

# THE HOME

## WHATSOEVER MAKES FOR THE EQUALITY OF MAN OR WOMAN MAKES FOR PROGRESS IN LIFE.

The fact that women are in a period of transition, that they are just breaking loose from the enslavement within the four walls of the home, explains the many discomforts and hardships which they are forced to endure.

Transition necessarily means pain and sorrow. But now that women have started on this journey of transition there is no turning back.

Some who object to women in men's colleges would shut the doors to them, others point to the suffering they endure in the industrial world and advocate shutting them out of industry also, but this cannot be done. The only thing to do is to throw open the doors the wider and let them enter in.

In France and Germany the many departments of industry which are carried on by women and which make such a large part of life of woman drudgery is due to the militarism of the countries. If women knew what militarism had done for them there would be less admiration for brass buttons and shoulder straps.

The period of transition from the old idea of woman's position to the modern one has been marked with suffering. With the Italian awakening, the beginning of the Renaissance, came the idea that marriage is something more than a physical and biological union. The idea came that marriage means the union of two lives in all that concerns the human spirit.

Is it any wonder that acute suffering falls on the woman as she enters new fields while still possessed of the instinct of self-abnegation, the spirit of obedience which superior will, which she had always had? Her strongest opponent to making a brilliant career for herself is the old biological idea that she should stay in her home.

Take the educational world. The first step in women's education was the "finishing" school, where she was prepared properly to decorate a drawing room. For twenty-five years higher education has been the verge until men are now protesting against the influx of women into the colleges.

You will find the vocational courses crowded with men and the courses which deal with the cultivation of life crowded with women. Men are ashamed to come into the latter. It is the old sex spirit cropping out.

In the religious world it is the same. Preachers are complaining that the churches were filled with women. The men are absorbed with business, which now has the same relative importance that militarism formerly did, and are indifferent to the church.

In the industrial world which has been thrown open to women we find that women have gone into nursing, medicine, fine arts, all of which deal with the person. They are most successful in things that bring immediate personal approval. They are least in the activities that take initiative and involve a long period of waiting before there is personal recognition of achievement.

Whatever makes for the equality of man and woman makes for progress. Moral equality does not mean identity. The greatest argument for giving political rights to both sexes is that it would help to place the relationship of men and women on an equality. Goethe said, "the eternal woman leads us ever upward and on." The eternal woman leads us upward and on, and she can take comfort in the belief that pain is a sign of life and that life is infinitely worth while.—Edward Howard Griggs.

## GO IN FOR WHOLESOME FUN.

Those who try to do without recreation pay the penalty in arrested development. They dry up. Their lives become joyless and uninteresting. They do not get rid of the brain and from one day to another, and the monotony of using the same faculties a great many hours each day without a diversion will soon so deteriorate the mind that it will lose its elasticity, its power to rebound, and the brain will operate in a perfunctory manner, instead of with strong, vigorous action, and will produce nothing original or great.

A multitude of people, however, lose the very good they are seeking in their recreation by indulging in pleasures which demoralize, weaken and which, instead of making them fresher, and stronger for their next day's work, leave a demoralizing reaction and exhaust their vitality. Their "good time" does not accomplish the end sought, because they cannot discriminate between innocent amusement, which sends a healthful glow all through the whole nature, it refreshes, rejuvenates, refreshes, restores all the life forces to their normal condition, and the pleasure which exhausts the vitality, depletes the life forces. Those people confuse fun with dissipation. Anything which lessens your self-respect, which you are ashamed to mention to your mother or sister, which makes you think a little less of yourself, is dissipation—not good, wholesome fun.

Orison Swett Marden, the new thought writer, advocates fun as one of the most important elements in child training.

"Fun is the cheapest and best medicine in the world for your children as well as for yourself," he says. "Give it to them in good large doses. It will not only save your doctor's bills, but it will also help to make your children happier, and will improve their chances in life. The first duty we owe a child is to teach it to find out its in-born gladness and joy with the same freedom and abandon as the bobolink does when it makes the bobolink jays with its song."

"There is an irreplaceable longing for amusement, for rollicking fun, in young people, and if these longings were more fully met in the home, it would not be so difficult to keep the boy and girl under the paternal roof. I always think there is something wrong when the father or the children are so very uneasy to get out of the house at night and go to 'somewhere' where they will have a good time. A happy, joyous and manly."

