

10-10

4× 6

mineral salts—also the outer bran coat that is so useful in keeping the bowels healthy and active. Shredded Wheat Biscuit is the real "war bread" because it is 100 per cent. whole wheat prepared in a digestible form. Contains no yeast, baking powder, seasoning, or chemi-cals of any kind. Food con-servation begins with Shredded Wheat Biscuit for break-fast and ends with Shredded Wheat Biscuit for supper. Delicious with sliced bananas,

berries, or other fruits. Made in Canada.





20 Tons

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It Kills Germs and P the Air.

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Packed in Barrels and

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