

of rest from manual labour, and is only well kept when we withdraw wholly from carnal employments, and worship God in spirit and in truth. It is required that there should be a stricter observance of it in all our churches. If christians would abstain more fully from conversation and thought of worldly things, and converse and meditate upon spiritual, they would grow more in grace and enjoy more of the comforting influences of religion in their souls.

Your Committee are of opinion that much of the desecration of the Sabbath by the unconverted might be prevented, were christians more faithful in observing it as God requires. It is a lamentable fact that but few christian parents train up their children to a strict observance of the Sabbath, but rather suffer them to engage in vain and idle pursuits, or stroll about at their pleasure—this should not be.

The Committee hope the day is not far distant when all true christians will more fully by life and conversation, "Remember the Sabbath day to keep it holy."

Respectfully submitted.

J. E. BALCOM, *Chairman.*

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REPORT ON TEMPERANCE.

Your Committee are deeply impressed with the conviction that it is the imperative duty of every person to abstain from the use of ardent spirits, and to endeavour to advance the cause of temperance. Intoxicating liquors are still drank in our province to a great extent; many disgraceful cases of drunkenness occur from time to time. There are still many places where this poison is dealt out to men by which many of our fellow-beings ruin both themselves and their families and cause iniquity to abound in our land. We regard the use of spirituous liquors as one of the most powerful injuries by which the wicked one maintains his kingdom in this present evil world.

Your Committee would therefore affectionately request all Pastors and members of the Churches to extend all their influence in this noble and commendable enterprise. Let us endeavour to enlighten the public mind concerning this great