

Of Interest to Women

The Chronic Faultfinder.

Whether she was "born that way" or acquired crankiness, the fact remains that the woman who is a perpetual faultfinder stirs up more unpleasantness to the square inch than anything or anybody else can record. The woman whom nothing pleases, who looks on life with an injured air, and who is never cheerful, no matter what you say or do, is the one who invariably causes unhappiness. In young children, this may be cured or eradicated, and even young girls may be cured of it; but to the woman who has grown up finding fault and is still doing it.

Mothers who have fallen into this habit do not realize how much they lose by it. It is always a mother's prerogative to correct a child or to give advice, but it is not necessary to add sarcasm and bitterness that wounds the girl's feelings, and substitutes fear and dread for the love she should have. There are some girls who do not know what it is to receive a word of love and praise from their mothers, girls who have won school honors and covered themselves with glory, who have never received one kind or encouraging word from their mothers.

Nothing in the world so completely stagnates ambition as a faultfinding parent. As far as intercourse is concerned, it is dreaded in every sense of the word. If a mother corrects her daughter at all times and places, the girl simply avoids being with her, and of course no love is possible under such circumstances.

Not only is love not possible, but the girl gets callous. She shrugs her shoulders and says "What's the use? I can't do anything right, anyhow." It is but reasonable that a child's effort should be more or less crude, but if it has done its best, even though it fails miserably, a word of encouragement braves it to try again; whereas, if it is scolded, it has no ambition for renewed struggle, and goes to bed with a headache as well, and the heartaches of children are by no means easy to bear.

Doctors sometimes call it disease and excuse a woman on account of nerves or indigestion, when it is downright ill-temper. The woman with the temper almost invariably begins with the servants, and the servant who will do her work well with a woman who never gave her a pleasant word, is very close to the angel. From the servant she goes to the children, and many a girl takes the first man that asks her, simply through a desire to, escape from the continual faultfinding of their own mothers.

THE HOME DRESSMAKER

AUTUMN SUITS.

These comfortable little shirtwaist suits of silk and the lighter weight woolen materials which became so popular last winter will probably enjoy as wide a favor this coming year. The fall styles do not differ much from those introduced this summer in cotton goods, but the makers have thought out many new little ideas in trimming. The best of these are the artist's sketches for the benefit of the woman who plans adding one or more of these convenient gowns to her winter wardrobe.

Her walking suit is usually the first part of the season's outfit to which the modern woman gives thought. It is for shopping and all morning street wear nothing is so comfortable or so appropriate as this mannish little costume. It occupies a most important place in every wardrobe nowadays.

The trim tailor-made effect necessary to these outdoor suits, though, is an outdoor thing, indeed, for the amateur to achieve. No small amount of skill in cutting, fitting and pressing is required if she would avoid that dreaded "home-made" appearance. There is one point this season, however, in favor of the woman who must be her own tailor. That is, the present vogue for rough cloths in all garments of this order.

The long-skirted trimmed tailor gown, designed for afternoon wear, demand a richer material, such as broadcloth, but for the morning suit, rougher fabrics lend in favor. In these it is easier for the home tailor to attain the coveted effect than when she has to work with goods of smoother weave.

Scotch tweed promises to be the most popular fabric for the coming year, and the manufacturers have turned out a large variety of novel and attractive designs. The prettiest are those which have a thread of color running through blue, red, brown, or, newest of all, olive green. Zibeline is another fabric which will be large employed in the development of fashionable walking costumes. Here, too, the shopper will find a number of handsome novelties to choose among. A good idea is just being introduced in the coat and skirt to match the coat. Cover makes up charming.

WOMAN SUFFRAGE AND SOCIALISM

One Writer Thinks That Sex Should Not Debar One From Exercising the Electoral Franchise.

In a communication to last Sunday's Record-Herald there is an endeavor to imply that if all socialists were woman suffragists, then of course all woman suffragists must be socialists; and German socialists at that. Apparently feeling that this may be a complete syllogism, an effort is made to prove the implication by quoting the supposedly scathingly utterances of four woman suffragists. From socialistic quotations are can be culled from the following one, from Mrs. Ida Trustad Harper: "Woman never has attempted an advanced step, which has not been blocked by those two words—wifehood and mother-

hood. The children she progresses to the husband and he gets all the misery that is coming his way. He has a wife who will not cheer up and "look pleasant" no matter what he does or says. If, in despair, he gives her a diamond ring, she scolds him for extravagance. If he doesn't give her anything, she says he is stingy. The man who has to live with such a woman may be excused for doing almost anything to escape from the dread of "what will come next."

