The average woman knows very little about the attachments of her machine. Speak to her about using the narrow hemmer for French seams or fell seams (referred to in chapter on seams) and she will say, "I can't be bothered. I'd have to change the foot." To hear some women talk one would think it was an all day's job to change the foot. As a matter of fact, it takes only a few seconds. If you are not really well acquainted with your box of attachments, take a half day and material and your instruction book and become acquainted. You'll be surprised to see what a good friend you will find. It will be more than worth while.

As every machine instruction book contains the table showing the size of needle to use with various threads, it will not be given here. The trouble is not so much that women do not use the right needle, but that they use too coarse a thread. If you become accustomed to using a finer thread for ordinary purposes, you will be both pleased and surprised at the

improvement in the results.

## HOUSEHOLD SEWING.

Just a few words on household sewing. We will not attempt to take this very large subject up to any extent in this bulletin-just a few words about a few things. In making things for use in the household-things that must necessarily be strong-use the machine as much as possible. Why women hem dish cloths and dish towels by hand is a little difficult to understand. They could be done on the machine easily in one-fifth the time. Don't complain about the hemmer not hemming until you are a couple of inches away from the starting point. We used to hear about "the man behind the gun that does the work." It is the woman in front of the hemmer that does the work. To avoid the difficulty just referred to, cut a little three-cornered piece from the material just before you insert it in the hemmer. Then insert the bias edge, formed by this cut, and, using the stiletto, push it forward until the needle will catch the material. Then lower the pressure foot and stitch. The threads (upper and lower) should, of course, be at the back, and it is well to hold them so that they do not tangle.

A small pin-cushion tied to the arm of the machine directly in front of the worker will be found a very convenient saving both in time and temper. Be careful that it is small, else it would be in the way.

Wall pockets are such a comfort that we must pause to say a few words about them. Some excellent housekeepers have a wall pocket containing a duster on the back of the closet door in every bedroom. Needless to say, these wall pockets wash. For that reason tape is better than