

there is any evidence of angiocholitis, salol ought to be administered. This is the best biliary antiseptic we possess.

4. The hygienic treatment must be kept in mind. Proper exercise is of value in restoring the balance of health.

5. Dietary. This should be plain. Abundance of water is indicated. Light, white wines are the only forms permissible. No heavy or indigestible food should be taken. Fresh fruits and vegetables are proper elements of the diet.

6. Medicines. Alkaline waters, as vichy, etc. Laxatives should be used, but strong purgatives should not be employed.

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ESSENTIAL PAROXYSMAL TACHYCARDIA.—Joseph Eichberg, of Cincinnati (*Cincinnati Lancet-Clinic*, February 24, 1894), in speaking of this affection, calls attention to the following points:

1. The affection is paroxysmal. The most careful examination fails to discover any cardiac derangement in these cases. Exertion does not cause an attack.

2. The earliest age at which a case has occurred was the ninth year.

3. Sex does not influence the disease in any way.

4. There may be slight rise in temperature during an attack, though it is unusual.

5. Auscultation, during an attack, shows that the heart is regular, though very frequent.

6. The main feature of the heart sounds is the resumption of the foetal character.

7. The pupils are perfectly normal and active during an attack, showing absence of irritation of the cervical sympathetic.

8. The attacks occur without premonition or exciting cause, often during sleep.

9. The attack reaches its maximum immediately. The cessation is equally sudden.

10. The disease is a serious one, though seldom fatal. It is impossible to foresee a fatal termination in any case.

11. Some persons suffer for many years from these attacks. In severe cases it certainly tends to shorten life.

12. The secondary results of these attacks are very important. There is disturbance of the respiration; and acute dilatation of the heart. This latter disappears with the cessation of the attack.

The most frequent cause is mental and physical overwork. In pathology, it is primarily a neurosis. Of medicinal agents, bromides and morphia in small doses, with proper rest, do most good. Digitalis is useless. No time should be wasted in trying the cardiac tonics. A rigid regulation of the mode of life is imperative. Tobacco must be abandoned.

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TREATMENT OF DISEASES OF THE NAILS.—Dr. John V. Shoemaker (*New England Medical Monthly*, Feb., 1894) goes very fully into this topic. In his able hands the question becomes quite interesting. He speaks highly of the good effects of sulphur in five-grain doses three times a day in cases where the nutrition of the nail is not normal. In such cases he regards this drug as almost a specific.

There are cases where the disease affecting the growth of the nail is of tubercular origin. In these cases, such as onychia maligna, give cod liver oil, hypophosphites, and attend well to the general health.

Nails sometimes are diseased, because the person has syphilis. Specific treatment here is called for, with the alteratives, like syrup of iodide of iron, cod liver oil and tonics, and an ointment of mercury oleate.

Nails sometimes are affected with tinea. An ointment of the oleate of copper or tin, 10 or 20 per cent., is very useful.