

Asthma.

Symptoms.—Distressing tightness across the chest, difficult breathing, a wheezing noise upon drawing in the breath, worse at night, and in very damp or very dusty atmosphere.

Cause.—This is a nervous disease, peculiar to certain constitutions, the exciting causes are exposure to dampness, the inhaling of dust, etc.

Cure.—Relax the spasmodic tightness of the chest by teaspoonful doses of Tinct. Lobelia in sweetened water every-half hour or oftener till relieved; bathe the throat and chest with Hagyard's Yellow Oil, and take Hagyard's Pectoral Balsam to keep the bronchial pipes free from mucous; strengthen the system and regulate the general health with Burdock Blood Bitters, and seek a residence where the air is pure, clear and dry, avoiding all exposure to either dampness or dust.

Abscesses.

Symptoms.—Large deep-seated sores or cavities in the flesh from swellings containing pus.

Cause.—Inflammation, a scrofulous condition of the system, etc. Hip Disease, and Goitre or King's Evil are among the worst varieties of Abscesses.

Cure.—Burdock Blood Bitters is nature's true specific for all scrofulous conditions of the system, and should be resorted to without delay. The sores if containing matter should be punctured to allow free discharge or poulticed with Flax Seed or Slippery Elm, and Burdock Healing Ointment freely applied as a dressing. The Burdock Blood Bitters has been applied with almost marvellous success, used outwardly direct upon the sore, as in the case of the Revd. Mr. Stout, whose extraordinary cure of Scrofulous Abscess is noted elsewhere in this book. The Burdock Blood Bitters should be regularly taken, until every sign of the disease is absent from the system.

Biliousness and Liver Complaint.

Symptoms.—Most prominent may be noticed pain in the region of the shoulders, irregular action of the bowels, headache, faint or sick stomach, alternate costiveness and looseness of the bowels, bad taste in the mouth, capricious appetite and feelings, etc. Should there be a sallow complexion, yellowness of the whites of the eyes, and other bilious symptoms, it indicates an overflow of the bile into the blood, as in Jaundice.

Cause.—A naturally bilious temperament, indulgence in too rich or hearty food, the excessive use of greasy food, indigestion, etc.

Cure.—Arouse the biliary organs to carry off the overflow of bile by the free use of Burdock Blood Bitters; if not sufficiently laxative, use in connection Burdock Pills, continue the Burdock Blood Bitters until all the secretions are regulated and the system is toned.

Diet.—Avoid fat meat and all greasy food, shun pastry, pickles, hot biscuit and all indigestible and highly seasoned articles either of food or drink, strong tea and coffee and all malt or spirituous liquors are hurtful. Eat ripe fruits of a mildly acid nature, stale bread, or brown bread, lean beef or mutton, wild game, oatmeal, pure milk, sweet cream, soft boiled eggs and such-like diet that will easily digest should be used, and the great Key to Health Burdock Blood Bitters will unlock all the secretions, and liberate the sufferer from the thraldom of this troublesome disease.

Boils, Blotched Face, Pimples and Eruptive Diseases of the Skin

Are caused by impure blood, errors in diet, want of cleanliness, neglect of keeping the pores of the skin open, etc. The general health should be attended to, proper bathing, careful diet, avoiding greasy food, and keeping