

## HOW THIS NERVOUS WOMAN GOT WELL

Told by Herself. Her Sincerity Should Convince Others.

Christopher, Ill.—"For four years I suffered from irregularities, weakness, nervousness, and was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent health. I believe the Compound will cure any female trouble."—Mrs. ALICE HELLER, Christopher, Ill.

Nervousness is often a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience. If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is at your service.



Do you consider your bread a luxury as well as a necessity? If so, then you want the best. Our ever-increasing trade and satisfied customers are reasons why you will not be disappointed if you give us a trial.

Now is the time for Weddings and your wedding will not be complete unless you have one of our cakes.

**F. H. Lovell**  
BAKERY, CONFECTIONERY  
AND ICE CREAM PARLORS



### KEEP UP WITH YOUR EYES

From time to time your glasses require changing, and you gain nothing by going too long. Every three years at least have your eyes examined.

If you have suitable frames or mountings, we will be glad to supply you with the exact lenses that you require. Keep up with your eyes and always have good sight.

**CARL CLASS**  
Jeweler and Optician  
ISSUER OF MARRIAGE LICENSES

### AUTO FOR HIRE

When you have any Automobile driving to do - GIVE US A TRIAL - you will get good service and prompt attention to all trips day or night.

Careful Drivers  
REASONABLE RATES  
**McCORMICK BROS.**  
HERON ST. WATFORD

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine. Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty-five years and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts through the Blood of the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions. After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh. Send for testimonials, free. F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

## NEW PARIS WRAPS APPEAL TO WOMEN

Evening Cloak of Smoke-Gray Charmeuse and Model of Venetian Red Bure.

### THICK CORD NECK ORNAMENT

Idea Taken From Habits Worn by Choir Boys—Craze Raging for Long Jet Earrings—The High Dog Collar.

Sketched this week is one of the loveliest evening cloaks it is possible to imagine. It is one which was recently designed by Paquin for the peace-conference festivities. The material of this regal wrap was deep smoke-gray charmeuse with a lining of gleaming silver tissue and fringes composed of long silver tassels on the wide, cape sleeves.

The whole thing, writes a Paris correspondent, was so exceedingly original and rich that one felt in the presence of a fairy-queen-garment. And yet the color was so subdued and subtle that the wrap might quite well be worn going to a restaurant dinner or an ordinary theater. It was only when it was thrown open and the dazzling lining revealed that its richness made itself felt.

This is a leading note of many of the new Paris models for evening wear. There are still considerable difficulties connected with getting about in the evening. Quite unexpected people find it necessary to walk to their friend's houses, or even to the theaters, instead of driving, as formerly.

Taxicabs are few and hard to find. There are still stringent rules connected with private automobiles. The metros and omnibuses are crowded to overflowing, hence the frequent necessity of walking in evening dress. For this reason our best dressmakers are creating evening wraps which can, as indicated, be worn in the street at night without attracting undue notice.

Satins and velvets in soft neutral tints are very much in demand, but the linings of these demure wraps are something to dream about. I have seen gorgeous gold and silver tissues worked over with brilliant silks and beads and then converted into linings for theater coats.

### Metallic Threads, Glistening Beads.

I have also seen exquisite effects produced by the introduction of metallic threads and glistening beads on fine Chantilly lace, the latter being mounted over an underlining of bright-hued silk. The outline of the Paquin wrap is very new and it represents the latest notion of a famous dress artist. As you will see, the sleeves are so wide that they give the impres-



Beautiful Evening Cloak in Deep Smoke-Gray Charmeuse Lined With Silver Tissue. Long Silver Tassels.

ston of capes, while the collar is exaggeratedly large and vague in outline.

This model would look charming if copied in black, with black jet tassels as a fringe for the sleeves and a lining of some bright-colored satin or brocade, or it might be made of a soft camel's hair cloth, the jet tassels being retained and a lining of Chinese blue satin being introduced. I saw a

driving wrap fashioned on very much the same lines as the model here illustrated.