Parents often expect too much of a child, and have too little consideration. After school a child is tired, mentally and bodily, and needs the relaxation of cheerfulness and loving care. The strain on a child's nerves and brains is terrible, and quite as much as the average youngster can stand, and yet parents "pump out" them out of school for all sorts of things, when the child should be resting, mind and body.

Then they spur them on by promises and threats, when examination time approaches, until the child is unfit for work or study and through fear of failure cannot do the best work. Last year a little girl had studied night and day for her examination, and when leaving home, wrought up to a highly nervous state, the morning of her exams, she was told that if she failed she could not return. She failed and two or three days later she was buried in the little white dress that was to have been her reward if she had passed.

There was something awfully pathetic in that story. Had the parents encouraged the child, telling her that, if she failed, there were other days and years when she could pass, they would not have had to bear the awful burden of remorse that must haunt them now. It is a hard world when a mere baby is afraid to face its own parents, for such a trifle as failure in an examination.

Parents do not remember that when there are so many children to compete, a child must have very unusual ability to be extraordinarily successful. Encourage a child to do its best as a matter of course, and let it know that if it comes out on top, there will be joy in the household, but even if it should not, there is still joy in knowing that it did the best it could. Furthermore, the children who win all the prizes at school are not always the most brilliant and successful in later life. The lives of famous men will tell you that.

And so there's no use of nagging a child into brain fever and yourself into ill-health by perpetual faultfinding. Encourage a child to do its best, and let it know that if it comes out on top, there will be joy in the household, but even if it should not, there is still joy in knowing that it did the best it could. Furthermore, the children who win all the prizes at school are not always the most brilliant and successful in later life. The lives of famous men will tell you that.

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socialism. As John Stuart Mill said: "What is characteristic of socialism is the joint ownership by all the members of the community of the instruments and means of production; which carries with it the consequence that the division of the produce among the body of owners must be a public act performed according to rules laid down by the community. Socialism by no means excludes private ownership of articles of consumption."

If any of the woman suffragists are also socialists and Episcopals and homeopaths and vegetarians, etc., that is their concern, and not the Woman's Suffrage Association's. At a meeting held in Boston under the auspices of the Massachusetts Association Opposed to the Further Extension of Suffrage to Women, the speaker said she thought it would probably be better for workmen if only employers had the right of suffrage. But of course it would be absurd to imply that the organization she represented held that opinion, no matter how many of its members sympathize with President Baer's well-known views.

CROWN OF WOMAN.

I heard a conservative, orthodox minister express strong approbation of Rev. Anna Howard Shaw's sentiment that the great crown of woman is her womanhood. Doubtless, being a student, he understood that just as the success of the man depends on his education, the success of the woman depends on her womanhood. Just so the success of the effort to make women primarily women, would also make them better wives and mothers.

Last Sunday's article had the following: "Will the world be a better place to live in when all women work for money and not for love?" Surely the writer is thoughtful in this statement. Is not the hard-worked father work-

ing for love because he is also working for money? Is not the busy bread-winning mother working for love? But there is a thought in a previous communication by this same writer that is so in accord with the many woman suffragists long for—as witness Mrs. Carrie Chapman Catt's great address before the National Educational Association a year ago—that I am glad to express my thanks for it. The thought is that the dignity and importance of the home should be raised in public estimation all over the world to a level with that of the state. May men and women everywhere work for this, so that it is apparent that the writer of that sentence understands that under the old regime the home has not so valued the home. I believe that woman suffrage will help to bring it about.

STATE NEEDS THEM.

