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TABLE WEIGHTS AND MEASURES.

1 tablespoonful of salt	weighs 1 ounce
2 tablespoons of spice	weigh 1 ounce
1 quart of flour	weighs 1 pound
2 cups butter	weigh 1 pound
1 generous pint liquid	weighs 1 pound
2 heaping cups powdered sugar	weigh 1 pound
9 large eggs	weigh 1 pound
4 cups flour	weigh 1 pound
2 cups	1 pint