In this case the material was pale beige cashmere, with a lining of brocade silk which showed blue flowers on a dull rose ground; there was a heavy fringe of beige silk tassels on either sleeve and a large roll-over collar of beaver fur. An admirable driving wrap, I can assure you.

The second model, full-length figure, shows a quaint early spring wrap made of Venetian red bure, with a row of gray bone buttons down one side and handsome embroideries worked in rough gray wool. This is a Beer model and one which has been greatly admired. The outline is simple, the wrap falling in long straight lines, but the sleeves are distinctly novel in outline, spreading out at the wrist in leg-of-mutton fashion.

### Collar Muffles the Neck.

Here again you have a "vague," very large collar which muffles up the neck and makes a delightful frame for the face. The combination of Venetian red and gray is very fashionable just now. It is seasonal and cheerful, two excellent qualities. In Worth's showrooms I recently saw a splendid driving wrap made of Venetian red camel's-hair cloth which had a deep cape-collared of sable and a lining of tete de negre satin embroidered in black, white and dull blue silks.

This wrap was very long, reaching to the hem of the dress, and at the shoulders it seemed ample, even unusually bunched; but the hem hung in about the ankles and gave the peculiar outline which is typical of 1919.



Quaint Early Spring Wrap in Venetian Red Bure, With Handsome Embroideries of Rough Gray Wool.

A lovely young actress—one of the adored beauties of Paris—had just launched a most effective novelty. This novelty takes the form of a thick cord, with long tassel, of bright scarlet silk. In front there was an antique ornament, in plaque form, suspended from the cord, and at the back a big tassel weighted it down and made a splendid flash of color. This idea was taken from the scarlet cords and tassels worn by choir boys in some churches on ceremonious occasions.

The color of the cord and tassel was the brightest and most vivid scarlet, the ornament in front being of an antique nature, with a slight suggestion of "church" in its composition. On the head was one of the new cut jet bands which are placed very low on the forehead, almost touching the brows, and which completely circle the head and hair. The best cut jet is used for these pretty bands.

### Draw Hair Right Off Forehead.

It becomes more and more the fashion to draw the hair right off the forehead and to arrange it very high on the top of the head, the only soft curls showing being those which thrust themselves forward over the ears. This style of headdress is very distinguished but rather trying to any one who is not possessed of a small nose and pretty profile. But all sorts of women, with all sorts of profiles, are adopting the fashion of drawing the hair away from the forehead, severely. And nowadays the hair is only very lightly waved, if waved at all. Side by side with this fashion we have a revival of "cropt" effects, the sort of headdress that Mrs. Vernon Castle has made so fashionable.

The hair is not really cut short, but it is skillfully tucked away at either side to give a cropt outline. "Headache bands" are again very popular; quite large bands of soft silk or metal-

lic tissue which are rounded round the head and tied at one side in a coquetish bow.

### Craze for Jet Earrings.

There is a craze for ultralong jet earrings raging in Paris at this moment. Thin, finely cut jet pear drops, suspended from miniature chains of diamonds or seed pearls. These earrings are so long that they touch the neck. They are exceedingly decorative and with certain afternoon and evening dresses they give splendid results.

I am not in favor of long earrings in the day time, in the street; nevertheless they are the fashion, and it is a fashion which seems likely to develop into an absolute rage. Cut jet in various forms is popular just now. At a recent important "first night" I saw a well-known Parisian beauty wearing a high dog collar made entirely of cut jet, and this with a fragile costume of palest rose chiffon. The strong touch of black was rather startling, but the ensemble was good, the note of jet being repeated in a square comb which held the high loops of fair hair in place. Cut-jet plaques attached to black silk cords are often thrown over a light-colored house dress, a long black silk tassel hanging low at the back.

