

Another Royal Suggestion DOUGHNUTS and CRULLERS

From the NEW ROYAL COOK BOOK

DOUGHNUTS made the doughboy happy during the war and no wonder. There is nothing more wholesome and delightful than doughnuts or crullers rightly made. Their rich, golden color and appetizing aroma will create an appetite quicker than anything else in the world.

Here are the famous doughnut and cruller recipes from the New Royal Cook Book.

Doughnuts
2 tablespoons shortening
1 cup sugar
1 egg
1 cup milk
1 teaspoon nutmeg
1 teaspoon salt
3 cups flour
4 teaspoons Royal Baking Powder

Cream shortening; add sugar and well-beaten egg; stir in milk; add nutmeg, salt, flour and baking powder which have been sifted together and enough additional flour to make dough stiff enough to roll. Roll out on floured board to about 1/4 inch thick; cut out. Fry in deep fat hot enough to brown a piece of bread in 20 seconds. Drain on unglazed paper and sprinkle with powdered sugar.

Afternoon Tea Doughnuts
2 eggs
2 tablespoons sugar
1 teaspoon salt
1 teaspoon grated nutmeg

ROYAL BAKING POWDER

Absolutely Pure

MADE IN
CANADA

2 tablespoons shortening
2 tablespoons milk
2 cups flour
3 teaspoons Royal Baking Powder

Beat eggs until very light; add sugar, salt, nutmeg and melted shortening; add milk, and flour and baking powder which have been sifted together; mix well. Drop by teaspoons into deep hot fat and fry until brown. Drain well on unglazed paper and sprinkle lightly with powdered sugar.

Crullers
1 cup sugar
2 eggs
1 cup flour
1 teaspoon cinnamon
1 teaspoon salt
4 teaspoons Royal Baking Powder
1/2 cup milk

Cream shortening; add sugar gradually and beaten eggs; sift together flour, cinnamon, salt and baking powder; add one-half and mix well; add milk and remainder of dry ingredients to make soft dough. Roll out on floured board to about 1/4 inch thick and cut into strips about 4 inches long and 1/4 inch wide; roll in hands and twist each strip and bring ends together. Fry in deep hot fat. Drain and roll in powdered sugar.

FREE

New Royal Cook Book containing these and scores of other delightful recipes. Write for it TODAY!
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"Bake with Royal and be Sure"

If coal keeps on advancing in price, it will have to be put in the safe over night for safe keeping.

If miners were receiving \$15 and \$18 a week and paying \$15 a ton for coal they would have something to strike over.

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ROBERT STEAD'S NEW NOVEL

Time was, not so long ago, when Canadians bought a novel by a Canadian—if they bought it at all—much as one gives money to some worthy cause. They did it to help a struggling fellow-countryman, and felt, perhaps, a compensating glow of patriotism even if they did not expect to get value out of their expenditure.

But Canadians are discovering that their fellow-countrymen are writing books which are most decidedly worth reading on their own account, and perhaps no one has contributed to this discovery more than has Robert Stead, author of the famous "Kitchen" collection of poems, and of the novels, "The Homesteaders" and "The Cow Puncher." There is not a dull line in anything Mr. Stead writes, and this is particularly true of his new novel, "Denison Grant" (\$1.75), which has just been published by the Mueson Book Company, Limited, of Toronto. Prepare for a period of absent-mindedness, broken engagements, and forgotten worries of the world when you get your copy of "Denison Grant." You will be so interested in the fortunes of the young Easterner who renounces the family wealth on account of his Socialistic ideals, and who finds

greater happiness as a ranch hand in Alberta than as a millionaire in a city club, that the hours will slip by uncounted until you find how it "comes out" in the last chapter. And it "comes out" a little differently from what you expected, and yet in the only way it could and be true to the Stead type of story, which always leaves one with the feeling that the time spent in reading it was spent to good advantage.

France joined with Britain in glorifying the memory of their heroic dead. The unknown poilu who was laid to rest beneath the Arc de Triomphe, equally with the nameless soldier who sleeps in the storied Abbey, symbolizes the victory achieved by the great host of gallant men who fought and fell facing the foe. They sleep now in peace. Their glory will endure forever.

"To be humble is one thing; to be humbled is quite another. To be humbled is a grace on the inside; to be humbled is a mortification on the outside."

Aw, what's the use of credit if I gotta pay up all the time?

Cheerfulness is about the only contagious thing we ain't afraid of.

A Series of Talks on Music

By Prof. C. C. Laugher, Mus. Bac., Sar-
nia.

No. IV.—Instrumental Accompaniment

Instrumental accompaniment means to accompany with the instrument, or as someone puts it, to add an accompaniment is to add an ornament.

We readily think of the piano as the general accompaniment for the singer or soloist.

The first mention of the pianoforte as an accompanying instrument was made in 1767 on the play bill of "The Beggar's Opera." Between the first and second act Miss Brickler was announced to sing a popular song from Judith, accompanied upon the new instrument by Mr. Diblin. In London, June 21, 1768, John Christian Bach, was heard in a pianoforte solo, the first of its kind.

The purpose of the accompaniment is to support the principal part, it must be independent but should always be subservient to the chief part. An instrument such as the piano, harp, or organ may be used in accompaniment, even a chorus of voices may successfully carry an accompaniment part.

To acquire this art, the accompanist must have great ear and judgement. He must not overwhelm the voice, but must assimilate with the quality of the voice, taking special care of the contrast. Too often we hear such an accompaniment that is so strong that the soloist is simply an occasional part, and the effect is very ridiculous.

We read that at the time of the old miracle plays the accompaniments were performed by a double lyre, an harpichord, a double guitar and two behind the scenes, simply to add musical effect, and even Wagner went back to the old way of hiding the orchestra.

Back in the days of 1600, Cavalli arranged instrumental effect of sights and sounds of nature, such as the murmuring of the rivers and the sighing of the winds.

Caccini, a great vocalist of Italy, in the sixteenth century, broke away from the old style composition of many voices and wrote for one voice only. These compositions he sung to his own accompaniment, playing on the Theorbo, a pear-shaped instrument four feet long, with a number of strings of different lengths. Caccini met with great success.

These early musicians aimed only to devise means to combine music with poetry so that the two arts should enhance one another, but when it is understood that the accompaniment to the recitative and solos were provided only with a figured bass from which to read and play, it was the accompanist at the harpsichord that must apply the details. This weakness and ineffectiveness would make the music unendurable to a modern audience.

From about this time on, particularly in the matter of accompaniment, the resources of expression in music was becoming much enlarged and elastic, for the harmony was more richly developed and the tonality better understood. The modulation now came in as an additional means of effect.

Dr. Parry adds—"Where the words are thoroughly musical and the composer sensitive and skillful the music fits the words at every instant and makes the words glow with meaning."

Both Schubert and Schumann were very expressive in this form. Schumann's genius showed itself in his power to suggest unexpressed depth of feeling in a few lines. The piano accompaniment and postludes to many of his songs intensifies this emotional atmosphere.

Notes and Comments

Fortune smiles at few and grins at many.

Pay your debts, my boy, and keep your credit good.

Repentance comes readily when you see what your sin has cost you.

Greece is to spend \$500,000 in buying road building machinery of the most modern type.

Farmers of Iowa, U. S. will burn corn this winter, corn on the cob, because it is cheaper than coal.

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