

CHATS WITH YOUNG MEN

THRIFT AND ECONOMY

Among the young people of today, the tendency is more toward waste and extravagance than in the past...

Here is a pithy paragraph along the same lines: "Never be sorry for any generous thing that you ever did, even if it was betrayed..."

In other words, don't mind if your generosity is unappreciated, or kind acts misunderstood and misrepresented...

OUR BOYS AND GIRLS

Sombody's Mother The woman was old and ragged and gray, And bent with the chill of the winter's day...

Alone, unloved, and amid the throng Of human beings who passed her by, Nor heeded the glance of her anxious eye...

Change comes very quickly and sometimes with very sad consequences. In many a case the father of the family loses his life...

The years go by very quickly. It does not take long to change young, frivolous children into grown up men with heavy responsibilities...

Every human being owes it to himself to put aside as much as he can and to provide for his old age...

It is a most serious matter for reflection, and young people who are tempted to lavish expenditures of time, health and money in search of pleasure...

When I was cranky every way, and tired of school and tired of play, and tired of feeling that every day was just a nuisance and a bore...

THE LITTLE BOY THAT LIVES NEXT DOOR When I was cranky every way, and tired of school and tired of play...

A GREAT MAN'S MOTHER When Thomas Carlyle's mother was nearing the end of her life, he sent her this letter, which told of the beautiful years of their love...

A SERMON BY A CHILD We do not always like to read things that sound as if they were going to be "preachy," but sometimes it is good to bring to our minds a thought that will color our daily lives and help us to do our part in the world...

Never let regret poison your present or hamper your future. If you have made a mistake, try to retrieve it; if that is impossible, make the best of a bad bargain...

Some people are forever repining over this or that action, wishing they had done differently, and wondering how things would have come if they had. This is a little waste of time and work...

And clean and wholesome, then you want to grow like it. The girl or boy who makes the loudest noise and shows off the most is not always the smartest child in the class...

BE LOVING Girls are very apt to wish to be popular among their school friends—to be admired as the prettiest girl, the wittiest or quietest scholar...

TEMPERANCE A CAMPAIGN OF EDUCATION The clever principal of St. Peter's school, Peterborough (Can.), read a very learned paper on the effect of temperance upon the nations, before the T. A. S. of his native town...

WORK OR WASTE? The increasing opposition of organized labor to the saloon and the brewery interests has not yet been based on the fact that the brewery as an industry is hurtful to labor rather than helpful...

health will not only not be worse, but will most assuredly be stronger and better. Moreover it has been this superstition which led people to say: "I have been accustomed to it so long that I can't leave it off all at once..."

Physicians at present assure us that there is no danger in leaving it off all at once, and I tell you why they cannot help saying that? I have a neighbor in Westminster where I reside...

That good spirit and the ability to appreciate as well as to tell a joke are not dependent on indulgence in wine or other intoxicants is the opinion of Professor Mahaffy. He says: "Though I have often thought that a world of water-drinkers would be a very sad world; yet I do not in my long life have met one so fascinating men among such abstainers..."

NON-CATHOLIC DEFENDER The North West has its own species of the A. P. A. which goes under the name of "The Religious Liberty Association." It is the same old bigotry, however, that manly years ago and which to day is raising its voice along the Atlantic coast...

Today let Kellogg's Toasted Corn Flakes tempt that one at your table who is hardest to please. After that you'll always serve the Sweethearts of Sweet Corn—the flaky, crisp, golden nutriment that no other cereal vies with!

No bother to you—just open the package and serve with cream or milk. Heat the milk if you prefer a hot dish. It's simple either way.

