THE FAVOURITE DOCTOR.

The goodest old doctor came when we were sick-

That is, dolly was sick, and me.

When I ran out my tongue, he said very

quick,
"You'll need lemonade, that I can see." And he sounded like fairies I've heard in

my dreams, When he said, "Don't forget to take chocolate creams."

"Your pulse beats so fast fresh caramels I Shall prescribe, also peppermint drops. Take buttercups, ice cream and cocoanut pie,

And soda cream, till the pain stops." Then I ran out my tongue for my dolly. Said he:

"Give her some of the same; the same symptoms I see."

Well, the dolly, you know, was sick only

And she really can't talk, drink, or eat, But I took enough medicine for dolly that day-

And for me, too-pie, cakes, candies

I was doctored for both, and the queerest thing still, Is that dolly is well, but her mamma is ill!

## LESSON NOTES.

THIRD QUARTER. STUDIES IN THE OLD TESTAMENT.

LESSON XI.—SEPTEMBER 13. DAVID BECOMES KING.

2 Sam. 2. 1-10. Memorize verses 1-3. GOLDEN TEXT.

Behold, how good and how pleasant it is for brethren to dwell together in unity! -Psa. 133. 1.

QUESTIONS ON THE LESSON.

What was David as soon as Saul died? The king of Israel. Why? Because he had been anointed for that office when What did he ask the Lord? What did the Lord tell him? To what city did David go? To what tribe did the city belong? To what tribe did David belong? What did the men of Tadah do? To what men did Dr vid show kindness? To the men of . 1-gilead. Why? Because they had beer kind to Saul in burying him. Who ru ed over the other tribes of Israel? Who made him king? How long did he reign? Two years. How long did David i en in Hebron? Seven years and six month:

DAILY STEPS.

Mon. Read the lesson verses. 2 Sam. 2.

Tues. Find another time when David receive.

asked the Lord what to do. 1 Sam. 23, 2,

Wed. Learr what it is always wise to do. Prov. 3. 6.

Thur. Read about the anointing of David. 1 Sam. 16. 11-13.

Learn the Golden Text.

Learn how honourable and kind David was. Verses 5, 6.

Sun. Learn what David did while waiting for his kingdom. Psa. 37.

THREE LITTLE LESSONS.

We have learned-

1. That God reigns over all kings.

2. That no king can rule well without

3. That we cannot rule ourselves without him.

LESSON XII.—SEPTEMBER 20. ABSTINENCE FROM EVIL (TEMPERANCE LESSON).

1 Pet. 4. 1-11. Memorize verses 1, 2. GOLDEN TEXT.

Be not drunk with wine, wherein is excess.—Eph. 5. 18.

QUESTIONS ON THE LESSON.

Who was Peter? How did he live? How did he die? He was crucified at Rome. Was he ever afraid to confess Christ? When? At the trial of Christ. What was he afterwards? To whom did he write letters? How many are in the New Testament? Two. What kind of words are in them? What does he warn THE DUCKLING'S DOWN QUILT. Christians against? What did the people around them love best? A life of pleasure. What did they often have? Feasts. What did they freely use then? Wine. What did it do? Destroyed their minds. What did he urge them to be? What did he wish them to have "above all things"? What does it cover? What should Christians share? How should they speak and give?

DAILY STEPS.

Mon. Read about the call of Peter. Matt. 4. 18-20.

Tues. Find how Peter denied his Lord. Matt. 26. 69-75.

Wed. Find how he became strong. Acts 2. 14-37.

Thur. Read Peter's example in addition. 2 Pet. 1. 5-8.

Read the lesson verses. 1 Pet. 4.

Learn the Golden Text.

Sun. Read what a wise king said. Prov. 23. 29-31.

THREE LITTLE LESSONS.

We have learned-

1. That worldly people seek happiness.

2. That Christians give happiness.

3. That it is better to give than to

## THE GLOWWORM'S CANDLE.

Sometimes children think that they are too small to do any good; that they must wait until they are grown. I read something the other day that made me think the smallest might be helpful.

Did you ever see a glowworm? Perhaps not; but it is a little worm about half an inch long, which shines in the dark with a little light, as fireflies do.

There had been a battle, and some of the soldiers were fleeing from the enemy. Pretty soon they lost their way. They had with them a little instrument called a compass, which could have shown them the way, only it was so dark that they could not see which way the needle pointed. They did not dare carry a light, for fear the enemy would see it and fol-low them. Just then one of the men noticed a little glowworm shining in the grass. He picked it up and put it on the compass, and there was just light enough to show which way the needle pointed. Then the men knew which way their home was. They were very glad and went on until they got home.

Don't you think that these men thought a little glowworm could do good? And cannot a little child do as much as a glowworm? Bright, sunny smiles, pleasant words, and helpful deeds are a child's way of shining, and they make all the household happy.—Parish Visitor.

The quilts of fluffy down that keep us so warm are filled with feathers which some mother duck has plucked from her own breast to make sheet, pillowcase, and quilt for her own little ones. It is a pleasure to know that the down gatherers are not so cruel as they used to be.

The farmers in Iceland used to rob the nests of the eider-ducks of their precious down twice each season. The mother duck supplied it each time from her own bedy; and the third time the drake gave his down, which was not so white and soft, and this was allowed to remain.

The farmers found after a while, however that this did not pay, as under such treatment the little birds did not thrive well. Now they never take the down until after the little ducks are hatched and get a fair start. It has been found that the little birds thrive better and increase faster when they are treated as nature meant them to be.

So now the mothers are no longer obliged to strip themselves of all their down to furnish their nests. Sometimes, if the quantity be very great, a little may be taken, but enough must be left to cover the eggs when the duck leaves her nest for food .- S. S. Advocate.

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