In addition, some woman suffragists echo President Sedley's words in his recent sermon to the South College graduates: "From its educated women the country has the right to demand the best. It is the duty of good citizenship. Be as solicitous, then, for the welfare of your country as you are for your own. It ought to be a duty to occupy a secondary place in your thought and affection. Patriotism represents your nobility, virtue—your sacred obligation." Be this over-estimated or not, woman suffragists believe that the state needs the mothers as much as the homes need the fathers.

found to be good investments at the end of the year. Materials in a single dark color, such as black, blue or brown, are preferable as well as more durable, for office or shop wear than bright hues or pale tints.

Separate waists should be selected to fit in well with the color of the tailor-made suit. A silk waist, well made and simply trimmed, is a wise selection. Another good idea is a shirtwaist in some of the latest material, checked pattern. The color in the check must, of course, match that of the walking suit.

The simpler the walking hat this year the smarter it is likely to be. The smart models among the French importations are very slightly trimmed. This makes it possible to pay out more money and secure a better felt one that will look well at the far end of the year.

The average working girl spends too little upon gloves and shoes—too little, that is, to have them wear well and look well. It is a mistake to buy cheap gloves and shoes. The really good thing may seem expensive in the first place, but it keeps its shape and color through months of active all-weather service, that don't crush, or shrink up in showers, are



A SAFE MORTGAGE.

Angeline—Edwin, promise me you'll never describe me as you "relict." Edwin—Dearest, I never will. I'd die sooner!

THE BATH THAT IS BEAUTY-GIVING

Water the Best Cosmetic of All—How to Bathe Properly and Best.

"Water is the greatest cosmetic in the world," said a beauty expert and facial physician. "But it is not the lazy woman who benefits by it. Water cleanses, purifies, renews and strengthens. Water beautifies, invigorates, transforms—and makes young again."

"But the uses of water are those that involve hard work and plenty of application, and it is only the industrious woman who profits by them. In other words, keeping clean is no joke. It is very hard work. And the girl who is idle, lazy, easily tired or devoted to a fad of any kind need not try to take the water cure."

"But there is nothing that will benefit her more, both outwardly in her looks and physically in her well-being, than the woman who wants to try the fresh water cure. Imagine herself an old piece of muslin, soiled and unfit to be sent to the laundry. Let her renovate the piece of muslin, first by washing, then by rinsing, then by attention to the final process, including the restoration of the glossy surface, then and then only will she realize how she must treat her face, for in these processes she will see something similar to those that must be employed when she makes her own skin clean."

"It is a hard work," said the beauty teacher, looking at her audience significantly, "to entertain that not one-half the persons whom you meet daily are clean, and not a tenth of these as clean as they ought to be. Yet such is a fact."

"The reason is not that they do not bathe enough, for Americans are a nation of water lovers, but they do not bathe in the right way. And here are the faults of those who do not bathe. The water is too hard and it makes no impression on the skin."

"Neither the bath, nor the one who takes the bath are of proper temperature. There is no sharp, quick toilet lotion in the water to open the pores and finally, the massage is insufficient. The attendants at a Turkish bath will tell you that the people who come there are highly respectable and of the moneyed variety, but that they are ridiculously clogged as to their pores."

"One young woman who was all pines and roses, ready in her skin to look like a Turkish bath weekly for six months and came out of the course with a peachy complexion. Before bathing the flesh should be at the right temperature. The trouble is that the bathers rushes into the water, no matter she be hot or cold, and the sudden change is too much for her cuticle. It either closes the pores or causes the blood to congest. In either case the bath does no good and one complexion gets worse."

"To take a bath properly at home, if you are going to take the 'water' cure, you must have the water hot, but before entering it you must be in a nice perspiration. You must exercise by jumping up and down and get into a fine glow. If you cannot get into a perspiration in any other way you can do so by getting in between two blankets for ten minutes before taking the bath."

"The effect of this is in some respects better than Turkish bathing, for it breathes the fresh, pure, cool air of one's room and at the same time it gives a nice warm glow in the blankets."

"The bathroom should be hot and the windows should be closed. One is bathing for the body cannot stand extremes of temperature, and the bath should be fully fifteen minutes long."

"A great many people lay peculiar stress upon the cooling of the water afterward, and you see them get out the hot water and let in the cold, so that the body is chilled before they come out of the tub."