10¢ Kellogg's TOASTED CORN FLAKES

MAGIC BAKING POWDER PURE MADE WHOLESOME IN CANADA CONTAINS NO ALUM RELIABLE ECONOMICAL

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A CATHOLIC PILGRIMAGE

In the course of a kindly and respectful description from the pen of a non-Catholic of a pilgrimage to a shrine of the Blessed Virgin, there occurred a few words of hearty commendation of the religious fervor manifested by "the adorers of the Virgin..."

the great Mother of the Saviour. Forthwith a militant Catholic rushed into print with a hot denunciation of the preacher for uttering such a slander against his respectable Catholic fellow-citizens as to say that they "adore" any being but Almighty God...

Mr. Wooten, like all intelligent men, sees thus in the Church the great safeguard of true liberty against the blindness or the prejudice of evil or misguided minds. Nor is Mr. Wooten alone among enlightened non-Catholic men in America...

The Marist Fathers of the Pacific province have received a cable notifying them of the appointment of Very Rev. Father J. Blau, S. M., as Vicar-Apostolic of Central Oceania, in succession of the late Bishop Olier, S. M.

Section of fire-pot showing ribs of steel plate which save 1 ton in 7.

And this furnace cannot possibly leak gas or dust. The joints, usually bolted or cemented, are fused in the Hecla in a perfectly tight joint. Time and service cannot loosen the Fused Joint. The fusing welds the Hecla Radiator into one piece.

Our Booklet "Comfort & Health" should be in the hands of everyone who has a heating problem to solve. It will be sent free of charge.

CLARE BROS. & CO., LIMITED, Dept. R, Preston, Ont.

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A child cannot be happy unless it is healthy—it cannot be healthy unless it breathes PURE air constantly. We believe we are helping to build up a healthier, stronger and sturdier nation through our most perfect Heating and Ventilating Systems.

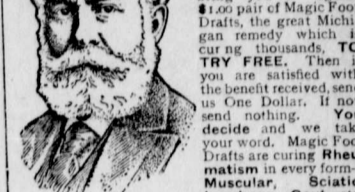
ASK THE MAN WHO HAS ONE. Our books "The Question of Heating," or "Boiler Information" sent free on request. PEASE FOUNDRY COMPANY, TORONTO, ONT.

Rheumatism

Remarkable External Appliance Most Effective in Summer. TRY IT FREE.

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Don't take medicine to draw out impurities but help nature expel them through the pores in her own way, which is most easily done in warm weather.



Send my coupon today. Return mail will bring you a regular \$1.00 pair of Magic Foot Drafts, the great Michigan remedy which is cured thousands. TO TRY FREE. Then if you are satisfied with the benefit received, send us One Dollar. If not, send nothing. You decide and we take your word. Magic Foot Drafts are curing Rheumatism in every form—Muscular, Sciatic, Lumbago, Gout, etc. no matter in what stage of progress or how many physicians have failed. The simple principles underlying this wonderful treatment are fully explained in our illustrated free book. Don't delay, but send the coupon now—today—while you can. Send no money—just the coupon.

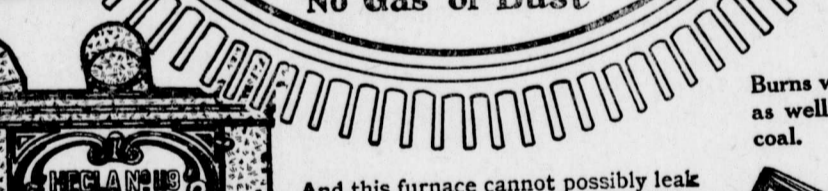
This \$1 Coupon FREE Good for a regular \$1.00 pair of Magic Foot Drafts to be sent Free to try (as explained above) to Name Address Mail this coupon to Magic Foot Draft Company, P.O. Box 100, Jackson, Mich.

Na-Dro-Co Headache Wafers certainly do make short work of headaches. 25¢ per box.

Saves one ton in seven

Figure up your annual coal bill, divide it by seven, and you have the amount the Hecla Furnace will save you every year. The steel-ribbed fire-pot does it. Adding steel ribs to the fire-pot increases its radiating surface three times more than is possible by any other method.

HECLA FURNACE No Gas or Dust



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