## Are you having difficulties with:

Finances? Unreasonable Landlords? Academics? University Regulations?

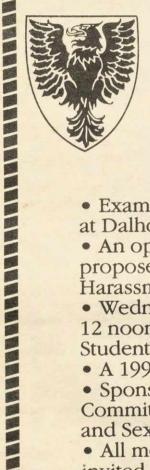
If you are getting strangled in red tape or are simply unsure of where to go to resolve your difficulties, contact the **Ombud**. The **Ombud** will advise you on procedures of redress or mediation and will work toward achieving equitable solutions.

### **Ombud's Office**

Room 403 Student Union Building 494-6583

Don't let needless complications ruin your year





Dalhousie University

# Forum on Discriminatory Harassment

- Examples of discriminatory harassment at Dalhousie
- An opportunity to comment upon the proposed Policy on Discriminatory Harassment
- Wednesday, November 4, 1992,
  12 noon to 2:00 PM, Gr een Room,
  Student Union Building
- A 1992 Human Rights Day Event
- Sponsored by the Dalhousie University Committee to Draft a Policy on Racism and Sexism
- All members of the University are invited to attend



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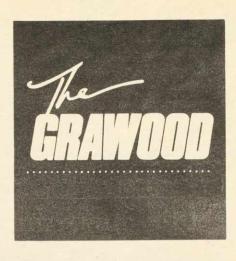
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#### WORK IN JAPAN FOR ONE YEAR

Over 300 Canadians will have the chance to experience Japan as Assistant English Teachers beginning Aug. 1/93.

## THE 1993 JAPAN EXCHANGE AND TEACHING (JET) PROGRAMME

The JET Programme is an international youth exchange sponsored by the government of Japan. To qualify, candidates must have a university degree by the end of July 20, 1993, hold Canadian citizenship and preferably be under 35 years of age. Applicants must use the official application forms. Please do not send resumes. For more information and an application form, please contact:

The JET Office
Consulate-General of Japan
600, rue de la Gauchetiere Ouest, Suite 1785
Montreal, QC H3B 4L8
The Application Deadline is December 4, 1992.

#### First Aid/CPR Courses Offered

One-day sessions are scheduled for: Tuesday, Nov.3 Thursday, Dec.3

from 9:00 a.m. to 4:30 p.m. Cost is \$40 plus gst. Register at Dalplex, front Information Desk. Ask for "Emergency First Aid/CPR" when registering. Maximum enrolment is 10 people per course. This 61/2 hour course teaches the life saving skills: artificial respiration, choking, control of bleeding, shock, and a CPR element (adult), including heart attack and stroke.

Dalplex also offers regular CPR courses. For more information, please contact Dan MacKenzie 494-2194 for inquiries or dates and times of these courses.

For more information, contact the Safety Office at 494-2495.