Sounds reasonable, doesn't it?—Ruth Cameron.

A popular writer is asked the question:—Would you advise a girl to marry a man of good character when his education is not equal to hers and his occupation is not an honorable one?

To which she makes the following sensible answer:—Education is a minor consideration. Domestic felicity has its sweet spring hidden down

## EVERY WOMAN SHOULD READ THIS LETTER

And Take Mrs. Ripley's Advice

Lots of women are suffering tortures with their backs, when they need not do so. Mrs. Ripley had such frightful pains in her back that she could not do her housework. She tells how she cured herself.

WILLIAMSON'S PAIN EXPELLER  
"I cannot refrain from writing you about the benefits I have received from taking GIN PILLS. I am suffering dreadfully with my back and have suffered for twenty years. I tried every medicine, but got no relief, until I bought GIN PILLS. I have taken six boxes of GIN PILLS and now I have not the sign of an ache or pain in my back. I am now 48 years of age and feel as well as I ever did in my life. There is nothing that can hold a place with GIN PILLS for curing Pain In The Back to which women are subject."

Mrs. MILLANOR P. RIPLEY  
Try GIN PILLS at our expense. Write for free sample box. Dealers sell GIN PILLS at 50c a box—6 for \$2.50 and money refunded if they fail to cure. National Drug and Chemical Co., Dept. N. S., Toronto.

far deeper than the intellectual attainments. The assertion that man's occupation is not an honorable one is not consistent with his good character. Possibly not dishonorable, but only humble, is meant—a wide difference. Most of the happy homes in the world are built through the humble occupations. Many of the very best husbands wear overalls at their work.

Don't worry about trifles—there is nothing that ages you like worry. Some women work themselves into tantrums of worry over a little thing that before was nothing. This is one reason why they grow old sooner than men.

## Causes Sickness

Good Health Impossible with a Disordered Stomach

There is nothing that will create sickness or cause more trouble than a disordered stomach, and many people daily contract serious maladies simply through disregard or abuse of the stomach.

We urge every one suffering from any stomach derangement, indigestion or dyspepsia, whether acute or chronic, to try Rexall Dyspepsia Tablets, with the distinct understanding that we will refund the money without question or formality, if after reasonable use of this medicine they are not satisfied with the results. We recommend them to our customers every day, and have yet to hear of any one who has not been benefited by them. Three sizes, 25c, 50c and \$1.00 a box. Sold in Rochester only at our store, —The Rexall Store, The B. M. Hyde Drug Co.

## CLOSING THE DOORS.

I have closed the doors on Doubt; I will go by what light I can find, and hold up my hands, and reach them out.

To the glimmer of God in the dark, and call

"I am Thine, though I grope and stumble and fall.

I serve, and Thy service is kind."

I have closed the door on Fear. He has lived with me far too long. If he were to break forth and reappear, I should lift my eyes and look at the sky.

And sing aloud, and run lightly by;—Irene M'Keenan in the Century.

I have closed the door on Gloom. His house has too narrow a view. I must seek for my soul a wider room.

With windows to open and let in the sun, And radiant lamps when the day is done, And the breeze of the world blowing through.

—Irene M'Keenan in the Century.

St. Mary's, New Brunswick, February 18th, 1910, Empire Lintiment Co., Ltd., Bridgetown, N. S.

Dear Sirs,

This is to certify that I have handled your Empire Lintiment since it was first introduced in this section and today it is my best seller. I am closing out other lines as my customers demand Empire and will take no substitute. I personally know of cases where it has given wonderful results and I have no hesitation in saying that I believe it to be the most reliable liniment advertised on the market today. I am placing a large order, which please give your kind attention, Yours very truly,

F. W. GEORGE, Druggist.

## THE TARIFF.

Some people pretend to be alarmed lest reciprocity should entice Canada into annexation. They do not explain just how this distinction of our nationality would come about, if the trade between the two countries should be less hampered than it is now, but simply keep repeating it like any other scare word, which is often little less than an echo. It does not commend itself to reason. If mutual exchange suited both parties each one ought to be satisfied with that, without forming a political merger. Moreover it does not accord with history. Experience teaches that if a tariff wall between two peoples cannot otherwise removed, the tendency is toward political union. Has not that self-same bait been thrown out to Newfoundland by the Dominion? Ten years ago Jamaica wanted more freedom of trade with the United States and nothing would do but that she should be annexed. Then Chamberlain framed a tariff for the Island, which would cripple that commerce. The inhabitants rose en masse and voted for annexation. Is there any lesson for us in that revolt—Coast Guard.

