spiritual and material things that need only to be stated to be realized.

These analogies are the more easily seen by the scholar, if the object by means of which you propose to illustrate a spiritual truth is before their eyes.

The teacher should be careful not to use objects that will attract the attention of neighbouring classes.

There are, however, a great number of small objects that may be taken into the ordinary class, and there be made the source of interest and instruction as well.

In the selection of these, practice is needed. Do not give up at the first failure or first mistake. Be persistent and consistent, and you will find here as elsewhere that experience teaches all things.

He was right who said :---"There are tongues in trees, books in the running brooks, sermons in stones and good in everything."

Here is a suggestion from "sermons in stones."

To illustrate the lesson on David and Goliath, make a sling from an odd piece of leather and attach two pieces of cord, then select five smooth stones.

Let us look at Goliath as a type of our enemy Satan, and see if we can find five stones with which to slay him. Try these. Write the name on each stone. Truth, Faith, Courage, Knowledge, Strength.

Again, you may use such things as, a watch, candles, bulbs, pencils, charts, compass, ladder, crown, crosses, etc. Experience will suggest others as required. Further, the blackboard is one of the principal helps in teaching. Any teacher can easily procure for himself a small portable board made of cloth or paper, at a very small cost, and such a board is easily carried to School every Sunday. The Board which I am now using is of paper, five sheets mounted on a roller. It has been in use for about fifteen years, and is still in good condition.

Let the work be clear, setting forth the plain, simple truth. Do most of the work in view of your class. Know your lesson well so as to keep on talking while you put the desired lettering on the board. This appeals to their ears, while the board engages the eye.

Suppose the lesson or Golden Text is Psalm 119:105. Draw, if you can, a picture of a lighthouse, work up a talk on the acrostic word LIG'IT, and secure by questioning that the light is:

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If you cannot draw a picture of the lighthouse, just print the word L'GHTHOUSE only on the board.

Most of the Lesson Helps give good suggestions for blackboard illustrations. Follow these up, also any other material of the same sort. Cut them out and file away for future reference. Get into the scissors and paste habit.—Montreal

The Monthly Teacher's Meeting

BY ALFRED WHITE

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Now is the time to consider means of improving our work during the coming year. Among the well-known means at the disposal of all Sunday Schools is the time bonored monthly or weekly Teachers' Meeting. New conditions impose new responsibilities, and the advent of the Graded Lessons has, in many cases, brought about conditions that make the old time teachers' meeting an impossibility.

At these meetings it was customary for the leader to take up the International Uniform Lesson for the following Sunday, and thus save teachers the necessity of a great deal of individual study. It is not necessary to discuss here the merit of this plan; it is sufficient to point out that with the introduction of Graded Lessons, such a meeting of teachers becomes an impossibility. What, then, is there to be done at a Teachers' Meeting if the lesson is not taught? In reply I would like to outline how one Sunday School has carried on monthly meetings of teachers and officers for the past two years.

It was about a couple of years ago, after two or three years of discouraging effort on the part of a few enthusiasts to maintain a regular monthly meeting, that it was decided to try the new plans.

Some of the features of these new plans were as follows :

- 1. Each monthly meeting was held at a home instead of at the church.
- 2. Each meeting was held regularly on the second Tuesday of each month.
- 3. The programme was arranged by a different committee each month.

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