The Temperance Cause.

FACTS FOR THE DRINKER.

In the last number of the British Medical Journal for 1883, there is a summary of the principal events of interest to the profession. Under Medicine, the habitual use of an excessive quantity of alcohol and its results was the subject of investigation or enquiry conducted by a committee, members of the Harveian Society (named after the immortal Harvey, the discoverer of the circulation of the blood), whose report was presented in the first month of this year. The committee obtained 10,000 records of death from all causes from the profession in London, England. Of this number, alcohol accelerated death in 1,005 and caused it in 397 cases. From the study of the statistics thus furnished, and a comparison with the Registrar-General's returns, the committee came to the conclusion that the mortality among intemperate persons showed a fourfold increase in deaths from disease of the chylopoietic viscera (spleen and pancreas, including the liver), a twofold increase in deaths from renal (kidney) disease, an increase under pneumonia and pleurisy, under disease of the central nervous system, and under disease attributed to atrophy and debility. On the other hand, intemperate people did not seem to die of phthisis (consumption) in the same large proportion, or at the same early age as the temperate. Neither did they die so soon of heart disease, of brouchitis, or emphysema. Further, the percentage shown by diseases of old age is very low, since they do not often attuin to old age. This, the committee say, appears to be a truism.

A resident of beck seems to have been writing to Lord Wolseley in reference to the Red River Expedition. The writer was apparently curious to know how the General was led to exclude from it all alcoholic liquors; and the reply was in these words :-"I beg to acquaint you that I caused the rations to be issued to the troops during the Red River Expedition, according to the scale of diet given to the lumbermen in the backwoods of Canada. I knew from experience how hard these lumbermen worked, and how well they thrived without any intoxicating beverage." Thus experience reproduces itself.

#### WHERE THE SCOTT ACT IS IN OPERATION.

THE following is a list of the constituencies in which the Scott act has been adopted; Nova Scotia-Annapolis, Cape Breton, Colchester, Cumberland, Digby, Hants, Inverness, King's, Pictou, Qucen's, Shelburne, Yarmouth. Prince Edward Island-Charlottetown (city), King's; Prince Queen's. New Brunswick—Albert, Carleton, Charlotte, Fredericton (city) King's, Northumberland, Queen's Sunbury; Westmorland, York. Ontario,—Halton, Oxford, Manitoba—Lisgar, Marquette. In the following counties Scott act campaigns are in progress: Northumberland and Durham, Russel, and Prescott, Stormont. Clengarry and Dundas, Ont.

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in preference to the Doctor's gargle, as it gave them more relief. When the throat is coated, it can be used as it is in the buttle, without being diluted. I believe that every house should have your Medicines in them.

Yours truly,

Sold everywhere.

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5-TON STE \$50 篇 JONES OF BINGHAMTON,

### What is Catarrh?

What is Catarrh?

(From the Mail, Can., Dec, 14th).

CATARRH is a more-purulent discharge of the vegetable purasite annobs in the internal lining membrane of the nose. This partisite is only developed under favorable circumstances, and these are:—Morbid state of the blood, as the blighted corpuscie of tubercle, the germ poison of spinlins, mercury, toxonea, from the retention of the effeted matter of the skin, suppressed perspiration, badly ventilated sleeping apartments, and other poisons that are germinated in the blood. These poisons keep the internal lining membrane of the nose in a constant state of irritation, ever ready for the deposit of the secds of these germas, which spread up the postrils and down the fauces, or back of the throat, causing ulceration of the throat, up the enstachman tubes, causing dearness; burrowing in the vocal cords, causing hoarseness; usurping the proper structure of the bronchinal tubes, ending in pulmonary consumption and death.

Many attempts have been made to discover a cure for this distressing disease by the use of inhalants and other ingenious devices, but none of these treatments can do a particle of good until the parasites are either destroyed or removed from the mucus-tissue.

Some time since a well-known physician of 48 years' standing, after much experimenting, succeeded in discovering the necessary combination of ingredients which never falls in absolutely and permanently cradicating this horrible disease, whether standing for one year or forty years. Those who may be suffering from the above discase should, without delay, communicate with the business managers, Messrs, A. H. DIXON & SON, 35 King street west, Toronto, and get fall particulars and treatise free by enclosing stamp.

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#### From a Centleman well known.

CAPTAIN ROOD, of the steamship Edgar Stewart, has just brought to our notice a most remarkable case of a young lady who was a passenger with him some little time ago, who was on her way home "to die, as she expressed herself," as she had been told by her physician that there was no hope of her recovery, that she was in an advanced stage of consumption, and recommended her to go home.

The captain seeing that she was very sick having a very severe cough, gave her a bot-tle, that he had on board, of Puttner's Syrup of Hypophosphites, which at once relieved her cough, and gave her much comfort. When she got home, she continued the bottle, and found that it had done her so much good, that a messenger was despatched to the captain to get the patient half a dozen

The patient has been taking it for some time, and has improved in a most astonishing manner, so that she is now able to attend to her duties, and enjoys better health

than she has for over two years.

This is not the has charitable act of Captain Rood, who always looks after the interests of the passengers committed to his care, and says, "I always recommended your Syrup, as I could do it with the utmost confidence from the personal experience I have had with it, and I consider my medicine chest not complete without Puttner's Syrup Hypophosphites.