

should have it and if all were carefully kept away from the infection, none would have it, and thousands of lives would thus be saved.

In any and every house where there is a case of the disease plain notice of the fact should be posted up in a conspicuous place in order that all persons not required there shall keep away. Any person with sore throat should not be kissed. When the disease is prevalent, children should be kept from all schools, or these should be closed; and travelling in public conveyances should be avoided by children. Some times the unaffected children of the family in which there is a case may be sent away to a house in which there is no one liable to the disease, but such children should not be allowed to mingle with others for two weeks.

Great care should be exercised that no food, and especially milk, be taken or distributed from any place where there is scarlet fever. Families moving should exercise great care that they do not move into houses in which it has recently existed. A written certificate to this effect from the landlord would be safest. Be wary of laundries which may chance to have received infected clothing.

Unclean surroundings deteriorate the general health and so render the human body more liable to contract this (as well as any other specific) disease. Special care therefore in this respect is most desirable. Remove or destroy filth of every sort, use disinfectants freely, and let in abundance of fresh air and sunlight everywhere.

All cases of the disease should be at once reported to the health authorities.

Newspapers in reporting deaths should be requested to mention scarlet fever, that people may be warned away.

The isolated, sick room should be in the uppermost part of the house, and as large and airy as possible; cleared from carpets and hangings of every sort, and of all other unnecessary articles. A room with an open grate or fire place is most desirable, in which a little fire, or even a burning lamp high up in the fire place, may be kept as a ventilator. A sheet wet with a

disinfecting solution should always hang before the door communicating with the rest of the house. It is better that no person but the one acting as nurse and the physician should enter the sick room. The nurse should exercise great care in all respects, but especially in respect to communicating with other members of the household.

All discharges from the nose and mouth should be carefully wiped by pieces of rag only, and each piece, after being once used, should be immediately burned. A vessel containing a solution of good chloride of lime (4 oz. to a gallon of soft water) should be on or near the bed at all times for the patient to spit into.

As the hands of nurses will become frequently soiled by the discharges, a good supply of towels and soap and two basins—one containing a solution of the chloride of lime, the other clean water—should always be on hand for immediate use.

All cups or other vessels or utensils used by or about the patient should be scrupulously cleaned in boiling water before being used by others; and all food and drink so touched should be destroyed.

All discharges from bowels and kidneys should be received direct from the body into vessels containing a strong solution of corrosive sublimate;—4 oz. of the salt to a gallon of water, with a drachm of permanganate of potash to give color, as a precaution against poisoning. For these discharges use a quarter pint of this to a gallon of water; in which it is best to keep them for several hours, when they should be consigned to a sewer, through the water closet, or buried a safe distance from any well of water supply, but never put in a privy vault.

All clothing, bedding, etc., from the patient, should be thrown at once on removal into a tub containing several gallons of the chloride solution, in which they should remain at least two hours. Never carry such things through the house before they have been wet in the disinfecting fluid.

Under the direction of a physician, it is well to anoint the body of the patient