## Three Hundred and Eighty Miles of Road Built in an Hour.

The value of good roads as a factor in the uplift of the community is evidently recognized by the people of Iowa, who have recently completed a great piece of road-building in that State. In the short space of a single hour on a recent Saturday, a road, three hundred and eighty miles in length, and stretching entirely across the State of Iowa, was put in what is declared to be "the most perfect condition of any road west of the Mississippi River."

Weeks and months were spent in preparation for the work, but not a pick or shovel was used until the designated second was ticked off. Then some 10,000 workmen swarmed out on the roadway, and when they ceased work an hour later Iowa had "one of the finest long-distance roads in the entire West." And not the least interesting thing in connection with that notable piece of work is the fact that not a man of the entire 10,000 engaged on the work received one cent of wages.

Last winter the Iowa roads became so bad that traffic was practically suspended. Finally the matter became a political question, and both parties got behind the good roads movement. Governor Carroll called a good roads meeting at Des Moines early last March, and out of this meeting was evolved the plan of a "great" river road stretching from Council Bluffs on the Missouri River to Davenport on the Mississippi, a distance of three hundred and eighty miles straight across the State from east to west.

Instead of appointing new committees to handle the work, the regular Republican and Democratic committees in each county through which the road would pass were appealed to. A rivalry was created as to which party would have the most workmen on the job when the time for work arrived. Saturday was selected as the day, and from nine o'clock to ten o'clock the hour of work.

Every farmer along the way was personally seen by the committee, and practically every man agreed to give the one hour that was asked for. Farmers were asked to bring their ploughs, scrapers and road drags, and an organization equal to those employed in regular railroad building was worked out. In the week preceding the work on all bridges and culverts along the road order that should be no delay when the road builders started started working.

Hundreds and thousands of ploughs, shovels, scrapers, road drags, grading machines and other implements were brought along. Every farmer brought his team with him. Superintendents and overseers had been appointed, and, as the result of the work done, the State of Iowa has now what is described as "a little" over-enthusiastically, it may be—as "the finest piece of long distance roadway in the West." The example of Iowa is worthy of emulation.

## Do You Suffer from Piles?

If so, we would ask you to enquire amongst your friends the value of Zam-Buk for this ailment! You cannot but meet with some one who has proved how excellent it is.

Mr. H. E. Hill of Sherwin, Man., writes:—"I suffered a long time with piles and tried numerous remedies, but without effect. Having tried a sample of Zam-Buk and being encouraged by the result, I persevered, using two boxes. It worked like magic, and effected a complete cure in a very short time."

Mr. James Roddy of Killaloe, Ont., says:—"I suffered greatly from piles. The pain from these—so anyone who suffers from them will know—was almost unbearable. I tried first one remedy and then another, but all without effect. Then I heard about Zam-Buk and determined to give this wonderful balm a trial. I obtained a supply and commenced with the treatment, and to my great joy, after perseverance with Zam-Buk, I obtained permanent relief from the agonizing pain of the piles. Having been cured by Zam-Buk I heartily recommend the balm to all sufferers."

Zam-Buk also cures inflamed eczema, scald sores, ulcers, abscesses, cold sores, chapped hands, frost bite, cuts, burns and all skin injuries and diseases. All druggists and stores sell at 50c per box or post free from Zam-Buk Co., Toronto, for price. Refuse substitutes and imitations.

## Zam-Buk EVERY HOME NEEDS IT.

## ROSIN AND OIL

The time for preparing for Orchard Pests is here and we have a good supply of first quality Castor Oil and Rosin. Also Tarred Felt and Pure Tar.

## Karl Freeman Queen Street

## WANTED

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS & TALLOW

CASH PAID AT THE HIGHEST MARKET PRICES

McKENZIE CROWE & Co., Ltd.