### Toronto War Memorial.

Formal sanction of the University of Toronto Alumni has been given to the memorial plans submitted by a special committee. These include the construction of an archway and tower connecting two of the main buildings, and the creation of certain scholarships for returned men and for dependents of soldiers killed in the war. The total sum to be raised for this purpose is \$500,000, of which \$275,000 will be set aside for scholarships. The university has also established a fund from which loans may be drawn by students who have served in the war and need financial assistance, and a special committee has been appointed to co-operate with the university authorities in requesting the Dominion Government to make financial provision for those veterans who wish to attend Canadian universities.

### Tommy's Spirit.

"You don't get any sympathy in the army," said a returned soldier. "And some of them do not mind a joke now and then on their infirmities. A bunch of us were waiting on the dock at Brest. There were a lot of wounded casualties among us ready to be checked up and sent aboard the transport for home. One of them sat on a box swinging what was left of his leg. It had been amputated between the knee and the ankle. Another Tommy with one arm gone yelled over to him, 'Say, Bill, why don't you water it a bit? Maybe, it will grow.' And the other came back at him: 'Water yer brains, you big stiff! Who got your other arm?'"

### Steel.

Steel is a kind of iron which can easily be hammered out thin without cracking and can be made extremely hard by being heated and then cooled quickly. It is different from ordinary iron because of the amount of carbon in it. Wrought iron contains less carbon than steel and so it can not be made so hard; cast iron contains more and so is brittle.

### A Memorial at Tapley.

Premier Borden, unveiled at Tapley, Bucks, England, on April 4th, a memorial to those who have died at the Canadian Red Cross Hospital there. The memorial takes the form of a female figure typifying Victory, and stands in the beautiful little cemetery on Mrs. Astor's estate, adjoining the hospital cemetery, being in the form of an Italian garden.

### Quite a Difference.

"There is quite a difference between the blowhard and the garrulous toper."  
"Say it!"  
"One is inebriated with the exuberance of his own verbosity, and the other is verbose with the exuberance of his own inebriation."

Hard and soft corns both yield to Halloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

## ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES".



MR. JAS. S. DELGATY.

R.R. No. 4, Gilbert Plains, Man. "In the year 1910, I had Nervous Prostration in its worst form; was reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take "Fruit-a-tives".

I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was back to my normal state of health.

I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit-a-tives' in the house".  
JAS. S. DELGATY.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Amherstburg Echo:—"It was some new sight on Richmond street Sunday night to see young women and men from out of town drinking beer from bottles and smoking cigarettes at a swift rate, while waiting for street cars. The restaurants were packed full and visitors decided to have "some time" in the Burg, which wasn't too slow to give it to them either."

## Wash The Kidneys!

After Bad Colds or Influenza  
Look to Kidneys and Bladder!



Owing to bad colds, over-eating or intemperance, or to the after effects of influenza—acid and toxins (poisons) are stored up in the body and cause backache, lumbago, rheumatic pains and stiff joints. It is most essential that treatment be directed towards the prompt casting out of the poisons from the body which cause these pains and aches. This means that the excretory organs—the bowels, skin and kidneys—should be excited to their best efforts. Every one should clean house—internally—and thus protect one's self from many germ diseases, by taking castor oil or a pleasant laxative such as Dr. Pierce's Pleasant Pellets, which are made of May-apple, aloes and jalap. Take these every other day. This will excite efficient bowel action. If you suffer from backache, irritation of the bladder and the kidneys, shown by the frequent calls to get out of bed at night, considerable sediment in the water, brick-dust deposit, perhaps headache in the morning, you should obtain at the drug store "Anuric" (anti-uric acid), first put up by Dr. Pierce.

To build up the strength and improve the blood, take an iron tonic such as "Lentic," manufactured by Dr. Pierce, to be had in tablets at drug stores, or some good herbal tonic such as Dr. Pierce's Golden Medical Discovery, made from wild roots and barks without alcohol, and put up in tablets or liquid.

## Early Fruits throughout the Year!

### Lentic Sugar

Strawberries, raspberries, blackberries with all their flavor, perfectly preserved in wholesome Lentic Sugar. Buy your preserving sugar in the original Lentic packages

In 2 and 5 lb. cartons—10, 20 and 100 lb. bags

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