"They think they avoid taking cold in this manner, but it is not the fact. The body should cool off gradually, but it should not be done by dashing cold water over the skin. The body will cool in the air, and any normal person will cool sufficiently

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while dressing. The cold bath is not necessary. "The way to take a bath is to get in a glow and then into water as hot as is comfortable. Skins differ in this respect. One's own feelings should be consulted, but there should be a distinct feeling of warmth, even of tingling heat."

"The water in the tub gradually cools, and by the time the bather steps out the water is cold. This cools the body a little and the rub-off will cool it more."

Then by the slow process of dressing the body becomes just the temperature of the room, which is the proper temperature for the body in summer time.

"The only time of year for a quick, cold dash is in the winter. Then if one is going to catch a train one may dash on a little cold water. But, even in winter, it is better to cool off slowly and to take an hour before going out. If one takes a bath in winter time, at 8 o'clock in the morning, she can go out safely at 9 o'clock into the zero air, for the body will have cooled sufficiently by that time."

"The young woman who takes a bath and wonders why her skin is not clear must comfort herself with the thought that her cuticle is sensitive and requires special treatment."

"The girl whose skin is pimply and who bathes every day can begin her work of skin reformation by throwing a handful of powdered borax in the water to soften it. Then she must use a great deal of soap. She should scrub on her waistband a bar of soap jelly, and when she bathes she should use it instead of soap."

"A great many world-renowned beauties use a bar of soap jelly, taking it out of the jar by the handful and using it as if it were a cake of soap."

"You can make your own soap jelly by gathering together all the bits of soap from the shelves and drawers. Put them in a piece of muslin and pound them to powder. Put on the stove with enough water to cover them and add a tablespoon of olive oil, six drops of oil of rose geranium, one tablespoon of powdered soap and half a teaspoon of powdered borax. Pour into a wide-mouthed jar and use as if it were soft soap, taking it out by the handful."

"The young woman who goes in for the fresh water cure must follow this very generous flouting of the pores of the skin by three or four cleansing courses, and in the last one there must be a dash of toilet vinegar to tone up the skin, which must be taught to close its pores."

"If desired, and if the skin is in poor condition, a few drops of benzoin can be rubbed into the water to make it milky. Into this milky water the girl who wants to be pretty, cheerfully washes and comes out of the bath as fresh as the lovely odor of benzoin can make her."

"The matter of the skin scrubbing brush is one for individual preference. There is a great deal of talk about the virtue of the skin scrubbing brush, and indeed, it is often a very good thing. But there is skin and skin, and the skin which one will bear another skin will repudiate."

"A young woman who was advised to use a flesh scrubbing brush came out of her bath with all her skin nicely scrubbed off. For three days she was partly raw and was compelled to remain at home until she could bear her underwear next to her flesh. A friend who was remarkable for her lovely bloom had recommended it."

"The next time the young woman desired a strenuous bath she took a bath mitten made of an old Turkish towel, and she came out of the ordeal in good shape. You see it is all a matter of temperament and that which invigorates your own skin may take off the skin that belongs to your neighbor. This same is true of everything. One woman can drink hotter tea than the next one; one woman does not feel the cold another does not mind the heat; a fourth really likes to take long walks; a fifth cannot walk at all. Each person has that which the hospitals call personal idiosyncrasies."

vote half their time to convincing their patrons that a pretty, blooming face is a clean face, but that the women hesitate to believe them."

Hints for Walking.
Your first care should be for your feet—another truism not seldom neglected. See that your shoes fit—remembering that the feet swell if you speak to ten feet. If you prefer shoes to boots, wear gaiters—to keep out the wet in winter, to keep out the dust in summer. The occasion upon which I suffered from blisters was on a sixty mile walk in tennis shoes on a dusty road in August. Take three or four changes of socks.

Wash your feet and extremities at night. If you walk in a populous region, carry a pair of light shoes. These will come in handy if you run across a trail who asks you to dinner. Carry also a white shirt and a collar or two; not only shirts and collars, but handkerchiefs and handkerchiefs, and a few more of these things. Help yourself to as much fruit as you can, or as the owners and their dogs allow. A good dinner and a good night's sleep, and you will be in the morning, whole and sound. Expatriate upon this to the owners, and back your theories with a stock of food and drink in the Atlantic Monthly.

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