

Dr. Maria Montessori

JANUARY 1, 1914

THE FARMER'S ADVOCATE.

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hot soup is best—and if it is a considerable time since you have eaten eat a bit of bread and butter, or some bread and onions if onions do not bother you. A warm bath may also be helpful. Then be sure that you are "cozy" just as soon as you get into bed. Have warm, light covers over you and a blanket under the sheet to keep your body-heat from being dissipated through the mattress, and put a hot-water bottle or a bag of hot corn at your feet. If you slip the bottle or the corn-bag into a flannel bag there will be no danger of your feet being burned, and the heat will be conserved until morning. Cool air from an opened window, screened if necessary to keep off draft, will give the last caress of comfort, then put all unpleasant things out of mind, relax the body, and go to sleep.

THE PASTRY BAG.

Those who know best how to prepare pretty dishes during the holiday-time, probably are making good use of the pastry bag. The pastry bag may be simply a three-cornered bag of firm ticking, left a little open at one corner so that a tin tube, larger at the inner end to hold it, may be slipped through. It is well to have two tubes, one with a larger opening for potato mixtures, cream-puff mixtures, etc., and the other with a smaller opening for icings and whipped cream. When you want to use the pastry bag, simply put whatever mixture you wish to "pipe" in the bag, then squeeze it through the tube, twisting the coils that issue into whatever shape you wish. Potato croquettes and cream piped over the top of pies and thus also mashed potato formed into wavy lines or twists about the edge of a meat pie. Meringues and whipped cream piped over the top of pies and cakes look a hundred times prettier than when spread on with a knife. Of course the bag must be well washed and scalded after each using, and kept in a closed jar where dust cannot reach it.

The People of the Whirlpool.

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CHAPTER X.—Continued.

Meanwhile Mr. Vanderveer took charge of the younger group and led them through the garden to where some young spruce trees hid the wall. Here a surprise awaited them in the shape of two of the largest of the growing trees festooned with ribbons and laden with strange fruit in the shape of colored toy balloons that bobbed about and tugged at their moorings as if anxious to escape.

On each balloon a number was painted in white. A wide ribbon was stretched barrierwise across the walk about fifteen feet from the trees, and near it were several large baskets, one full of bows and dart-pointed arrows, and the other heaped with expensive toys and bonbon boxes of painted satin, for prizes, each article being numbered.

"Step up, ladies and gentlemen. Stand in line by the ribbon and take your turn at the most unique shooting match ever seen in this country,—one at a time,—and whoever points the arrow at anything but their balloons is ruled out," rattled Mr. Vanderveer, after the manner of a fakir at a country fair, and beaming with pleasure. For Evan says that outside of business dealings he has the reputation of being the most good-natured and generous of men, and that to invent ways to lavish money upon his son and his friends is almost as keen a pleasure to him as to promote schemes for winning it.

Mr. Vanderveer picked up a bow and dart to illustrate the game, aimed at a balloon, the arrow glanced off, but at the second shot the balloon went pop and shrivelled away with the whistle of escaping gas and shouts of applause from both children and their elders.

Feeling assured that my boys were quite at their ease and not likely to balk and act like wild rabbits, as is sometimes the case with children when they find themselves among strangers, and seeing nothing that they would be

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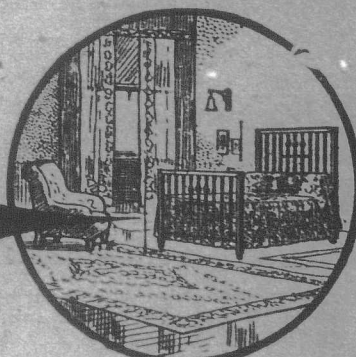
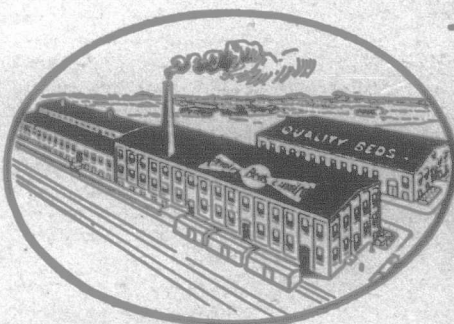
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