an English race-meeting, and boldly staked a sovereign. The horse he backed proved a winner, and he went to the "bookie" to claim his winnings.

COULDN'T FOOL HIM. The organist of a country church having fallen ill, could not perform his duty, so he asked a friend of his, an accomplished musician, to play in his stead.

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MRS. HALL'S PLAN TO SHORTEN LIFE.

Catholic View that Merciful Dispatch Is Murder Endorsed by Physicians and Thinkers.

(Literary Digest.)

The time-worn subject of "autopsia" has been ventilated again at some length in the daily papers, owing to its recent advocacy by Miss Helen Hall at a meeting of the American Humane Association of Philadelphia. Miss Hall proposed that persons mortally wounded or suffering with painful and incurable diseases should be put quietly out of their misery, just as we would deal with an animal in the same condition.

EVER THE WAY. Life is a highway wondrous fair, And we are but pilgrims journeying there.

THE AFTERMATH. For grief and fear that fill my life to-day, For which I cannot give thee thanks, O Lord.

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The Poet's Corner.

"I AM SO SORRY."

A child came to her father yesterday, Wet-eyed and trembling-lipped, yet unafraid, And pardon for some wrong deed sweetly prayed.

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OUR B...

Dear Girls and Boys:

How glad I was to be from two new nieces, Irene and Edna. I am pleased to enjoy the stories, and making scrap books I will provide more poetry.

Dear Aunt Becky: I have just received the letter from the little cousin who has had lovely weather more like spring than winter.

Dear Aunt Becky: We are two new nieces for love, two little cousins who the country on farms that another.

Dear Aunt Becky: I feel quite timorous to you, as this is my first True Witness. I hope you put it in the Cozy Corner you do I will write you ever I live in St. Lambert, named a school in Montreal named bishop's Commercial Academy I learn Sacred History, a Catchism, shorthand and ing. In St. Lambert I have fun. I skate, play hockey, toboggan, as I have not I will close.

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