

the tenth grade, which is considered to require fully ten years to attain, even with constant application. In Tokio there are two large institutions under the direct supervision of Kano himself. Every afternoon, many hundreds of boys and young men, mostly between ten and twenty years of age, gather there from all parts of the capital and practice until dusk with ardent zeal, but with complete discipline. It is the chief daily amusement of these town boys to go and study the art in a



PLATE IX

In this hold the arm is pulled across the back of the neck and the enemy is held in place to break his elbow joint by the grip on his throat and wrist and his own weight.

spacious hall adapted to the purpose. Periodically some special matches are arranged to test and promote the pupils. They are all taught gratuitously. No cost is incurred in the study, except for training suits. Pupils have to take the oath to obey the rules when they apply for admission. This school has now become so popular that the pupils studying directly or indirectly under Kano's instruction may be counted by many thousands. In the police department of Tokio all the constables are compulsorily trained in the system. It is due to the study of "Jiudo" that the Japanese police, in spite of