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## Shiloh's Cure

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## REAL ESTATE

FOR SALE OR TO LET

Residence of Harry J. Crowe, situated on Granville St. opposite the Baptist Church.

House contains nine Rooms, Modern Bathroom, Electric Lights and Furnace, Good Stable in rear.

Apply to JAMES QUIRK, Bridgetown, Sep. 26th, 1910.

Residential Property For Sale

Orchard home for sale on South Queen St., Bridgetown. Four acre orchard, yields one hundred to one hundred and fifty barrels apples, besides pears, plums and small fruit. House fitted with all modern improvements and heated with hot water. Will sell in whole or in part, or exchange for suitable town property. For terms apply to DR. A. A. DECHMAN, Bridgetown.

Small Place For Sale

Home, situated on Granville street, West, Bridgetown, nine rooms with piazzas and bay windows. Barn, Wagon House and other out buildings. Three quarters acre land, 75 Fruit Trees, apples, plums, pears. Short distance from two railway stations, churches and schools.

Will sell right or easy terms, or would trade for farm.

W. AVARD MARSHALL, Bridgetown, Aug. 15th.

## FARM FOR SALE.

Situated one and one-half miles west of Paradise, containing one hundred acres of land. With two hundred trees in bearing, good pasture and hay land. For full particulars apply to J. C. YOUNG, Paradise March 23th.

## HOUSE FOR SALE.

The subscriber offers for sale her cottage on the corner of Washington and Rink Street. Possession given at any time. For particulars apply to MRS. EDWARD MARSHALL, Bridgetown, Aug. 23rd, 3 mos.

## NOTICE.

The subscriber offers for sale her property on Water street, on reasonable terms. For particulars apply to O. T. DANIELS or to MALVENIA NICHOLSON.

## BUILDING MOVER

Buildings moved without taking down chimney or disturbing occupants. Vessels Raised and Moved

Also—Boilers and Engines PRICES RIGHT.

W. A. CHUTE, Phone 11. Bear River, Annap. Co. P. O. Box 104.

MINARD'S LINTMENT CURES DISTEMPERS.

## MATTRESSES

NOW is the time to buy for your fall needs. We have them in all sizes and grades, from \$2.50 to \$15.50. Also a full line of the celebrated

## HERCULES Springs and Cots

## J.H. Hicks & Sons

Advertise in the Monitor

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## You Can Enjoy HOME SWEET HOME

these long evenings fully, for you can bring the very best entertainment that the world affords right in to your home, with an Edison Phonograph.

I have them to suit all purses. Ed. E. Lissa Records.

C. B. TUPPER, Granville St. West, Bridgetown, N. S.

## SIGNIFICANT FACT

A city wholesale house advertised for a stenographer. Out of forty-five received only one had attended this institution and who she was an undergraduate, who twice failed to pass the preliminary examination. Our graduate students do not require to seek the Maritime-trained. You can enter any time at the

## Maritime Business College Halifax, N. S. E. Kaulbach, C. A. PRINCIPAL

## Bulbs! Bulbs!

Now is the time to get your Bulbs for Fall Planting. end to us for a Catalogue

## Nova Scotia Nursery Halifax.

## YOU CANNOT REACH

The Buying Public of the most populous section of Annapolis County unless you advertise in

## The Weekly Monitor and Western Annapolis Sentinel

the paper that goes into more homes than any other Annapolis County paper. The paper that reaches the homes is the

## Guide to Household Buyers.

## BANKS & WILLIAMS Commission Merchants

Fruits and Produce

78-80 Bedford Row, fronting on Market Square

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SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE

EXCELLENT STORAGE FACILITIES

LONG EXPERIENCE AT THE BUSINESS

PROMPT RETURNS

MARKET QUOTATIONS FURNISHED ON APPLICATION

H. H. Banks - H. F. Williams

## FINE STATIONERY

Would you like some fine stationery with your address printed on it?

We have a fine line of note paper for social use in packages of one hundred sheets or by the pound on which we will neatly print your home address or your initial.

Or you can buy it unprinted, if preferred, much cheaper than by the ream. Call and see it and get our tempting prices.

## MONITOR OFFICE, Bridgetown.

Ask for MINARD'S and take another