Female Troubles

Many women suffer in silence for honorable reasons. They alone know the pains which afflict them-continually or at regular intervals. Agonizing backaches: headaches: prostration: irregularity of the vital functions: the change of life; weakness, easily accounted for. All these things have been cured by Dr. Williams' Pink Pills for Pale People: They cannot harm the most delicate girl or woman of advancing age. Their use will save you the humiliating necessity of a medical examination. Special directions for use in these troubles accompany each box of pills and should be carefully followed.

AFTER FOUR OPERATIONS

Throughout Canada there are thousands and thousands of women who undergo daily painssometimes bordering on agony-such as only women can endure in uncomplaining silence. the story of Mrs. Frank Evans, of 33 Frontenac street, Montreal, will bring hope and joy, as it points the way to renewed health and certain release from pain, Mrs. Evans says: "I feel that I ought to say a good word for Dr. Williams' Pink Pills, in the hope that my experience may be of benefit to some other suffering woman. I am now twenty-three years of age, and since my eleventh benefit to some other sunering woman. I am now twenty-time year's baye suffered far more than my share of agony from the ailments that afflict my sex. At the age of sixteen the trouble had grown so bad that I had to undergo an operation in the Montreal age of slates in the state of t was again suffering terribly and was taken to the general hospital where another operation was performed. This gave me relief for two or three months, and again the old trouble came on, and I would suffer for days at a time and nothing seemed to relieve the pain. In February, 1890, I was again obliged to go to the hospital and underwent a fourth operation. Even this did not help me and as the chloroform adminstered during the operation affected my heart, I would not permit a further operation, and was taken home still a great sufferer. In 1890, I was advised to try Dr. Williams' Pink Pills, and decided to do so. I have used the pills for several months and have found more relief from them than from the four operations which I passed through, and I warmly recommend them to all women suffering from the ailments which afflict so many of my sex."

Writing under a later date Mrs. Evans says:—"I am glad to be able to tell you that not only has the great improvement which Dr. Williams' Pink Pills effected in my condition continued, but I am now perfectly well. I had given up all hope when I began the use of the pills, but they have restored me to such health as I have not before known for years. I feel so grateful for what your medicine has done for me that I gladly give you permission to publish my letters in the hope that other women will follow my example and find health and strength and new happiness through the use of Dr. Williams' Pink Pills."

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No discovery in medicine in modern times has proved such a blessing to women as Dr. Williams' Pink Pills. They act directly on the blood and nerves, invigorate the body, regulate the functions and restore health and strength to the exhausted patient when every effort of the physician proves unavailing. Other so-called tonics are mere imitations of these pills and should be refused. The genuine bear the full name, "Dr. Williams' Pink Pills for Pale People" on the wrapper around each box.

SUFFERING WOMEN

The amount of suffering borne by women throughout the country can never be estimated, Silently, almost hopelessly, they endure from day to day afflictions that can only fall to the lot of women. The following story of the suffering and release of Mrs. Charles Hoeg, of Southampton, N.S., ought to bring hope and health and happiness to other sufferers. Mrs Hoeg says:—"For nine out of the thirty-two years of my life I have suffered as no woman, unless she has been similarly afflicted, can imagine I could suffer and yet have lived. Three weeks out of four I would be unable to move about and, indeed, at no time was really fit to attend to my household duties, I consulted physicians—three of the most skilful doctors in the county of Cumberland at different times had charge of my

MOCK OYSTERS .- One can of corn, half a cup of milk, one teaspoonful of salt, two eggs, and enough flour to make a stiff batter; drop by the spoonful in a well-buttered frying-pan.

TOMATO SOUP .- One can tomatoes, one onion, three pints of water, boiled three-quarters of an hour; strain; add four ounces of butter, two ounces of flour, two tablespoonfuls of sugar, one of salt, a pinch of cayenne pepper; rub butter and flour together; add one-half pint sweet milk.