contributing in our cifferent ways to the broader contacts and deeper mutual uncerstanding which are essential ingredients of better Sest-Jest relations.

Canada has long been in the forefront of Western countries which have sought improvement of those relations through the process we call détente -- the reduction of tensions and the promotion of cooperation on the basis of mutual confidence and reciprocal benefit. We have long realized that a balanced military stand-off would not be a sufficient basis for lasting security. We, therefore, together with our allies in NATO, began to look for security through better relations between governments. It is significant, I think, that a particularly Canadian approach to alliance -- one which Mr. Pearson had for many years advocated -- was vindicated by this process. For NATO in the course of the sixties began to evolve into what he had wanted for so long -- a truly consultative organization

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