

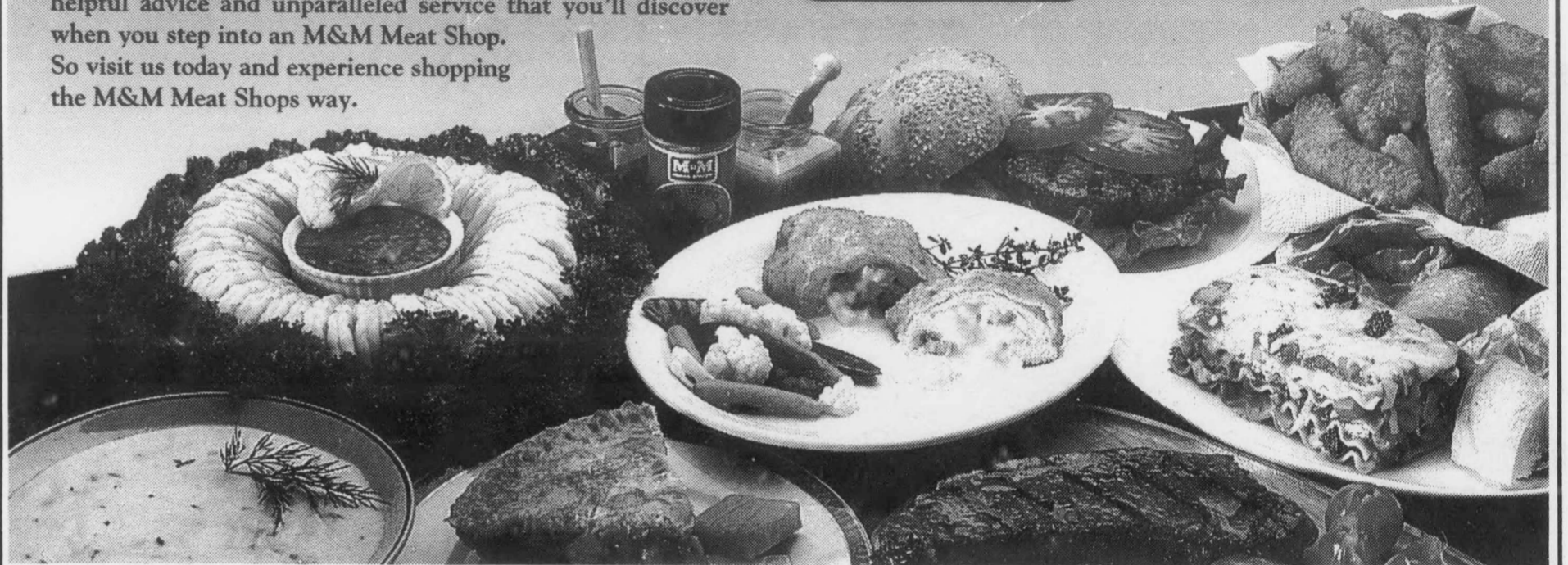
Come and Get It.

At M&M Meat Shops, we make it quick and easy for you to serve up a deliciously wholesome meal in just minutes. You see, the majority of our products are prepared and ready for the oven, microwave or BBQ, leaving you with more precious leisure time!

However, what this ad can't show you is the friendly smile, helpful advice and unparalleled service that you'll discover when you step into an M&M Meat Shop. So visit us today and experience shopping the M&M Meat Shops way.




**So Good To
Come Home To.**



 100% Beef -
No salt or additives


Pure Beef Patties

18 x 3.2oz. patties **9⁹⁹** 1.64kg/
3.6 lb. box

 Microwave or Oven Ready

Chicken Newburg, Kiev, Italiano, A La Mer, or Cordon Swiss

Breaded boneless chicken breast
portions stuffed with
gourmet style filling. **2⁹⁹** 6 oz./170 g
each

 BBQ Ready

Kabobs


Teriyaki: Beef, Souvlaki, Pork or
BBQ Chicken Kabobs.
Sold Individually. **2⁹⁹** 140 g each

 Guaranteed Tender

Filet Mignon

Beef tenderloin aged for optimum
tenderness and taste **14⁹⁹** 6 x 113g/ 4 oz. portions


Bacon Wrapped **6⁶⁹** Each
284 g/10 oz.
portions

 Fresh Refrigerated

Wieners

Quality wieners. Produced exclusively for
M & M Meat Shops by J.M. Schneider.
450 g pkg. of 12. **1⁹⁹** pkg.

**Student Saver Cards
accepted on Mondays
for Regular and Sale
priced items.**

 Thaw n' Serve

New York Style Cheesecake

Choose from:
**Amaretto,
Black Forest
or Chocolate Swirl** **4⁹⁹** 6 x 285 g/
4 oz.

Hours
MON. 9-7
TUE. 9-7
WED. 9-9
THUR. 9-9
FRI. 9-9
SAT. 9-7
SUN. 11-6

Prices in Effect
SEPT. 5th to SEPT. 18th.
1111 Regent St.
Village Centre
459-5651

